



# **PARTICIPANT INFORMATION SHEET – patient interviews**

# Study Title: What are the barriers to health promotion advice delivered by staff working in urgent care and emergency departments? – promotED study

### What is this study about?

Emergency department nurses and paramedics are expected to have conversations with patients about health promotion issues. These conversations are aimed at supporting patients to make positive changes in their lives to improve their health and well-being.

We would like to gather opinions from paramedics, emergency department nurses and patients who have been treated by paramedics and emergency department nurses. We want to find out the best ways for these conversations to happen in these settings. This information will help us to provide support to emergency department nurses and paramedics.

#### Who is running the study?

This study has been designed by Dr Behnaz Schofield, a researcher from the University of West of England, Bristol (UWE Bristol) which is acting as the Sponsor for this study. Research ethics approval has been obtained from the NHS Research Ethics Committee (East Midlands – Leicester Central Research Ethics Committee reference 22/EM/0283).

#### What will happen if I agree to take part?

If you agree to take part a researcher from the University of the West of England will contact you to arrange an interview. The interview will be by telephone, on MS Teams or Zoom, which ever would suit you. The interview will last between 30-45 minutes and will be recorded using a digital voice recorder. We record the conversation so it can be used in our analysis. Any details that could identify you will be removed.

# Why am I being invited to take part?

You have been invited because you have either been to the accident and emergency department recently or you have been seen by paramedics at home.

#### Confidentiality and data storage

Any notes, documents, audio-recordings, and information about the interview will be kept in the strictest confidence. Only members of the study team will have access to the data. Your name and contact details which will be used to arrange the interview will be stored separately from any notes, audio-recordings, or transcripts of the interview. These will be stored on password protected, encrypted university computers. Your consent form will be stored separately from your interview data.

All interviews will be recorded on an encrypted Dictaphone and will be deleted once they have been transcribed by a university approved transcription service provider with a data processing agreement in place. Interview recordings will not have personal identifiable information on them and will have a Unique Study Identifier number allocated to them.

It will not be possible to identify you from any reports or outputs from the study. Your name and contact details will be erased on completion of the study. Anonymised study data will be stored for 5 years after the end of the study.

It is possible that in the future researchers will be able to have access to your anonymised interview data for future research. Their work will have been approved by a research ethics committee and it will not be possible for you to be recognized in any future work.

Please refer to the copy of the <u>UWE Bristol Privacy Notice for Research Participants version 1.0 document (PDF)</u> which you have been provided with.

# How will we use information about you?

We will need to use your contact information for this research project. This information will include your name and contact details so that we can arrange the interview. People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead. We will keep all information about you safe and secure.

Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

#### What are your choices about how your information is used?

You can withdraw from the study at any time in the next 30 days without giving a reason. If you choose to withdraw from the study in that time, your interview recordings and transcripts will be deleted, and your information will not be used at all. After 30 days, your data will be analysed and your rights to access, change or move information are limited, we need to manage your information in specific ways in order for the research to be reliable and accurate.

#### Where can you find out more about how your information is used?

You can find out more about how we use your information by asking one of the research team. You can also contact the UWE Bristol Data Protection Officer at <u>dataprotection@uwe.ac.uk</u> for any queries.

#### What are the benefits to taking part in the study?

By agreeing to take part in this research study, you are contributing to the improvement of health services and patient care. As a thank you for your time you will receive a £15 gift voucher after the interview.

#### What are the risks to taking part in the study?

It is not anticipated that there will be any risks to you in taking part in the study. You may however be upset during or after the interview as you will be talking about the time you were visited by a paramedic or visited the accident and emergency department. You can ask to stop the interview for a break and spend some time talking about what has made you upset. If you do need to stop the interview and wish to withdraw from the study during the interview, you may do so without explanation. You will be provided with a sheet with contact details of groups you may wish to contact after the interview if you are feeling distressed or upset by talking about your visit from the paramedic or your time in the accident and emergency department. You can also talk to the study researcher if you would find it helpful.

#### What happens when the study ends?

When the study ends, the research team will write up the information from the interviews. The results may include direct quotes from your interview however it will not be possible for you to be identified from the publication of these quotes. The results will help to support a funding application for a larger study to examine opportunities for health promotion by emergency department nurses and paramedics.

You can follow the progress of the study by visiting the <u>study webpage</u>. You can also opt in to receive a summary of the study results on the study consent form.

# What if I have more questions?

For more information and advice, you may contact Dr Sarah Voss by phone (0117 328 8906) or email (<u>sarah.voss@uwe.ac.uk</u>), Centre for Health and Clinical Research, University of the West of England, Bristol Glenside Campus (1H14), Balckberry Hill, Bristol, BS16 1 DD. Professor Voss is a co-applicant on this research study.

Alternatively, you can contact the study Chief Investigator Dr Behnaz Schofield by email: (behnaz.schofield@uwe.ac.uk).

If you have concerns or complaints, please contact the Research Office at the University of the West of England, Bristol by email: (<u>researchethics@uwe.ac.uk</u>).