

BST	Tuesday 13 July 2021		
9.00-9.30	<p>LIVE CONFERENCE OPEN AND WELCOME</p> <p>Professor Diana Harcourt Welcome to AM9 Online A message from the AM9 Co-Chairs A tribute to James Partridge, OBE</p> <p>Rosanna Preston VTCTF Trustee Welcome and Introduction to Carly Findlay</p>		
9.30-11.00	<p>KEYNOTE ADDRESS with LIVE Q&A Chair: Helena Lewis-Smith</p> <p>Carly Findlay, OAM <i>The Power of a Selfie: A place for appearance diversity</i></p>		
11.00-11.30	<p>Coffee Break Conference lounge open</p>		
11.30-13.00	<p>Session 1: Oral Presentations <i>Positive Body Image</i></p> <p>Chair: Ella Guest</p> <p>C. Maes, et al. The Development and Validation of the Positive Body Image among Adolescents Scale (PBIAS).</p> <p>A.S. Lowy, et al. Body appreciation, body dissatisfaction, and internalization of body ideals in Black women.</p> <p>J. Alleva, et al. What can my body do vs. how does it look?: A qualitative analysis of young women and men’s descriptions of their body functionality or physical appearance.</p> <p>A. Hinz, et al. Is this what a yogi looks like? A content analysis of yoga representation on Instagram.</p> <p>J.B. Webb, et al.</p>	<p>Session 2: Oral Presentations <i>Body Image & Weight Stigma in Young Children: Insights & Interventions</i></p> <p>Chair: Amy Slater</p> <p>J. Parnell, et al. Understanding attitudes and friendship behaviours towards socially stigmatised appearances in children aged 4-10 years.</p> <p>E. Guest, et al. ‘Everybody’s Different: The Appearance Game’. Findings from a cluster-randomised controlled trial evaluating a novel intervention for children.</p> <p>E. Matheson, et al The effectiveness of brief animated films as a scalable micro-intervention to improve children’s body image: A randomised controlled trial.</p> <p>E. Matheson, H. Smith, et al. Your Magic Mind and Body: An evaluation of a positive body</p>	<p>Session 3: Oral presentations <i>Visible Difference Experiences</i></p> <p>Chair: Maia Thornton</p> <p>A. Myhre, et al. “Hoping to look normal and to belong”; A Qualitative Study of Lived experiences of going through Appearance Altering Surgery.</p> <p>N. Stock, et al. "My face in someone else’s hands”: A qualitative study of medical tattooing in women with hair loss.</p> <p>G. Motyer, et al. “I wouldn’t be able to live with it.. because I just wouldn’t be able to like my body”: A Qualitative Exploration of Body Image among Adolescents with Idiopathic Scoliosis.</p> <p>C. Crerand, et al. Medical care experiences, traumatic stress symptoms, and resiliency among adults and</p>

	Evaluating the Feasibility and Acceptability of a Brief Online Peer-Supported Guided Self-help Program for Promoting Positive Embodiment and Well-being in College Women.	image e-book among primary school children.	parents of children with craniofacial conditions. C. Gee, et al. Progressing the conceptualisation of psychosocial adjustment to a visible difference for paediatric populations: A synthesis of qualitative findings.
13.00-13.30	Lunch Break Conference lounge open		
13.30-14.00	LIVE Q&A Moderator: Amy Slater Sessions 1, 2 and 3		
14.00-15.30	LIVE WORKSHOP Chair: Nicola Stock Dr Amanda Bates Patient Experience and Public Involvement Lead <i>“Incorporating the voice of those with a lived experience in research and clinical practice”</i> * pre-registration required for this event		
15.30-15.45	Coffee Break Conference lounge open		
15.45-17.15	LIVE WORKSHOP Chair: Amy Slater Professor Esther Rothblum Professor of Women’s Studies San Diego State University, USA <i>“Long overdue! A workshop on academic procrastination”</i> * pre-registration required for this event		
17.15- 18.15	LIVE SOCIAL EVENT All welcome to join us for a fun and informal international quiz!		
23.00-00.30	KEYNOTE ADDRESS with LIVE Q&A Chair: Helena Lewis Smith Carly Findlay, OAM <i>The Power of a Selfie: A place for appearance diversity</i>		

9.00-10.30	<p>SESSION 4: Oral presentations <i>Sex(uality) & Gender</i></p> <p>Chair: Caterina Gentili</p> <p>J. M. Schokkenbroek, et al. Sexual harassment and self- and other-objectification in college students' dating relationships.</p> <p>C. Markey, et al. Examining Body Image as a Predictor of Disordered Eating in the Context of Same-Sex and Heterosexual Partnerships.</p> <p>D Lindner. Applying Objectification Theory to Men: Can We? Should We?</p> <p>T. Myers, et al. Does being a feminist matter? Examining the role of feminist attitudes and identification in the relationship between sociocultural pressures and appearance concerns.</p> <p>J. Doley, et al. Social Media Use and Body Image in Heterosexual Women, Bisexual Women, and Non-Binary People.</p>	<p>SESSION 5: Oral presentations <i>Adult Experiences of Visible Difference</i></p> <p>Chair: Mary Keeling</p> <p>K. Ardouin, et al. The CLAPA Adult Services Project: Using Evidence-Based Practice to Design and Deliver New Interventions.</p> <p>C. Hamlet, et al. "Your face freezes and so does your life": Exploring the psychosocial impact of facial palsy and individuals experiences of treatment in the UK.</p> <p>M. Argyrides, E. Anastasiades, et al. Body Image, Media Influences and Situational Dysphoria in Individuals with Physical Disabilities.</p> <p>N. Sharratt, et al. (In)Visible Difference: Experiences of Disclosure and Exposure.</p> <p>H. Saunders. Reflections on visible difference workplace equality law: one step forwards, two steps back?</p> <p>F. Zucchelli, et al. Testing two components of psychological flexibility as mediators between body evaluation and unhelpful body image coping strategies in adults with visible differences.</p>	<p>SESSION 6: Oral presentations <i>Cosmetic Surgery/Procedures</i></p> <p>Chair: Nicole Paraskeva</p> <p>A-M. Hermans. Watermelons, bikinis, and regulation: The representation of cosmetic procedures on Instagram.</p> <p>T. Pikoos, et al. Psychosocial screening for minor cosmetic procedures - is the needle as risky as the knife?</p> <p>Y. Wu. Factor Analysis and Psychometric Properties of the Chinese Translation of the Acceptance of Cosmetic Surgery Scale.</p> <p>A.N. Fernando, G. Sharp. Improving genital self-image in adolescent girls: A brief online video program.</p> <p>N. Paraskeva, D. Harcourt, et al. A multi-centred study comparing PEGASUS, an intervention to promote shared decision making about breast reconstruction, with treatment as usual: Results from the effectiveness trial.</p>
10.30-11.00	<p style="text-align: center;">LIVE Q&A</p> <p style="text-align: center;">Moderator: Heidi Williamson Session 4, 5 and 6</p>		

11.00-11.30	Coffee Break Conference lounge open		
11.30-13.00	<p style="text-align: center;">SESSION 7: Oral presentations Social Media</p> <p>Chair: Nadia Craddock</p> <p>H. Jarman, et al. Social media engagement and appearance and life satisfaction in adolescent boys and girls: A test of a mediation model examining the role of appearance-ideal internalisation and comparison.</p> <p>D. Paddock, et al. “It’s better saying I look fat instead of saying you look fat”: A qualitative study of adolescent appearance-related interactions on social media</p> <p>C. Mahon, et al. Feasibility, acceptability and effectiveness of a novel Compassionate Mind Training intervention to address adolescents' social media-related body image concerns.</p> <p>J. Burén, et al. Why adolescents sext: The role of seeking approval for appearance and appearance esteem.</p> <p>J. Saunders, et al. From self(ie)-objectification to self-empowerment: The meaning of selfies on social media in eating disorder recovery.</p> <p>G. Treneman-Evans, A. Slater, et al. Educating the general population about vitiligo: Is visual-based social media more effective than traditional text-based educational resources?</p>	<p style="text-align: center;">SESSION 8: Symposium Fostering Positive Body Image among Cancer Survivors</p> <p>Convenor: Helena Lewis-Smith</p> <p>P. Tollow, et al. Body appreciation, body image and their correlates in women who have undergone surgery to treat or reduce the risk of breast cancer.</p> <p>C. Gentili, et al. Body image issues, masculine self-esteem, and exercise in prostate cancer: A comparison between prostate cancer patients undergoing androgen deprivation therapy (ADT), to ADT-naïve patients and cancer-free men.</p> <p>H. Lewis-Smith, et al. Sociocultural and psychological factors that influence body appreciation among breast cancer survivors: Evaluation of a moderated mediation model.</p> <p>M. Thornton, et al. Exploring the experience of positive body image among breast cancer survivors: An interview study.</p>	<p style="text-align: center;">SESSION 9: Oral presentations (Pre)Adolescent Risk Factors</p> <p>Chair: Phillipa Diedrichs</p> <p>J. Trekels, et al. “Look how unrealistic this pretty girl/boy is”: Adolescents’ body image in a context of diverse and opposing media messages.</p> <p>E. Lacroix, et al. One size does not fit all: Trajectories of body image development and their predictors in early adolescence.</p> <p>H. Sharpe, et al. Changes in peer and sibling victimization in early adolescence: Longitudinal associations with body image and depressive symptoms in a prospective birth cohort study.</p> <p>T. Thornborrow, et al. A longitudinal study investigating media influence on children’s body size perceptions and appearance satisfaction in rural Nicaragua.</p>

13.00-13.45	Lunch Conference lounge open		
13.45-14.15	LIVE Q&A Moderator: Helena Lewis-Smith Sessions 7, 8 and 9		
14.15-15.45	<p style="text-align: center;">SESSION 10: Symposium <i>I'm Sexy, therefore I'm Worthy</i></p> <p>Convenor: Monique Ward and Elizabeth Daniels</p> <p>M. Ward. Does self-objectification spurred by media use diminish girls' well-being and motivation?</p> <p>Maes, et al. Looking good, feeling bad: How online appearance comments relate to body shame in girls.</p> <p>C. Lunde, et al. "It happens every day all the time": Adolescent girls' experiences of being under pressure to sext.</p> <p>E. Daniels, et al. Adolescent sexting: The roles of self-objectification and imaginary audience ideation.</p>	<p style="text-align: center;">SESSION 11: Oral presentations <i>Appearance during the COVID pandemic</i></p> <p>Chair: Diana Harcourt</p> <p>G. Pegram, et al. A qualitative study exploring experiences of the COVID-19 Lockdown for people with a history of eating disorders in the UK.</p> <p>H. Jarman, et al. Appearance concerns and videoconferencing performance for work/study related purposes: Examination of relationships during COVID-19 restrictions.</p> <p>D. Harcourt, et al. Looking 'Different' during Lockdown: COVID-19 from the Perspective of Adults with Facial Differences.</p> <p>M. L. Precinotto, M. Rodrigues, M. F. Laus, et al. Eating attitudes, screen time and body image in Brazilian adults during the COVID-19 pandemic</p> <p>D. McWilliams, et al. Surgical prioritisation during the Covid-19 pandemic: The impact on cleft lip and palate care in the UK.</p> <p>E. Newman, et al. A year of COVID: How restrictions and transition phases have impacted body image and disordered eating.</p> <p>S. Meechem, et al.</p>	<p style="text-align: center;">SESSION 12: Oral presentations <i>Multi-Cultural Experiences of Body Image</i></p> <p>Chair: Latika Ahuja</p> <p>P. Diedrichs. #ShowUs more women who look like me: An experimental evaluation in 11 countries of an industry-led initiative to increase the appearance diversity of women and non-binary individuals represented in media and advertising.</p> <p>K.M. Garbett, et al. Validating established measures in new cultural contexts: Insights, reflections and recommendations.</p> <p>L. Boothroyd, et al. Cultural predictors of preference for skin whiteness in the Miskito and Mestizos of rural Nicaragua.</p> <p>V. Kakar, et al. Beauty Ideals among Girls in Australia, China, India, and Iran.</p> <p>H. Lewis-Smith, et al. Evaluating a culturally-adapted evidence-based body image school intervention, 'Dove Confident Me,' in India: A randomised controlled trial.</p>

		<p>“My content is trying to tell me to do more makeup looks”: Adolescents experiences of COVID-19 lockdown, and the influence of social media.</p>	
15.45-16.15	<p>Coffee Break Conference lounge open</p>		
16.15-16.45	<p>LIVE Q&A Moderator: Diana Harcourt Sessions 10, 11 and 12</p>		
16.45-17.00	<p>Coffee Break Conference lounge open</p>		
17.00-17.15	<p>Keynote Introduction Marika Tiggemann</p>		
17.15-18.45	<p>KEYNOTE ADDRESS with LIVE Q&A Chair: Amy Slater</p> <p>Professor Esther Rothblum San Diego State University <i>“Being Seen: Queer Appearances”</i></p>		
23.00-00.30	<p>KEYNOTE ADDRESS with LIVE Q&A Chair: Amy Slater</p> <p>Professor Esther Rothblum San Diego State University <i>“Being Seen: Queer Appearances”</i></p>		

BST

Thursday 15 July 2021

<p>9.00-10.30</p>	<p>SESSION 13: Oral presentations <i>Parent and Caregiver Experiences of Visible Difference</i></p> <p>Chair: Pippa Tollow</p> <p>D. Zelihić, et al. "I am afraid of making her feel worse": A qualitative exploration of parents' perceptions of talking with their adolescents about their visible condition.</p> <p>M, Thornton, et al. "Have we done enough?": A mixed-methods exploration of cross-condition experiences of parents of children and young people with appearance-affecting conditions and injuries.</p> <p>M. van Dalen, et al. Parenting Children With a Cleft Lip With or Without Palate or a Visible Infantile Hemangioma: a cross-sectional study of distress and parenting stress.</p> <p>K. Billaud Feragen, et al. "Will they accept the difference if I tell them?" Lived experiences of parents and adults with disorders of sex development.</p> <p>B. Costa, et al. Psychological health in caregivers of children affected by craniosynostosis.</p>	<p>SESSION 14: Oral presentations <i>Weight Stigma</i></p> <p>Chair: Kirsty Garbett</p> <p>E. Evans, et al. "Everyone doesn't want to play with her any more". Children's emerging understandings of body weight change and weight bias: an interview study with 4- to 9-year-olds.</p> <p>J. Rathbone, et al. Impact of non-stigmatising alternatives to anti-obesity public health messages on health behaviour and well-being.</p> <p>P. Ward, et al. Bodies in Practice: Exploring the Experiences of Public Health Nurses in a Critical Weight Bias Intervention.</p>	<p>SESSION 15: Oral presentations <i>Shame, Compassion, and Empowerment</i></p> <p>Chair: Emily Matheson</p> <p>V. Seekis, et al. Does mindful self-compassion reduce body image concerns, and can Facebook help? An evaluation study.</p> <p>A. Brichacek, et al. Body Image Flexibility as Protective Factor for Youth: Lived Experiences and Relationships with Eating.</p> <p>G. Stanway, et al. Investigating the relationship between spirituality and body image: the mediating effect of gratitude.</p> <p>K. Mulgrew, et al. The effectiveness of self- and body-compassion writing tasks on women's state body image and response to the media.</p> <p>R. Xu, et al. The impact of empowerment versus objectification themes in beauty advertisements on Chinese women's mood, self-esteem, and body image.</p>
<p>10.30-11.00</p>	<p>LIVE Q&A</p> <p>Moderator: Heidi Williamson Sessions 13, 14 and 15</p>		
<p>11.00-11.30</p>	<p>Coffee Break</p> <p>Conference lounge open</p>		

11.30-13.00	<p>SESSION 16: Oral presentations <i>Adolescent Body Image Interventions</i></p> <p>Chair: Helena Lewis-Smith</p> <p>M. Atkinson, et al. Universal school-based body image intervention: Findings from pilot and cluster randomized effectiveness trials of three teacher-led programmes.</p> <p>Z. Yager, et al. Goodform: Outcomes of a pilot trial of a boys' body image and supplement prevention program with 14-16 year-old boys in Australia.</p> <p>S. McLean, et al. Reel2Real: Randomised controlled trial of an online social media literacy program to reduce body dissatisfaction in young adults.</p>	<p>SESSION 17: Oral presentations <i>Body Image across the Life Span</i></p> <p>Chair: Heidi Williamson</p> <p>N. Piran. Sexual Corseting at Early Adolescence: Challenging Lifelong Embodiment.</p> <p>C. Maes, J Trekels, et al. Beauty ideals in media and the protective role of resilience against pubertal changes.</p> <p>H. Young, et al. Menopause and body image: the protective effect of self-compassion and mediating role of mental distress.</p> <p>J. Campagna, et al. An Exploration of the Physical and Emotional Dimensions of Breastfeeding through the Lens of the Developmental Theory of Embodiment.</p> <p>R.F. Rodgers, et al. Cognitive reappraisal of age-related physical changes: A potential protective factor for body image among older women.</p>	<p>SESSION 18: Oral presentations <i>Body Image and Physical Activity</i></p> <p>Chair: Kat Schneider</p> <p>B. Bell, et al. Understanding the Potential Negative Influence of Mobile Eating and Exercise App Use on Body Image and Body-shaping Behaviour: A Mixed Methods Study.</p> <p>I. Prichard, et al. The impact of fitspiration images on mothers' mood and body image.</p> <p>G. Buckley, et al. "[It's] kind of like the wild west" – How Performance Pressure in Sporting Culture Promotes Body Controlling Behaviours in Male Athletes.</p> <p>G. Treneman-Evans, et al. The Effect of Yoga and Pilates on Body Image, Mood, Distress and Perceptions of Aging-Related Appearance Changes among Women in Midlife.</p>
13.00-13.45	Lunch Conference lounge open		
13.45-14.15	LIVE Q&A Moderator: Heidi Williamson Sessions 16, 17 and 18		
14.15-14.30	Coffee Break Conference lounge open		

14.30-15.45

LIVE PANEL EVENT

Chair: Sharon Haywood

Moderator: Caryn Franklin

**Panellists: Stuart Flint, Sarah le Brocq, Marquisele Mercedes, Nia Patterson
and Esther Rothblum**

15.45-16.00

LIVE CLOSING CEREMONY

Chair: Professor Diana Harcourt