

EPPIC trauma training tool – how to use it

(NB: there is no right or wrong way to use this tool, but these ideas can help you get the most out of it)

Q. Who should use the EPPIC training tool?

The tool is designed for use by NHS clinical trainees or practitioners with an interest in/or who work in trauma care

However, its content is equally relevant to other specialities and it can be used by anyone seeking a creative way of learning and improving NHS services

It is open access and there is no limit to who can use it - so please share

Q. How should it be used?

- The tool is designed for online access to aid reflection, debate, learning, and problem solving
- It is ideally used to stimulate cross-disciplinary/setting debate and group learning but can also be used by individuals, single professions or in a specific clinical setting
- Either way we suggest you first watch the video which includes background information (Section 1) and then work through Section 2: 'EPPICs interactive elements'. You do not need to read anything to prepare or do any additional work beforehand.
- The video can be used to inform an individual reflective process or within a longer facilitated group exercise
- This webpage also provides links to additional downloadable resources which can be used to extend or record your learning and prompt wider discussion of the topic. But Sections 1 & 2 can also stand alone.
- We recommend you take notes as you go along (you can use the downloadable '[reflective](#) diary page').

Q. Why should I/we use it?

- Because: this tool can help you/your service reflect on what you already know about the topic
- it can supplement your knowledge with useful facts, figures & research evidence and help you understand how current practice impacts on trauma patients' experience and outcomes
- it acknowledges the challenges you face in delivering the care you'd ideally like to, and the patient needs and asks you to consider individually or collectively what could be improved despite this
- it illustrates individual, NHS and societal factors contributing to poorer psychological outcomes and the importance, to patients, of the experience of care
- it can be used to demonstrate learning and CPD

Q. Why doesn't the tool supply answers?

- Because the answers to this problem depend on the context in which you work and local opportunities and challenges. Only you and your colleagues know what they are
- EPPIC aims to supplement your knowledge with diverse evidence from different sources so you can individually or collectively advocate better for your patients' psychological needs and affect change at micro or macro level

Q. Who can I contact if I have any questions or want to supply feedback?

We welcome questions and/or feedback

Please contact Kate Beckett (the project lead) by email at: EPPIC@uwe.ac.uk