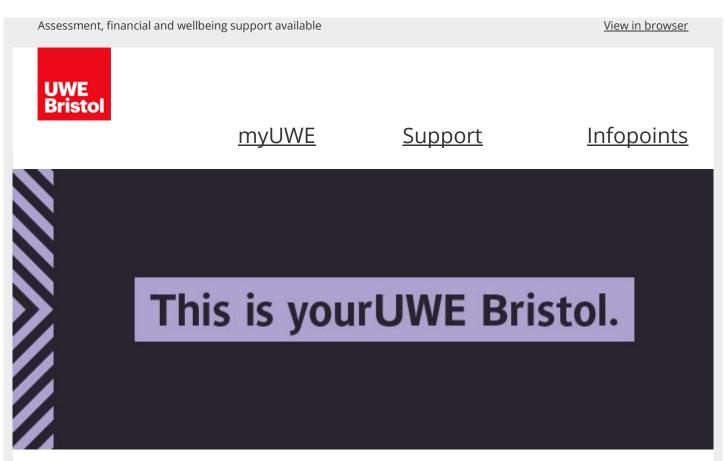
Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.



Welcome back

We hope you had a good break and are ready to tackle 2021. Remember that the Government has asked us all to: **Stay at home. Protect the NHS. Save lives.** The closer we all follow <u>the Government guidance</u>, the sooner we will be out of this pandemic.

We must all act and behave as though we may have the virus. Whilst many people show standard symptoms - a high temperature, a new, continuous cough, loss of taste and smell - not everyone does. This means everyone could potentially be a carrier and not realise it but still be infecting others. 1 in 3 people who have the virus have no symptoms, so you could be spreading it without knowing it. If you are on campus at all, you must wear a face covering to fully cover your nose and mouth. Remember, the <u>Covid Support Team</u> is here to help.

If you're using campus facilities or living on campus, we're offering free asymptomatic testing - please <u>book your tests online</u> to keep our community healthy.

Ongoing support for you

We recognise that the pandemic has been incredibly difficult for you and has gone on longer than any of us imagined. We have a number of measures in place to support you.

Academic and assessment support during academic year 2020/21

We've updated our Academic Regulations so that the temporary changes we brought in last March are now <u>standard practices</u>, rather than just being available in limited emergency situations. Your programme team is currently working through the implications of the latest government guidance and will let you know how it will impact on your teaching and assessment.

Five Working Day Extension applications

If this new lockdown has impacted your ability to meet a deadline(s), and it's eligible for additional time, we may be able to consider applications for Five Working Day Extensions without evidence.

When you apply, please clearly explain on the application form how lockdown has impacted you and your studies and assessments, for example: by explaining how additional childcare pressures, home schooling or travel restrictions are impacting your access to resources or equipment.

Due to the current government restrictions, we've received an increased number of Five Working Day Extension applications. You'll receive an email receipt when you apply and requests are prioritised in submission date order - we hope to provide you with an outcome at the earliest opportunity.

<u>More information ></u>

Financial support

If you find yourself in financial difficulty, take a look at the funds you're able to apply for from the Student Money Service as you study.

<u>Funds ></u>

Wellbeing support

Need somebody to talk to? We have a range of wellbeing support you can access – don't suffer in silence, reach out and speak to somebody who can help.

Options available >

Digital Capability Scheme

The Digital Capability Scheme is designed to ensure you're able to access online teaching, learning and assessment activities. If you don't have the financial means to provide your own IT equipment for your sole use you can apply for financial support toward the cost of a laptop.



Your January Feel Good Focus

New for 2021 the Feel Good Team will be sharing their Feel Good Focus with you each month. This month is all about the small things you can do to try and stay positive and make January that little bit easier!

<u>Step into the new year positively ></u>

Library access

For those students who are already in Bristol, or on exempt courses, Frenchay, Glenside and Bower libraries are open (with reduced opening hours).

Take a look at the additional support measures the library has introduced including a <u>scan</u> <u>and deliver service</u>.

<u>Access the library ></u>

Teaching Block 3 (Summer Term)

We're planning a full programme of learning opportunities to enable you to successfully complete your studies this academic year. This will mean that we will be using the summer term for learning on campus and additional extra-curricular activities, subject to Government guidance.

There will be a chance to undertake the skills, practical, lab and studio based activity that

you may have missed out on so far, along with sessions designed to consolidate what you have learnt this year.

As restrictions are eased we want to be able to provide ways for you to connect with each other and the campus.

Last chance to grab a Student Art Pass!

Access hundreds of galleries and museums, get 50% off major exhibitions, access to paid arts opportunities and competitions and join a community of thousands united by a shared passion for the arts all for a fiver!

Buy by Sunday 17 January >

Find out about further study

Considering postgraduate or professional study when you graduate?

Whether you want to stand out in today's competitive job market, upgrade your skills or broaden your horizons, UWE Bristol can help make it happen.

<u>Request a digital prospectus</u> to whet your appetite.

Meet the Employers Fair

This year our Meet the Employers Fair will be hosted via <u>Handshake</u>, a leading virtual events and careers network created by students, for students.

We'll be sharing more information over the coming weeks, including how to set up your Handshake profile, so keep a lookout across our channels and save the date: Wednesday 10 March 2021.

Updates

Exam timetables are live

Exam timetables are now available on <u>myUWE</u>.

Check your timetable and if something doesn't look right, use one of our <u>self-help forms</u> <u>online</u>. Remember, your exam timetable is personal to you, so don't rely on others (even if you are on the same course).

First Bus now operating reduced bus services

Frenchay and Glenside are now operating a reduced bus service. The 71 is being suspended which means there's no direct link to Bower - if you're travelling to Bower, you'll need to use buses which stop on Clannage Road such as the X3.

Megabus and National Express services suspended

Megabus and National Express services serving Frenchay campus are currently suspended.

We'll update you as and when we can with a return date and timetables.

Are your personal details up-to-date?

Please check that your personal details, including your mobile number, are up-to-date.

<u>Log into myUWE ></u>

Fire drills on campus

We need to check our fire evacuation procedures and systems regularly as we have a duty to ensure that our residents and accommodation buildings are safe.

If you're living on campus, please note the <u>evacuation protocol</u> - including what to do if you're in self-isolation.

A thank you from the Chaplaincy and Sustainability teams...

In December we filled a large van with goods and raised an amazing £432 for Bristol Outreach Services for the Homeless (BOSH) and during the student move-out period, collected £15,722 worth of donations for the British Heart Foundation.



<u>News</u>

What's on

JOEY ANTE VP Community and Welfare



JOSH EDJE VP Sports and Health



WAYS TO STAY POSITIVE

January can be a hard month, and we know that with a third lockdown this year will be more challenging. So we've put together a blog with ideas of fun things that you can do to help you stay active and keep laughing. From exploring Bristol (on your daily walk) to keeping in touch with your friends, we hope that our tips will help you to stay positive this month.

If you find yourself struggling and need support, please reach out and use the wellbeing services that are available to all UWE Bristol students. We've got our 24/7 hour Crisis Textline that offers crisis support to UWE Bristol students across the UK. If in distress, text 'UWE' to 85258. All texts are answered by trained volunteers, with support from experienced clinical supervisors.

As well as this there are a whole load of other <u>wellbeing services available</u> to you

MOVE: SPORTS PROGRAMME

It's winter, it's dark, and we are all spending more time indoors, not exactly the perfect recipe for staying active.

We know that finding the motivation to exercise might be lacking at the moment, which is why you should check out MOVE and utilise their FREE online classes.

MOVE is a programme run by UWE Bristol and The Students' Union and aims to bring a range of activities to you for an affordable price.

This year, MOVE has opened their classes up to everyone, to help you stay both physically and mentally well during this challenging period.

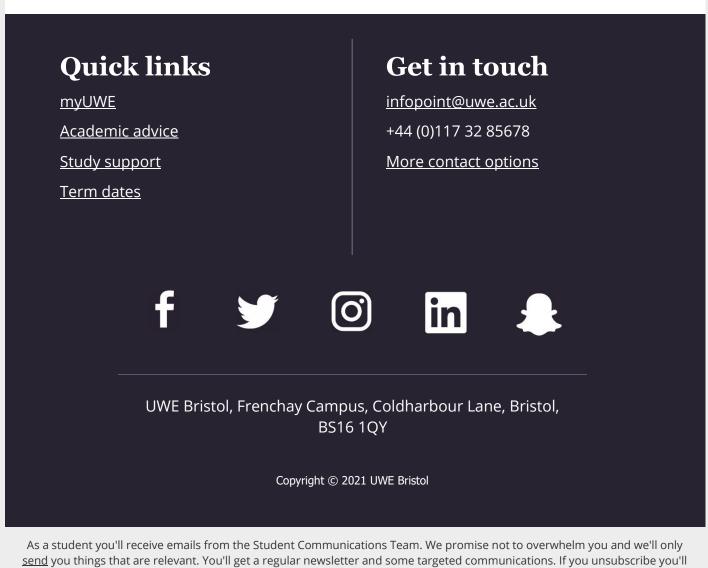
Getting involved is something you can do either on your own or with your housemates and family.

So have a look at the classes, sign up to a couple, and get moving!

throughout the year, so please reach out and don't suffer alone.

<u>View the classes</u>





miss important emails. <u>Contact us</u> if you have any questions.

Dynamic content for new starters:

Welcome

Welcome to our new starters! We hope you're settling in well and are ready to tackle 2021.

Remember that the Government has asked us all to: **Stay at home. Protect the NHS. Save lives.** The closer we all follow <u>the Government guidance</u>, the sooner we will be out of this pandemic.

We must all act and behave as though we may have the virus. Whilst many people show standard symptoms - a high temperature, a new, continuous cough, loss of taste and smell - not everyone does. This means everyone could potentially be a carrier and not realise it but still be infecting

others. 1 in 3 people who have the virus have no symptoms, so you could be spreading it without knowing it. If you are on campus at all, you must wear a face covering to fully cover your nose and mouth. Remember, the <u>Covid Support Team</u> is here to help.

If you're using campus facilities or living on campus, we're offering free asymptomatic testing - please <u>book your tests online</u> to keep our community healthy.