

# Appearance Matters 10

## Preliminary Programme\*

\*may be subject to change

<b>TUESDAY 11 JUNE 2024</b> City Hall, College Green, Bristol			
12:00pm-1:00pm	<b>REGISTRATION</b> Poster session 1 set-up Conference Hall		
1:00pm-1:30pm	<b>OPENING ADDRESS</b> Conference Hall  <b>Welcome,</b> Professor Beth Daniels, Centre for Appearance Research  <b>Welcome from AM10 Sponsor,</b> Firdaous El Honsali, Dove Self-Esteem Project  <b>Remembering Emma Halliwell,</b> Di Harcourt		
1:30pm-2:45pm	<b>KEYNOTE ADDRESS</b> Conference Hall  <b>From zero to 100 million people: Using cross-sector partnerships, evidence-based strategies and disruptive innovation to improve body image and smash beauty stereotypes.</b>  <b>Professor Phillippa Diedrichs</b> introduced by Professor Emerita Nichola Rumsey OBE		
2:45pm-3:15pm	<b>COFFEE BREAK</b> Poster session 1 viewing Conference Hall		
3:15pm-4:45pm	Session 1: Conference Hall Oral Presentations <b>Body Image Across the Lifespan</b>  Chair: E. Daniels  <b>S. Cooney, et al.</b> Menopausal symptom severity predicts dimensions of body image and interoceptive sensibility  <b>J. Alleva, et al.</b> "I'll never sacrifice my well-being again:" The journey from negative to positive body image among women who perceive their body to deviate from societal norms	Session 2: Council Chamber Symposium <b>Acceptance and Commitment Therapy for Visible Difference</b>  Convenor: F. Zucchelli  <b>L. Shepherd, et al.</b> A multi-centre prospective cohort study investigating the roles of psychological flexibility and self-compassion in appearance concerns after burns  <b>M. Thornton, et al.</b> Developing an ACT-based podcast intervention for concerns around intimacy and	Session 3: Bordeaux Room Oral presentations <b>Eating Behaviours</b>  Chair: T. Tylka  <b>N. Behrend, et al.</b> Does body image flexibility explain the link between body appreciation and intuitive eating facets? Results from longitudinal mediation analyses among German women and men  <b>S. Griffiths, et al.</b> Does using TikTok intensify body dissatisfaction and eating disorders? A comparison of the

	<p><b>L. Hanson, et al.</b> The relationship between body appreciation and age, ethnicity, and sociocultural pressure in six countries</p> <p><b>A. Hemmesch, et al.</b> The “million dollar question” is about aging with a facial difference: A focus group with older adults with Moebius syndrome</p> <p><b>K. Holmqvist Gattario, et al.</b> Maintaining a positive body image from childhood to adulthood: What lies behind a stable positive body image journey?</p> <p><b>M. Zimmer-Gembeck, et al.</b> Appearance-related Teasing, Rejection Sensitivity, Support, and Coping</p>	<p>romantic relationships for adults with a visible difference.</p> <p><b>M. Thornton, et al.</b> Developing an ACT-based intervention for parents and carers of children with a visible difference</p> <p>F. Zucchelli, <b>H. Williamson, et al.</b> Training health professionals to support patients with appearance-affecting conditions: A pan-European evaluation of an Acceptance and Commitment Therapy approach to patient communication</p> <p><b>F. Zucchelli, et al.</b> Establishing the feasibility of an Acceptance and Commitment Therapy prototype mobileprogram for individuals with a visible difference</p>	<p>TikTok algorithms belonging to individuals with eating disorders versus healthy controls</p> <p><b>H. Lewis, et al.</b> A systematic review of the similarities and differences in psychopathology of BDD and EDs: can both be classed as ‘body image disorders?’</p> <p><b>E. Anastasiades, et al.</b> Exploring the role of positive body image in differentiating between healthy orthorexia and orthorexia nervosa</p> <p><b>J. Mensinger, et al.</b> Interoceptive Sensibility and Disordered Eating: Too Much of a Good Thing?</p> <p><b>G. Sharp</b> The co-design and development of a chatbot to deliver a single session intervention for people on the waitlist for eating disorder treatment</p>
4:45pm-5:15pm	Poster session 1 viewing Conference Hall		
5.15pm-5.30pm	Poster session 1 dismantle Conference Hall		
6:30pm-8:30pm	<p><b>WELCOME RECEPTION</b></p> <p>Brunel’s SS Great Britain, Great Western Dockyard, Gas Ferry Road</p> <p><b>Sponsored by Dove Self-Esteem Project</b></p>		

<b>WEDNESDAY 12 JUNE 2024</b> City Hall, College Green, Bristol	
8:00am-9:00am	<p><b>REGISTRATION</b></p> <p>Poster session 2 set-up Conference Hall</p> <p>Tea and coffee</p>
9:00am-10:30am	<p><b>WORKSHOPS</b></p> <p><i>pre-registration required</i></p>

	<p align="center"><b>Workshop 1: Anti-ableist practices in psychology</b> Hosted by Professor Kathleen Bogart; Bordeaux Room</p> <p align="center"><b>Workshop 2: Tips and insights for working with industry to improve body image and smash appearance stereotypes: Ethical considerations, strategic planning and stakeholder influencing skills</b> Hosted by Professor Phillippa Diedrichs; Council Chamber</p>		
10:30am-11:00am	<p align="center"><b>COFFEE BREAK</b> Poster session 2 viewing Conference Hall</p>		
11:00am-12:30pm	<p>Session 4: Conference Hall Oral Presentations <b>School-Based Interventions Across the Globe</b></p> <p>Chair: Z. Yager</p> <p><b>J. Webb</b>, et al. Be Real's BodyKind Curriculum Evaluation among Diverse US High Schoolers: Data Highlights, Lessons Learned, and Future Directions</p> <p><b>N. Craddock</b>, et al. Evaluating a School-Based Body Image Lesson in Indonesia: A Randomised Controlled Trial</p> <p><b>P. Granfield</b>, et al. Evaluating the impact of the Embrace Kids Classroom Program on Australian children's and adolescent's body image</p> <p>H. Lewis-Smith, <b>L. Ahuja</b>, et al. A comic-based body image intervention for adolescents in Hindi-medium and rural Indian schools: A randomised controlled trial</p> <p><b>C. Mahon</b>, et al. Cultural adaptation and cluster randomised control trial of BodyKind, a school-based body image programme for older adolescents</p>	<p>Session 5: Council Chamber Oral Presentations <b>Experiences of Visible Difference</b></p> <p>Chair: K. Ardouin</p> <p><b>M. van Dalen</b>, et al. Anxiety, depression, and quality of life in children and adults with alopecia areata: A systematic review and meta-analysis</p> <p><b>P. Gavelle</b>, et al. Longitudinal study of self image in 12 pre adolescents with cleft lip and palate: Somatic and psychological entanglement</p> <p><b>E. Guest</b>, et al. Congenital Melanocytic Naevus (CMN) Through the Lens: A Photo-Elicitation Study Exploring Successful Adjustment in Young People with a Rare Birthmark Condition</p> <p><b>B. Herring</b>, et al. Exploring men's experiences and body image concerns following diagnosis and treatment for breast cancer. A mixed methods study</p> <p><b>S. Steinke</b>, et al. Burden of people living with inherited ichthyosis in Germany</p>	<p>Session 6: Bordeaux Room Oral Presentations <b>Fashion, Clothing and Make-Up</b></p> <p>Chair: H. Lewis-Smith</p> <p><b>K. Aiba</b> Constructing the Ideal Face: The Japanese High School Girls' Makeup</p> <p><b>C. Phelps</b>, et al. Exploring the psychological impact of expressive prosthetic-leg covers: a qualitative exploration into the wellbeing and identity-building of lower-limb amputees</p> <p><b>D. Blaso</b>, et al. The impact of fashion clothing involvement on mental health, health behaviours, and endorsement of gender stereotypes, among Brazilian women</p> <p><b>S. Haywood</b>, et al. An exploration of clothing size availability in relation to body image and disordered eating behaviours among Argentinian adolescents: A mixed-method study</p> <p>G. Giardinelli, <b>J. Rogaten</b>, et al. Fashion Anxiety: Unveiling the Psychological Impacts of</p>

	<p><b>S. Torres, et al.</b> Scaling-up of the “Confident Me” programme: A real-world effectiveness study in Portugal</p>	<p><b>M. Ridley, et al.</b> Narrative study of resilience in facial paralysis: similarities and differences in the resilience profiles and psychosocial responses of patients with congenital and acquired facial paralysis</p>	<p>Fashion Trends and Media Pressures</p> <p>K. Ordoczynska, <b>S. Çili</b> Clothing Choices and Women’s Experiences During the Maternity Journey: A Qualitative Study</p>
12:30pm-1:30pm	<p><b>LUNCH BREAK</b> Poster session 2 viewing Conference Hall</p>		
12:45pm-1:30pm	<p><b>LUNCHTIME SPECIAL EVENT</b> Council Chamber</p> <p><b>“When I was Younger, My Story Belonged to Everyone Else”: A screening of 5 short films about living with craniosynostosis in adulthood</b> Nicola Stock, Charlotte Ashby, Sally Smith</p>		
1:30pm-3:00pm	<p>Session 7: Conference Hall Oral Presentations <b>Sports, Exercise and Movement</b></p> <p>Chair: A. Tinoco</p> <p><b>V. Coulbeck</b> Exploring Adolescent Girls' Experiences with a Self-Compassion Physical Education Workshop to Address Body Image Distress: A Pilot Feasibility Study</p> <p><b>I. Cranswick, et al.</b> “It’s not just you come into the gym and do your weight training”: A narrative exploration of muscularity’s role as identity capital</p> <p><b>A. Hinz, et al.</b> The Influence of Idealised vs Non-idealised Yoga Images on Women's Body Image</p> <p><b>C. Lunde, et al.</b> Receiving a Lower Grade in Physical Education is Associated with Adverse Body Image Outcomes – a Longitudinal Study over One School Year</p>	<p>Session 8: Council Chamber Oral Presentations <b>Social Media</b></p> <p>Chair: J. Fardouly</p> <p><b>E. Daniels, et al.</b> Social Media Behaviors and Body Image Concerns among Racially Diverse U.S. Adolescent Girls</p> <p><b>J. Fardouly, et al.</b> Does the level of sexualisation matter? Investigating the impact of viewing sexualised and non-sexualised images of women in different body sizes on women’s body image</p> <p><b>A. Gordon, et al.</b> “This post is a call to (re)claim our desire and desirability for our bodies”: A qualitative study of transgender and gender diverse young adults’ experiences with social media and media literacy</p> <p><b>H. Jarman, et al.</b> Drivers and impacts of social media use among adolescents: Informing interventions</p>	<p>Session 9: Bordeaux Room Oral Presentations <b>The Impact of Intersectionality</b></p> <p>Chair: B. Austin</p> <p><b>J. Chan, et al.</b> How Social Class Shapes UK Women’s Body Image Experiences</p> <p><b>H. Lewis, et al.</b> Exploring risk, contributing and maintenance factors of body dissatisfaction among South Asian women and girls: a conceptual model including lived-experience and clinician perspectives</p> <p><b>H. Lewis-Smith, et al.</b> A short-form drama series created for the digital media environment: A randomised controlled trial exploring effects on girls’ body satisfaction, acceptance of appearance diversity, and appearance-related internalised racism</p> <p><b>N. Craddock, et al.</b></p>

	<p><b>E. Matheson</b>, et al. Body Confident Athletes: A cluster randomised controlled trial of a coach-led body image program</p> <p><b>K. Schneider</b>, et al. Body Confident Coaching: Acceptability and Feasibility Testing of a Web-Based Body Image Intervention for Coaches of Adolescent Girls</p>	<p><b>C. Maes</b>, et al. Online Body Positivity, Offline Body Positivity? Exploring Adolescents' Impact of Over-Time Relations Between Active and Passive Positive Appearance-Related Activities on Social Media, and Offline Prosocial Reasoning and Behavioral Intentions Regarding Others' Appearances</p> <p><b>V. Seekis</b>, et al. How exposure to body neutrality content on TikTok affects young women's body image, self-compassion, and mood</p>	<p>Experiences of everyday colourism moderates the relationship between skin shade dissatisfaction and skin lightening product use in Hong Kong, Malaysia, Singapore, and Thailand</p> <p><b>M. Sutton</b>, et al. Latent Classes of Appearance, Racial, and Intersectional Discrimination: Associations with Mental Health Indicators</p> <p>N. Trompeter, <b>M. C. Opitz</b>, et al. Bullying victimisation and adolescent body dissatisfaction among marginalised youths</p>
3:00pm-3:30pm	<p style="text-align: center;"><b>COFFEE BREAK</b> Poster Session 2 dismantle Conference Hall</p>		
3:30pm-5:00pm	<p>Session 10: Conference Hall Oral Presentations <b>Positive Body Image</b></p> <p>Chair: J. Alleva</p> <p><b>L. Ahuja</b>, et al. "Accept who you are": A qualitative exploration of how men experience and foster positive body image</p> <p><b>R. Calogero</b>, et al. The Attunement with Exercise (AwE) Scale: Comprehensive validity evidence for a new measure of an under-researched but urgently needed embodied practice</p> <p><b>S. Faria</b>, et al. Body self-appreciation, functionality appreciation, and body dissatisfaction in adolescents: A person-centered approach</p> <p><b>A. Kleim</b></p>	<p>Session 11: Council Chamber Oral Presentation <b>Aesthetic Procedures</b></p> <p>Chair: K. Garbett</p> <p><b>K. Garbett</b>, et al. Psychosocial outcomes following cosmetic surgery: A systematic review</p> <p><b>A.M. Hermans</b>, et al. Oops I did it (again) - Patient experiences of complications after non-invasive cosmetic procedures</p> <p>V. Kakar, <b>J. Fardouly</b>, et al. Willingness to undergo cosmetic procedures and preferences for appearance enhancement: A cross-cultural study of adolescent girls living in Australia, China, India, and Iran</p> <p><b>I. Lundin Kvalem</b>, et al.</p>	<p>Session 12: Bordeaux Room Oral Presentation <b>Appearance Conversations and Medical Decision-Making</b></p> <p>Chair: K. Feragen</p> <p><b>C. Crerand</b>, et al. Caregiver Beliefs about their Child's Cleft and Satisfaction with their Child's Appearance: Impacts on Caregiver Psychosocial Outcomes</p> <p><b>B. Herring</b>, et al. Appearance-related narratives of caregivers of children with craniofacial microsomia</p> <p><b>N. Stock</b>, et al. Ear reconstruction in children with craniofacial microsomia: Caregivers' narratives of treatment decision-making</p> <p><b>K. Feragen</b>, et al. A qualitative study of adolescents with a visible</p>

	<p>"If you do not like your beach body, go to the beach anyway because it might actually be good for you": An explorative study of British and Australian women's beach body experiences</p> <p><b>P. Longhurst</b>, et al. "There's No Separating My View of My Body from My Autism": A Qualitative Study of Positive Body Image in Autistic Individuals</p> <p><b>N. Piran</b>, et al. Social factors shaping embodiment: measurement across the lifespan</p>	<p>Social Media Use and Self-Presentation: Predictors for Experience with and Consideration of Cosmetic Treatment in Adult Women</p> <p><b>P. Mancin</b>, et al. The associations between photo-based behaviors, Body Dysmorphic Disorder symptoms, and consideration of cosmetic surgery and the moderation of body appreciation</p> <p><b>K. Moulton</b>, et al. 'I just wanted to take the emphasis away' adults' experiences of tattooing as a method of scar camouflage and/or decoration</p>	<p>difference and their parents: Exploring the role of appearance conversations</p> <p><b>L. McHutchion</b>, et al. Ear reconstruction treatment decisions and long term outcomes among adults with microtia - findings from a retrospective, interview-based study</p> <p><b>D. Blaso</b>, et al. The First Look: individuals' initial experiences of viewing their appearance following craniofacial surgery</p>
5:15pm-6:30pm	<p align="center"><b>SPECIAL PANEL DISCUSSION EVENT</b> Conference Hall <b>'Beyond the Selfie: Can Social Media Influencers Shape the Appearance Diversity Landscape?'</b> Chair: Caryn Franklin MBE organised by Nicole Paraskeva, Ella Guest, Latika Ahuja</p>		
7:30pm-12:30pm	<p align="center"><b>CONFERENCE DINNER</b> Bristol Museum and Art Gallery, Queens Road, Clifton N.B. pre-registration required Doors open 7:30pm</p>		

<p align="center"><b>THURSDAY 13 JUNE 2024</b> City Hall, College Green, Bristol</p>			
7:45am-8:45am	<p align="center"><b>MENTORING BREAKFAST</b> Watershed, Canon's Road <i>pre-registration required</i> organised by Debora Blaso and Beth Herring</p>		
8am-9am	<p align="center"><b>REGISTRATION</b> Poster session 3 set-up Conference Hall  Tea and coffee</p>		
9am-10:30am	Session 13: Conference Hall Oral Presentations	Session 14: Council Chamber Oral Presentation	Session 15: Bordeaux Room Oral Presentations

	Visible Difference Interventions	Experiences and Evaluations of Interventions	Sexual Well-Being and Relationships
	<p>Chair: C. Crerand</p> <p><b>K. Ardouin</b>, et al. Developing and evaluating a residential camp for young people with cleft lip and/or palate in New Zealand</p> <p><b>C. Clement</b>, et al. The support needs and preferences of people with lived experience of visible differences: A survey study</p> <p>K. Feragen, <b>M. Millgård</b>, et al. Effectiveness and further development of YP Face IT - An online intervention for young people with a visible difference</p> <p><b>E. O'Loughlin</b>, et al. Improving Physical Self-Perception via Resistance Training: A Strategy for Women Diagnosed with Breast Cancer</p> <p><b>L. Shepherd</b>, et al. A qualitative study exploring early appearance concerns and acceptability of early psychological interventions after burns</p> <p><b>I. Siemann</b>, et al. 'Inside Out': a psychological group intervention for patients with a facial palsy</p>	<p>Chair: J. Webb</p> <p>F. Andres, <b>L. Boothroyd</b>, et al. Developing and piloting a positive body image intervention in rural Nicaragua</p> <p><b>E. Evans</b>, et al. "Every time I led a group I learned more about myself": peer facilitator experiences of transformative processes in The Body Project, a cognitive dissonance-based eating disorder prevention intervention</p> <p><b>K. Irvine</b>, et al. Breaking rule #1: talking about fat club. A qualitative study exploring adults' experiences of attending weight management programmes as children</p> <p><b>M. Marashi</b>, et al. Bridging the Gap: Evaluating a Body Image Training Course for Health Professionals</p> <p><b>M. Morgan</b>, et al. Development of a Nature Connection intervention for Disordered Eating (DE): Exploring Views from DE Professionals and People with Lived Experience</p> <p><b>N. Paraskeva</b>, et al. Evaluating the effectiveness of a Roblox game 'Super U Story' to improve body image among children and adolescents in the US: A randomized controlled trial</p>	<p>Chair: S. Murnen</p> <p><b>S. Cooney</b>, et al. Body image and sexual functioning in Multiple Sclerosis</p> <p><b>A. Ivanova</b>, et al. Validating a Gender-Neutral Version of Female Genital Self-Image Scale in the Norwegian Population: Findings from a Pilot Study</p> <p><b>F. Konings</b>, et al. Picture 'Perfect': A Linkage Study of Sexualized Self-presentations on Mobile Dating Applications and Users' Characteristics</p> <p>E. Nolen, <b>H. Lewis-Smith</b>, et al. The Impact of Dobbs v. Jackson Women's Health Organization on Young Women's Experiences of Objectification and Sexual Well-being</p> <p>A. Fernando, <b>G. Sharp</b>, et al. Perspectives on sexual and relationship outcomes after labiaplasty: A qualitative analysis</p> <p>P. Patrício, <b>J Azevedo</b>, et al. Exploring body appreciation, relationship quality, and body mass index in homosexual men and women</p>
10:30am-11am	<p><b>COFFEE BREAK</b> Poster session 3 viewing Conference Hall</p>		

11am-12:15pm	<p align="center"><b>KEYNOTE ADDRESS</b> Conference Hall <b>Putting a face to appearance research: representation of understudied visible differences</b> <b>Professor Kathleen Bogart</b> introduced by Professor Diana Harcourt</p>		
12:15pm-1:15pm	<p align="center"><b>LUNCH BREAK</b> Poster session 3 viewing Conference Hall</p>		
12:30pm-1pm	<p align="center"><b>LUNCHTIME SPECIAL EVENT</b> Council Chamber <b>Identifying and Tackling Fraudulent Responses in Web-Based Research</b> Kat Schneider and Latika Ahuja</p>		
12:15pm-1:15pm	<p align="center"><b>NETWORKING LUNCH FOR CHARITABLE ORGANISATIONS</b> Bordeaux Room</p>		
1:15pm-2:45pm	<p>Session 16: Conference Hall Oral Presentations <b>Sexuality and Gender</b></p> <p>Chair: G. Jankowski</p> <p><b>A. Fitzgerald</b>, et al. What are the risk and protective factors of body esteem in sexual minority young adults? Findings from the My World Survey 2</p> <p>W. Grey, <b>E. Austen</b>, et al. Wanting to be Wanted: An Intersectional Qualitative Study of Sexual Desirability's Role in Australian Sexual Minority Men's Body Image</p> <p>E. Harris, <b>S. Griffiths</b>, et al. State Gender Fluidity, Body Satisfaction, and Eating Disorder Symptoms among Sexual Minority Men</p> <p><b>K. Laveway</b>, et al. "Looking" LGBTQ+: A Qualitative Exploration of Appearance Investment in Sexual and Gender Minority Individuals across the Lifespan</p>	<p>Session 17: Council Chamber Oral Presentations <b>Experiencing and Combatting Stigma</b></p> <p>Chair: E Guest</p> <p><b>E. Evans</b>, et al. "Victim blaming and public shaming": public interpretations of a UK cancer-prevention media campaign which equated weight and smoking</p> <p><b>J. Hunger</b>, et al. Weight Stigma and Disordered Eating: A Systematic Review and Call to Action</p> <p><b>A. Johns</b>, et al. Self-Image, Stigma, and Coping in Youth with Cleft Lip and Palate</p> <p><b>M. Koroglu</b>, et al. Battle Against Weight Stigma: How Body Positivity Advocates Encounter Fatphobia in NHS</p> <p><b>C. Pell</b>. Some US Dermatological Advertising of Treatments for Psoriasis Perpetuate the Stigmatization and the</p>	<p>Session 18: Bordeaux Room Symposium <b>Perspectives, Views and Representations of Black Beauty</b></p> <p>Convenor: S. Hughes</p> <p><b>S.N. Hughes</b> Fashion Ethics: Body Image and Diversity</p> <p><b>S. Lloyd</b> Black Girls Don't Blush: Power Desire and the Practice of Colour Cosmetics</p> <p><b>M. Dairo</b> Plaits, Puffs and Wigs: The Portrayal of Black Hair in Nollywood Films</p> <p><b>C.M. Robertson</b> "Lookin' Like Your Mama Loves You": An Analysis of How Black Women Ages 50 and Up Perceive Radical Beauty, Style, and Self From Matrilineal Inheritance</p> <p><b>C. Hampson</b>, et al. Hair Matters: 'Untangling' the role of hair-esteem and self-esteem as potential barriers to</p>



	<p><b>M. Argyrides, A. Christodoulou, et al.</b> Body image distress and disordered eating among men from Greece and Cyprus: differences across sexual orientation</p> <p><b>E. Waite, et al.</b> A Qualitative Exploration of the Lived Experiences of LGBTQIA+ Young People with Visible Differences</p>	<p>Pathological Model of the Disease: A Critical Content Analysis of Televised Ads for Otezla, Cosentyx, and Talz</p> <p><b>J. Traxler, et al.</b> Breaking Barriers: Randomized Controlled Trials Assessing an Intervention to Combat Stigma in Chronic Skin Disease</p>	physical activity and aquatic exercise in Black Women
2:45pm-3:15pm	<p><b>COFFEE BREAK</b> Poster session 3 dismantle Conference Hall</p>		
3:15pm-4:30pm	<p><b>IGNITE SESSION</b> Conference Hall</p> <p><b>‘Mind the Gap: Advancing Equality, Diversity and Inclusion’</b> organised by Kat Schneider, Sharon Haywood, Harriet Smith</p>		
4:30pm-5:00pm	<p><b>CONFERENCE CLOSE</b> Conference Hall</p> <p>Awards presentation Closing address</p>		