

Appearance Matters 10

Preliminary Programme

*Please note: may be subject to change

TUESDAY 11 JUNE 2024 City Hall, College Green, Bristol			
12:00pm-1:00pm	REGISTRATION Poster session 1 set-up Conference Hall		
1:00pm-1:30pm	OPENING ADDRESS Conference Hall Professor Beth Daniels		
1:30pm-2:45pm	KEYNOTE ADDRESS Conference Hall Professor Philippa Diedrichs introduced by Professor Emerita Nichola Rumsey OBE		
2:45pm-3:15pm	COFFEE BREAK Poster session 1 viewing Conference Hall		
3:15pm-4:45pm	Session 1: Conference Hall Oral Presentations Body Image Across the Lifespan Chair: E. Daniels S. Cooney, et al. Menopausal symptom severity predicts dimensions of body image and interoceptive sensibility J. Alleva, et al. “I’ll never sacrifice my well-being again:” The journey from negative to positive body image among women who perceive their body to deviate from societal norms L. Hanson, et al. The relationship between body appreciation and age, ethnicity, and sociocultural pressure in six countries A. Hemmesch, et al. The “million dollar question” is about aging with a facial	Session 2: Council Chamber Symposium Acceptance and Commitment Therapy for Visible Difference Convenor: F. Zucchelli L. Shepherd, et al. A multi-centre prospective cohort study investigating the roles of psychological flexibility and self-compassion in appearance concerns after burns M. Thornton, et al. Developing an ACT-based podcast intervention for concerns around intimacy and romantic relationships for adults with a visible difference. M. Thornton, et al. Developing an ACT-based intervention for parents and carers of children with a visible difference	Session 3: Bordeaux Room Oral presentations Eating Behaviours Chair: T. Tylka N. Behrend, et al. Does body image flexibility explain the link between body appreciation and intuitive eating facets? Results from longitudinal mediation analyses among German women and men S. Griffiths, et al. Does using TikTok intensify body dissatisfaction and eating disorders? A comparison of the TikTok algorithms belonging to individuals with eating disorders versus healthy controls H. Lewis, et al. A systematic review of the similarities and differences in psychopathology of BDD and

	<p>difference: A focus group with older adults with Moebius syndrome</p> <p>K. Holmqvist Gattario, et al. Maintaining a positive body image from childhood to adulthood: What lies behind a stable positive body image journey?</p> <p>M. Zimmer-Gembeck, et al. Appearance-related Teasing, Rejection Sensitivity, Support, and Coping</p>	<p>F. Zucchelli, H. Williamson, et al. Training health professionals to support patients with appearance-affecting conditions: A pan-European evaluation of an Acceptance and Commitment Therapy approach to patient communication</p> <p>F. Zucchelli, et al. Establishing the feasibility of an Acceptance and Commitment Therapy prototype mobileprogram for individuals with a visible difference</p>	<p>EDs: can both be classed as 'body image disorders?'</p> <p>E. Anastasiades, et al. Exploring the role of positive body image in differentiating between healthy orthorexia and orthorexia nervosa</p> <p>J. Mensinger, et al. Interoceptive Sensibility and Disordered Eating: Too Much of a Good Thing?</p> <p>G. Sharp The co-design and development of a chatbot to deliver a single session intervention for people on the waitlist for eating disorder treatment</p>
4:45pm-5:15pm	Poster session 1 viewing Conference Hall		
5.15pm-5.30pm	Poster session 1 dismantle Conference Hall		
6:30pm-8:30pm	<p>WELCOME RECEPTION Brunel's SS Great Britain, Great Western Dockyard, Gas Ferry Road Sponsored by Dove Self-Esteem Project</p>		

WEDNESDAY 12 JUNE 2024 City Hall, College Green, Bristol	
8:00am-9:00am	<p>REGISTRATION Poster session 2 set-up Conference Hall</p> <p>Tea and coffee</p>
9:00am-10:30am	<p>WORKSHOPS pre-registration required</p> <p>Workshop 1: Anti-ableist practices in psychology Hosted by Dr Kathleen Bogart; Bordeaux Room</p> <p>Workshop 2: Tips and insights for working with industry to improve body image and smash appearance stereotypes: Ethical considerations, strategic planning and stakeholder influencing skills Hosted by Professor Phillippa Diedrichs; Council Chamber</p>
10:30am-11:00am	<p>COFFEE BREAK Poster session 2 viewing Conference Hall</p>

11:00am-12:30pm	<p>Session 4: Conference Hall Oral Presentations School-Based Interventions Across the Globe</p> <p>Chair: Z. Yager</p> <p>J. Webb, et al. Be Real's BodyKind Curriculum Evaluation among Diverse US High Schoolers: Data Highlights, Lessons Learned, and Future Directions</p> <p>N. Craddock, et al. Evaluating a School-Based Body Image Lesson in Indonesia: A Randomised Controlled Trial</p> <p>P. Granfield, et al. Evaluating the impact of the Embrace Kids Classroom Program on Australian children's and adolescent's body image</p> <p>H. Lewis-Smith, et al. A comic-based body image intervention for adolescents in Hindi-medium and rural Indian schools: A randomised controlled trial</p> <p>C. Mahon, et al. Cultural adaptation and cluster randomised control trial of BodyKind, a school-based body image programme for older adolescents</p> <p>S. Torres, et al. Scaling-up of the "Confident Me" programme: A real-world effectiveness study in Portugal</p>	<p>Session 5: Council Chamber Oral Presentations Experiences of Visible Difference</p> <p>Chair: K. Ardouin</p> <p>P. Gavelle, et al. Longitudinal study of self image in 12 pre adolescents with cleft lip and palate: Somatic and psychological entanglement</p> <p>E. Guest, et al. Congenital Melanocytic Naevus (CMN) Through the Lens: A Photo-Elicitation Study Exploring Successful Adjustment in Young People with a Rare Birthmark Condition</p> <p>B. Herring, et al. Exploring men's experiences and body image concerns following diagnosis and treatment for breast cancer. A mixed methods study</p> <p>M. Ridley, et al. Narrative study of resilience in facial paralysis: similarities and differences in the resilience profiles and psychosocial responses of patients with congenital and acquired facial paralysis</p> <p>S. Steinke, et al. Burden of people living with inherited ichthyosis in Germany</p> <p>M. van Dalen, et al. Anxiety, depression, and quality of life in children and adults with alopecia areata: A systematic review and meta-analysis</p>	<p>Session 6: Bordeaux Room Oral Presentations Fashion, Clothing and Make-Up</p> <p>Chair: N. Craddock</p> <p>K. Aiba Constructing the Ideal Face: The Japanese High School Girls' Makeup</p> <p>C. Phelps, et al. Exploring the psychological impact of expressive prosthetic-leg covers: a qualitative exploration into the wellbeing and identity-building of lower-limb amputees</p> <p>D. Blaso, et al. The impact of fashion clothing involvement on mental health, health behaviours, and endorsement of gender stereotypes, among Brazilian women</p> <p>S. Haywood, et al. An exploration of clothing size availability in relation to body image and disordered eating behaviours among Argentinian adolescents: A mixed-method study</p> <p>G. Giardinelli, J. Rogaten, et al. Fashion Anxiety: Unveiling the Psychological Impacts of Fashion Trends and Media Pressures</p>
12:30pm-1:30pm	<p>LUNCH BREAK Poster session 2 viewing Conference Hall</p>		
12:45pm-1:30pm	<p>LUNCHTIME SPECIAL EVENT Council Chamber "When I was Younger, My Story Belonged to Everyone Else": A screening of 5 short films about living with craniosynostosis in adulthood</p>		

1:30pm-3:00pm	<p>Session 7: Conference Hall Oral Presentations Sports, Exercise and Movement</p> <p>Chair: A. Tinoco</p> <p>V. Coulbeck Exploring Adolescent Girls' Experiences with a Self-Compassion Physical Education Workshop to Address Body Image Distress: A Pilot Feasibility Study</p> <p>I. Cranswick, et al. “It’s not just you come into the gym and do your weight training”: A narrative exploration of muscularity’s role as identity capital</p> <p>A. Hinz, et al. The Influence of Idealised vs Non-idealised Yoga Images on Women's Body Image</p> <p>C. Lunde, et al. Receiving a Lower Grade in Physical Education is Associated with Adverse Body Image Outcomes – a Longitudinal Study over One School Year</p> <p>E. Matheson, et al. Body Confident Athletes: A cluster randomised controlled trial of a coach-led body image program</p> <p>K. Schneider, et al. Body Confident Coaching: Acceptability and Feasibility Testing of a Web-Based Body Image Intervention for Coaches of Adolescent Girls</p>	<p>Session 8: Council Chamber Oral Presentations Social Media</p> <p>Chair: J. Fardouly</p> <p>E. Daniels, et al. Social Media Behaviors and Body Image Concerns among Racially Diverse U.S. Adolescent Girls</p> <p>J. Fardouly, et al. Does the level of sexualisation matter? Investigating the impact of viewing sexualised and non-sexualised images of women in different body sizes on women’s body image</p> <p>A. Gordon, et al. “This post is a call to (re)claim our desire and desirability for our bodies”: A qualitative study of transgender and gender diverse young adults’ experiences with social media and media literacy</p> <p>H. Jarman, et al. Drivers and impacts of social media use among adolescents: Informing interventions</p> <p>C. Maes, et al. Online Body Positivity, Offline Body Positivity? Exploring Adolescents’ Impact of Over-Time Relations Between Active and Passive Positive Appearance-Related Activities on Social Media, and Offline Prosocial Reasoning and Behavioral Intentions Regarding Others’ Appearances</p> <p>V. Seekis, et al. How exposure to body neutrality content on TikTok affects young women’s body image, self-compassion, and mood</p>	<p>Session 9: Bordeaux Room Oral Presentations The Impact of Intersectionality</p> <p>Chair: B. Austin</p> <p>J. Chan, et al. How Social Class Shapes UK Women's Body Image Experiences</p> <p>H. Lewis, et al. Exploring risk, contributing and maintenance factors of body dissatisfaction among South Asian women and girls: a conceptual model including lived-experience and clinician perspectives</p> <p>H. Lewis-Smith, et al. A short-form drama series created for the digital media environment: A randomised controlled trial exploring effects on girls’ body satisfaction, acceptance of appearance diversity, and appearance-related internalised racism</p> <p>N. Craddock, et al. Experiences of everyday colourism moderates the relationship between skin shade dissatisfaction and skin lightening product use in Hong Kong, Malaysia, Singapore, and Thailand</p> <p>M. Sutton, et al. Latent Classes of Appearance, Racial, and Intersectional Discrimination: Associations with Mental Health Indicators</p> <p>N. Trompeter, M. C. Opitz, et al. Bullying victimisation and adolescent body dissatisfaction among marginalised youths</p>
3:00pm-3:30pm	<p>COFFEE BREAK</p> <p>Poster Session 2 dismantle Conference Hall</p>		

3:30pm-5:00pm	<p>Session 10: Conference Hall Oral Presentations Positive Body Image</p> <p>Chair: J. Alleva</p> <p>L. Ahuja, et al. “Accept who you are”: A qualitative exploration of how men experience and foster positive body image</p> <p>R. Calogero, et al. The Attunement with Exercise (AwE) Scale: Comprehensive validity evidence for a new measure of an under-researched but urgently needed embodied practice</p> <p>S. Faria, et al. Body self-appreciation, functionality appreciation, and body dissatisfaction in adolescents: A person-centered approach</p> <p>A. Kleim “If you do not like your beach body, go to the beach anyway because it might actually be good for you”: An explorative study of British and Australian women’s beach body experiences</p> <p>P. Longhurst, et al. “There’s No Separating My View of My Body from My Autism”: A Qualitative Study of Positive Body Image in Autistic Individuals</p> <p>N. Piran, et al. Social factors shaping embodiment: measurement across the lifespan</p>	<p>Session 11: Council Chamber Oral Presentation Aesthetic Procedures</p> <p>Chair: K. Garbett</p> <p>A.M. Hermans, et al. Oops I did it (again) - Patient experiences of complications after non-invasive cosmetic procedures</p> <p>V. Kakar, J. Fardouly, et al. Willingness to undergo cosmetic procedures and preferences for appearance enhancement: A cross-cultural study of adolescent girls living in Australia, China, India, and Iran</p> <p>I. Lundin Kvalem, et al. Social Media Use and Self-Presentation: Predictors for Experience with and Consideration of Cosmetic Treatment in Adult Women</p> <p>P. Mancin, et al. The associations between photo-based behaviors, Body Dysmorphic Disorder symptoms, and consideration of cosmetic surgery and the moderation of body appreciation</p> <p>K. Moulton, et al. ‘I just wanted to take the emphasis away’ adults’ experiences of tattooing as a method of scar camouflage and/or decoration</p>	<p>Session 12: Bordeaux Room Oral Presentation Appearance Conversations and Medical Decision-Making</p> <p>Chair: K. Feragen</p> <p>D. Blaso, et al. The First Look: individuals’ initial experiences of viewing their appearance following craniofacial surgery</p> <p>C. Crerand, et al. Caregiver Beliefs about their Child’s Cleft and Satisfaction with their Child’s Appearance: Impacts on Caregiver Psychosocial Outcomes</p> <p>K. Feragen, et al. A qualitative study of adolescents with a visible difference and their parents: Exploring the role of appearance conversations</p> <p>L. McHutchioin, et al. Ear reconstruction treatment decisions and long term outcomes among adults with microtia - findings from a retrospective, interview-based study</p> <p>N. Stock, et al. Ear reconstruction in children with craniofacial microsomia: Caregivers’ narratives of treatment decision-making</p> <p>B. Herring, B. Costa, et al. Appearance-related narratives of caregivers of children with craniofacial microsomia</p>
5:15pm-6:30pm	<p>SPECIAL PANEL DISCUSSION EVENT Conference Hall ‘Beyond the Selfie: Can Social Media Influencers Shape the Appearance Diversity Landscape?’ Chair: Caryn Franklin MBE</p>		
8:00pm-12:00pm	<p>CONFERENCE DINNER Bristol Museum and Art Gallery, Queens Road, Clifton N.B. pre-registration required Doors open 7:30pm</p>		

THURSDAY 13 JUNE 2024

City Hall, College Green, Bristol

7:45am-8:45am	MENTORING BREAKFAST Watershed, Canon's Road pre-registration required		
8am-9am	REGISTRATION Poster session 3 set-up Conference Hall Tea and coffee		
9am-10:30am	<p>Session 13: Conference Hall Oral Presentations Visible Difference Interventions</p> <p>Chair: C. Crerand</p> <p>K. Ardouin, et al. Developing and evaluating a residential camp for young people with cleft lip and/or palate in New Zealand</p> <p>C. Clement, et al. The support needs and preferences of people with lived experience of visible differences: A survey study</p> <p>K. Feragen, M. Millgård, et al. Effectiveness and further development of YP Face IT - An online intervention for young people with a visible difference</p> <p>E. O'Loughlin, et al. Improving Physical Self-Perception via Resistance Training: A Strategy for Women Diagnosed with Breast Cancer</p> <p>L. Shepherd, et al. A qualitative study exploring early appearance concerns and acceptability of early psychological interventions after burns</p> <p>I. Siemann, et al. 'Inside Out': a psychological group intervention for patients with a facial palsy</p>	<p>Session 14: Council Chamber Oral Presentation Experiences and Evaluations of Interventions</p> <p>Chair: J. Webb</p> <p>F. Andres, L. Boothroyd, et al. Developing and piloting a positive body image intervention in rural Nicaragua</p> <p>E. Evans, et al. "Every time I led a group I learned more about myself": peer facilitator experiences of transformative processes in The Body Project, a cognitive dissonance-based eating disorder prevention intervention</p> <p>K. Irvine, et al. Breaking rule #1: talking about fat club. A qualitative study exploring adults' experiences of attending weight management programmes as children</p> <p>M. Marashi, et al. Bridging the Gap: Evaluating a Body Image Training Course for Health Professionals</p> <p>M. Morgan, et al. Development of a Nature Connection intervention for Disordered Eating (DE): Exploring Views from DE Professionals and People with Lived Experience</p>	<p>Session 15: Bordeaux Room Oral Presentations Sexual Well-Being and Relationships</p> <p>Chair: S. Murnen</p> <p>S. Cooney, et al. Body image and sexual functioning in Multiple Sclerosis</p> <p>A. Ivanova, et al. Validating a Gender-Neutral Version of Female Genital Self-Image Scale in the Norwegian Population: Findings from a Pilot Study</p> <p>F. Konings, et al. Picture 'Perfect': A Linkage Study of Sexualized Self-presentations on Mobile Dating Applications and Users' Characteristics</p> <p>E. Nolen, H. Lewis-Smith, et al. The Impact of Dobbs v. Jackson Women's Health Organization on Young Women's Experiences of Objectification and Sexual Well-being</p> <p>A. Fernando, G. Sharp, et al. Perspectives on sexual and relationship outcomes after labiaplasty: A qualitative analysis</p> <p>P. Patrício, J Azevedo, et al. Exploring body appreciation, relationship quality, and body mass index in homosexual men and women</p>

		N. Paraskeva, et al. Evaluating the effectiveness of a Roblox game 'Super U Story' to improve body image among children and adolescents in the US: A randomized controlled trial	
10:30am-11am	COFFEE BREAK Poster session 3 viewing Conference Hall		
11am-12:15pm	KEYNOTE ADDRESS Conference Hall Dr Kathleen Bogart introduced by Dr Rosanna Preston		
12:15pm-1:15pm	LUNCH BREAK Poster session 3 viewing Conference Hall		
12:30pm-1pm	LUNCHTIME SPECIAL EVENT Identifying and Tackling Fraudulent Responses in Web-Based Research Council Chamber		
12:15pm-1:15pm	NETWORKING LUNCH FOR CHARITABLE ORGANISATIONS Bordeaux Room		
1:15pm-2:45pm	Session 16: Conference Hall Oral Presentations Sexuality and Gender Chair: G. Jankowski A. Fitzgerald, et al. What are the risk and protective factors of body esteem in sexual minority young adults? Findings from the My World Survey 2 W. Grey, E. Austen, et al. Wanting to be Wanted: An Intersectional Qualitative Study of Sexual Desirability's Role in Australian Sexual Minority Men's Body Image E. Harris, S. Griffiths, et al. State Gender Fluidity, Body Satisfaction, and Eating Disorder Symptoms among Sexual Minority Men	Session 17: Council Chamber Oral Presentations Experiencing and Combatting Stigma Chair: E Guest E. Evans, et al. "Victim blaming and public shaming": public interpretations of a UK cancer-prevention media campaign which equated weight and smoking J. Hunger, et al. Weight Stigma and Disordered Eating: A Systematic Review and Call to Action A. Johns, et al. Self-Image, Stigma, and Coping in Youth with Cleft Lip and Palate	Session 18: Bordeaux Room Symposium Perspectives, Views and Representations of Black Beauty Convenor: S. Hughes S.N. Hughes Fashion Ethics: Body Image and Diversity S. Lloyd Black Girls Don't Blush: Power Desire and the Practice of Colour Cosmetics M. Dairo Plaits, Puffs and Wigs: The Portrayal of Black Hair in Nollywood Films C.M. Robertson "Lookin' Like Your Mama Loves You": An Analysis of How Black

	<p>K. Laveway, et al. “Looking” LGBTQ+: A Qualitative Exploration of Appearance Investment in Sexual and Gender Minority Individuals across the Lifespan</p> <p>M. Argyrides, A. Christodoulou, et al. Body image distress and disordered eating among men from Greece and Cyprus: differences across sexual orientation</p> <p>E. Waite, et al. A Qualitative Exploration of the Lived Experiences of LGBTQIA+ Young People with Visible Differences</p>	<p>M. Koroglu, et al. Battle Against Weight Stigma: How Body Positivity Advocates Encounter Fatphobia in NHS</p> <p>C. Pell. Some US Dermatological Advertising of Treatments for Psoriasis Perpetuate the Stigmatization and the Pathological Model of the Disease: A Critical Content Analysis of Televised Ads for Otezla, Cosentyx, and Talz</p> <p>J. Traxler, et al. Breaking Barriers: Randomized Controlled Trials Assessing an Intervention to Combat Stigma in Chronic Skin Disease</p>	<p>Women Ages 50 and Up Perceive Radical Beauty, Style, and Self From Matrilineal Inheritance</p> <p>C. Hampson, et al. Hair Matters: 'Untangling' the role of hair-esteem and self-esteem as potential barriers to physical activity and aquatic exercise in Black Women</p>
2:45pm-3:15pm	<p>COFFEE BREAK Poster session 3 dismantle Conference Hall</p>		
3:15pm-4:30pm	<p>IGNITE SESSION Conference Hall ‘Taking the Next Step: Advancing Equality, Diversity and Inclusion’</p>		
4:30pm-5:00pm	<p>CONFERENCE CLOSE Conference Hall Awards presentation Closing address</p>		