

Provisional Programme - **FRIDAY 15th** September, The Arnolfini, Bristol

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| **Auditorium** | **Light Studio** | **Dark Studio** | **Meeting Room** | **Upstairs** |
| **REGISTRATION 8.30-9.30** |
| 9.30-10.00 | **Welcome Talk** Miltos Hadjiosif & Sally Zlotowitz |  |
| **INTERVAL 10.00-10.10** |
| 10.10-10.40 | **Thrive Bristol - Creating a whole city approach to mental health and wellbeing** Asher Craig (Deputy Mayor) | 10.10-11.00 | **Community Psychology, Wellbeing and Planetary Boundaries: a creative workshop** Carolyn Kagan & Mark Burton | 10.10-12.00 | Screening of: **I, Daniel Blake** | 10.10-12.00 | **Social Poetry – Listening to Ourselves** Anne-marie Cummins |  |
| 10.40-12.00 | **Symposium: Are we critical enough?** Carl Walker, Miltos Hadjiosif & Danny Taggart |
| 11.00-12.00 | **Museums, Creativity and Wellbeing: Community art groups as a route to wellbeing** Nicola Holt, Louise Campion & Finn White |
| **LUNCH 12.00-1.30** |
| 1.30-3.00 | **Do we still need psychiatric diagnosis?** Lucy Johnstone | 1.30-2.30 | **You may say I’m a dreamer: Using art therapy to visualise our role in social change** Katerina Alexandraki & David Berrie | 1.30-2.00 | **“We can do it!”- A community psychology project aimed at improving the health and social care support for parents with a diagnosis of Learning Disability** Paula Grant, Kate Theodore and Parents | 1.30-3.00 | **Social Dreaming Matrix– An Experiential Event** Lita Crociani-Windland & Anne-marie Cummins |  |
| 2.00-2.30 | **‘Helping them hold up their world’- the care practices of parents of children with complex needs** Carl Walker |
| 2.30-3.00 | **Resilience Lab - Educating young people on how to bounce back from adversity before adversity arises** Cat Taylor & Charlotte Randomly | 2.30-3.00 |  |
| **BREAK 3.00-3.30** |
| 3.30-4.00 | **Community Capital: The Value of Connected Communities** David Mooris & Suzanna Day | 3.30-4.00 | **Research paper: “Making my voice heard”: the impact of community engagement forums with older people** Katie Wright-Bevans | 3.30-4.00 | **Community Psychologists' Experiences and Understanding of Weltschmerz (feeling the world's pain)** Amelia Ince | 3.30-4.00 | **‘Comrades’ – how being with others can facilitate positive psychological changes following acquired brain injury** Ionie Lyon |  |
| 4.00-4.30 | **Research paper: Falling leaves return to their roots? Pulling together health care in an increasingly privatised system** Anna Zoli & Carl Walker | 4.00-4.30 | **Counselling Psychology and Intersectionality: A Practitioner’s Personal Account** Tiffany Wing-sum Leung | 4.00-4.30 | **Using theatre to change perceptions of people with intellectual disabilities** Danielle Dickinson |
| 4.00-5.00 | **Biodanza workshop** Paula Jardim | 4.30-5.00 | **Research paper: Society vs the Individual: How can we work together to enable behaviour change?** Laura Fogg-Rogers | 4.30-5.00 | **Dripping water hollows out stone, not through force but through persistence: continuing the discourse of the role of psychologists in reducing social inequality** Wendy O’Neill, Sara Holloway, Laura Cole, Becky Grace, Serene Hadj-Hammou, Nina Carey, Romena Toki | 4.30-5.00 | **Pulling together the strands of life: Body & Soul’s whole-person approach** Zoe Reynolds & Sarah Jones |





Provisional Programme – **SATURDAY 16TH** September, The Arnolfini, Bristol

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| **Auditorium** | **Light Studio** | **Dark Studio** | **Meeting Room** | **Upstairs** |
| **REGISTRATION 8.30-9.30** |
| 9.30-12.00 | **Build a City: A Multigenerational Place-making workshop** Chris Pawson, Elena Marco, Amelia Ince | 9.30-10.30 | **Building bridges – Working with local communities and making a difference through improving communication across languages and cultures** Rachel Tribe (+ staff and students) | 9.30-9.45 | **A short film about happiness: Otto Neurath-from Vienna to Bilston** John Bird, Dave Green & William Hill | 9.30-10.00 | **Homelessness in Times of Austerity: What Next?** Bruno De Oliveira |  |  |
| 9.45-10.00 | **‘Mad Sanctions’: Lived Experiences of Benefits, Mental Health & Self-Care in Austerity Scotland** Michelle Jamieson |
| 10.00-10.15 | **Five austerity ailments? Exploring personal experiences of claiming benefits for mental health problems together** Stephanie Allan, Caroline Ploetner, Morgan Telford | 10.00-10.30 | **Hope as Relational - Working with people experiencing homelessness** Coral Westaway & Lizette Nolte |
| 10.15-10.45 | **Minority stress in Autism** Monique Botha |
| 10.30-11.00 | **Research paper: Responses of People with Physical Health Conditions to Changes in Disability Benefits** Jessica Scaffer | 10.30-11.30 | **“How to bring community psychology to economics students via consideration of the housing market”** Katerina Raoukka | 10.30-12.00 | **Spring into Creativity: Creative Writing for Wellbeing Workshop** Claire Williamson, Christine Ramsey-Wade & Fiona Hamilton |
| 10.45-11.15 | **Workshop: Dementia experiences of Caribbean, Chinese and South Asian people in Bristol: learning through local Black, Asian and other minority ethnic-led community organisations** Subitha Bagirathan |
| 11.00-11.30 | **Experiences of coping in young unaccompanied refugees in the UK** Jacqui Scott |
| 11.30-12.00 | **Refugee and migrant perspectives of Germany – a photographic exhibit and presentation** Carmen Lienen and Emily LeRoux-Rutledge | 11.15-12.00 | **Rebuilding a life after stroke: A journey towards wellbeing** Reg Morris, Tamsin Miles, Sam Fisher-Hicks, Rebecca Sheehy, Vanessa Lathbury, Shanti Lewis, Irina Lapadatu | 11.30-12.00 | **The role of nature in well-being** Naomi Stone |
| **LUNCH 12.00-1.30** |
| 1.30-3.00 | **Symposium: Working outside the box: building on the strengths of our communities - followed by panel discussion chaired by Angela Byrne** Maria Qureshi, Nisha Patel, Romena Toki, Shirin Mustafa, Maha Noor, Maryam Tahir, Neelam Ahmed, Shinal Patel | 1.30-2.15 | **Space, place and relational well-being: doing Participatory mapping in community spaces** Rebecca Lawthom | 1.30-2.30 | **Performance: Spring into Creativity: Creative Writing Open Floor** Claire Williamson, Christine Ramsey-Wade & Fiona Hamilton | 1.30-3.00 | **Psychologists Abroad: The challenges, dilemmas and rewards of mental health work in developing countries** Kate Danvers |  |  |
| 2.15-3.00 | **Critically exploring social change** Miles Thompson and Ben Rosser |
| 2.30-3.00 | **“Parenting in uncertain times”: Empowering communities, empowering parents (EPEC). Peer supported parenting course for parents living in temporary accommodation** Caroline Bradley, Hannah Istead, Vera Perez, Alice Thomas and Jane Sweets |
| **BREAK 3.00-3.30** |
| 3.30-4.00 | **What pulls us apart and what holds us together-the management of resentment** Lita Crociani-Windland | 3.30-4.00 | **Democracy and wellbeing: A Participatory Action Research study exploring the democratic processes of a survivor-led mental health organisation** Gemma Budge, Terry Rampling & Patrick Down | 3.30-4.00 | **Housing and Mental Health network** Sally Zlotowitz | 3.30-4.00 | **Social Prescribing in Bristol’s ‘Deprived’ Communities: How to move on from the rhetoric?** Rhian Loughlin, Colette Brown, Stefano Manfredi, Sue Cooke |  |  |
| **INTERVAL 4.00-4.10** |
| 4.10-5.00 | **Closing Activity** |  |