**Mentoring Agreement/ Contract**

**(As discussed in the Woman in Research workshops)**

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**When**

* **Frequency of meetings**
* **Length of meetings**
* **Dates**
* **Time**

**How**

* **Style of interaction**
* **Method of communication**
  + **Face to face**
  + **Telephone**
  + **Skype**
  + **e-mail**
  + **Texting**

**Purpose**

* **Clarifying expectations**
* **Checking assumptions**
* **Goals**
* **Boundaries**
* **Confidentiality**