

promotED debrief document

Thank you for participating in our research study, the promotED study. We appreciate your time and effort in contributing to our research.

During the study interview, you were asked to reflect on your time being seen by a paramedic or your visit to the emergency department. We understand that remembering those visits may have been distressing to you.

If after the study interview you are feeling distressed and upset about any aspect of the study and you would like to talk to someone about how you feel, you can contact some of these support groups:

Bristol Sanctuary

T: [+44\(0\)117 95 42952](tel:+44(0)1179542952)

Bristol Sanctuary is a place to go when you are in serious emotional distress. They aim to provide a safe, comfortable, and welcoming environment where you can take stock and find some balance.

SANeline

T: [0300 304 7000](tel:03003047000)

SANeline is a national out-of-hours mental health helpline offering specialist emotional support, guidance and information to anyone affected by mental illness, including family, friends and carers.

Samaritans

T: [116 123](tel:116123)

Samaritans is a registered charity aimed at providing emotional support to anyone in emotional distress, struggling to cope or at risk of suicide throughout the United Kingdom and the Republic of Ireland, often through its telephone helpline.

If you have any concerns or questions about the study, please do not hesitate to contact Dr Behnaz Schofield: behnaz.schofield@uwe.ac.uk

Again, thank you for your participation. Your contributions to this research study are greatly appreciated.

Sincerely

Dr Behnaz Schofield
University of West of England, Bristol