

Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Bristol Sport Partnerships, NHS One You and Placement week

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We've got a busy few weeks ahead!

If you've just joined us, welcome! If you've just finished exams, we hope they went smoothly and you can take some time away from revision.

In this edition, we'll let you know about a range of events and workshops happening over the coming weeks. And with [Feel Good February](#) just around the corner, there's plenty to look forward to - take the opportunity to break your usual routine, try something new and feel good!

Course matters

Missed an assessment or shouldn't have done one?

If you didn't submit an assessment or attend an exam, you might be able to use the [missed assessment process](#).

If you submitted/attended but you feel you shouldn't have, you may be able to use the [removal of marks process](#). Ask an [Information Point](#) for more information and advice.

Changing module

You can apply to change any option modules up until **Sunday 2 February**. You can't change compulsory modules.

If you need more advice on your module choices, book an appointment with a [Student Support Adviser](#) via an [Information Point](#).

Changing course

If you're thinking about transferring, make an appointment with a [Student Support Adviser](#) via an [Information Point](#) as soon as possible to discuss your options. The deadline for transfer requests for courses started in January is **Sunday 2 February**.

Develop your skills with our workshops and tutorials

Study skills workshops

We offer a number of [workshops](#) which take place on all campuses, and will help you improve skills such as critical writing, note taking, referencing and more.

English language workshops

Improve your general English language skills with our [workshops](#) aimed at any level of international student, or any student who uses English as a second or additional language.

LinkedIn Learning online

[LinkedIn Learning](#) has thousands of free training videos to help you improve your business, marketing, software and design skills.

PAL: Resilient U

[Peer Assisted Learning \(PAL\)](#) is support for students, by students, and normally takes the form of regular, coordinated group study sessions or workshops. Find out more [here](#).

Science Futures Fair

The Department of Applied Sciences invites you to our flagship careers event, bringing together students, staff and employers from applied sciences and beyond.

Join us this **Wednesday 22 January** at the ECC for a live careers fair with employers and professional societies, panel discussions with expert speakers and an exhibition of postgraduate and further study opportunities.

[Science Futures Fair 2020](#)

NHS One You

Your health is important. But being healthier isn't just about 'doing the right thing' – it's about making changes to fit your life and make you feel good. [One You](#) is here to help you get healthier and feel better with free tips, tools and support - for body and mind.

Take the '[How Are You?](#)' or '[Mind Plan](#)' quizzes, designed to point you in the right direction with information, tips and support pages. Or take a look at the [One You apps](#) - from getting fit, managing stress and anxiety, to easy meal prep and NHS smoke free, there's something for everyone!

[Find out more](#)



Bristol Sport Partnerships

[Bristol Sport](#) was formed with a single minded goal: to inspire sport in Bristol and beyond. Bristol Sport promotes access to professional sport for all ages.

We're delighted to announce our brand new partnership with Bristol Sport, aiming to establish placement pathways for students. You'll also benefit from discounted tickets to watch Bristol City FC, Bristol Bears and the Bristol Flyers!

[Find out more](#)



Centre for Sport memberships - move

[MOVE](#) is about getting involved in activities to help you feel good. Designed for staff and students, it will get you moving in a way and time that suits you.

The MOVE programme includes social sport leagues, drop-in sessions including Fitball, Yoga, Pilates and Touch Rugby, and learn-to courses. Why not book on to one of our aerial hoop, rock climbing or snowboarding sessions?

[Join MOVE](#)

Attend a Summer School abroad this year!

Summer schools are a great way to test out what it's like to spend time outside of the UK - ideal if you're considering working or studying abroad in the future.

Most Summer Schools last between one and three weeks, and there are plenty of places you can choose to go. Why not take a look at our current [Summer School opportunities?](#)

If you receive a UWE Bursary, you may be able to claim a grant towards the cost of your travel. But be quick, [The Association of Commonwealth Universities](#) are only offering 20 x £2000 bursaries for students around the country!

Get in touch with [The Study Abroad team](#) to find out more and how to apply.

[More information](#)

What's on?

Tackling mental health stigma

On Wednesday 22 January, we will be joined by Chris Hyde '1990s Chris', who will lead a poetry workshop challenging the stigma around talking about mental health.

The workshop will include short activities and will encourage participants to share thoughts and feelings on mental health. Find out more [here](#).

'Who Cares?' - An interactive play

Join us on Tuesday 28 January for an interactive play by What Next Theatre.

Written and directed by HHJ Stephen Wildblood QC, the play deals with the difficult issues surrounding adoption and the real consequences for the family and professionals involved.

100 free tickets are available to students, so [book your place](#) now before they run out!

Baby Chimp Rescue - workshop

A new major wildlife series conceived and co-produced by UWE Bristol alum Lindsay Parietti, follows a story of a life in a home for orphaned baby chimpanzees, airing on BBC 2.

To mark the series, we're hosting an episode screening followed by Q&A with Lindsey on **Tuesday 28 January, 19:00 at Arnolfini**. Find and more and book your place [here](#).

Eating disorders workshop

Join us on Thursday 5 March for a series of [workshops exploring eating disorders](#).

As part of the Mental Wealth Fund project, these workshops will coincide with [Eating Disorder Awareness Week](#) and will explore issues and stigmas surrounding the illness, with discussions from guest speakers.

This is a free event, open to everyone. If you would like to attend, reserve your place [here](#).

Make this the year you volunteer!

[Volunteering](#) gives you the chance to gain new skills or build existing ones, make new friends and explore your interests and passions. You can choose something to fit around your schedule, from one-off opportunities to regular ones requiring a couple of hours a week or more!

[Current opportunities](#)



National Student Money Week is coming!

[National Student Money Week](#) is an annual campaign where universities work together to bring free money advice to students across the UK.

From **Monday 3 - Friday 7 February**, The Student Money Service will be on hand at Frenchay library offering you top money saving tips, chances to win prizes and plenty of freebies.

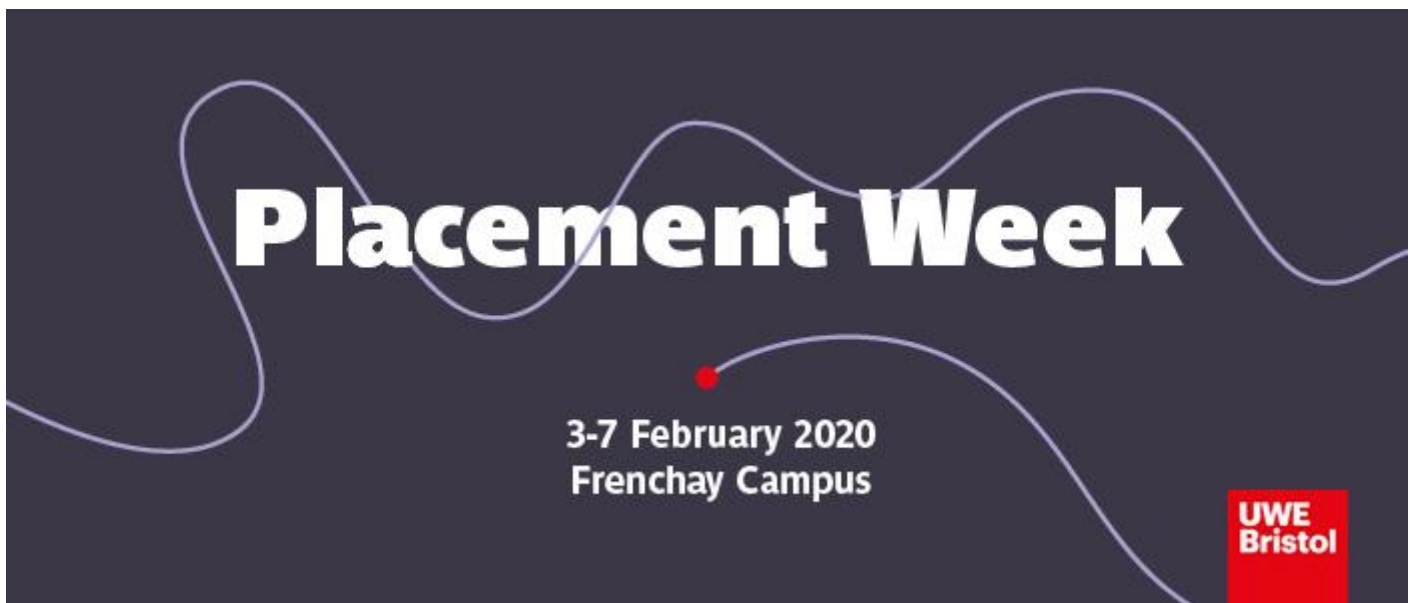
This year, the theme is 'Spend Healthy, Live Healthy: Sustainable Money' - so come along if you're looking to learn how to be a better spender, saver and consumer for the planet.



Love music? So do we!

Why not come along to one of our free taster sessions? From music lessons to vocal coaching, to music producing and DJing, our Centre for Music has something for everyone!

[Centre for Music taster sessions](#)



Thinking about doing a placement?

It's not too early to start planning if you're thinking about doing a placement as part of your studies.

Get ahead of the game and attend some of our Placement Week events at the beginning of February. Talk to our experts about how you can start getting experience and whether you're eligible.

[See all Placement Week events](#)

Your safety matters

Read our [student safety advice](#) so you know what to do in the event of an emergency, if you need first aid, if you see something unsafe or you need to report an accident on campus.

Our Security Team or on campus 24 hours a day, 365 days a year and are ready to help.

Speak Up

We want to create an inclusive campus where diversity is celebrated, antisocial attitudes and behaviours are challenged and any type of harassment, assault and discrimination aren't acceptable.

Use [Report and Support](#) to report incidents like bullying, harassment or discrimination.

UWE Bristol School of Volunteering is now open!

Would you like to volunteer with local school children this term? Learn new skills, connect with your community, and give something back to those who really need it in a choice of volunteer roles:

- Forest School Assistant
- Reading Buddy
- 1:1 Tutor in English or Maths
- Tutor in English as an Additional Language (EAL)

No experience is needed – UWE Volunteering will arrange specialist training, give you ongoing support, and of course match you with the best school or charity to match your interests and enable you to achieve your volunteering goals.

[Find out more](#)



[News](#)

[What's on](#)

THE LEADERSHIP RACE IS BACK!

Do you want to bring about positive change and represent the UWE Bristol community? Stand in the 2020 Leadership Race and become one of the new leaders of The Students' Union.

We have a range of the roles available, which you can do either around your studies or full-time. You can nominate yourself for election, or if you know someone who you think will work on the issues affecting students, let them know so they can nominate themselves.

So, if you think you or someone you know could be the person for the job, get nominating and get ready to make your mark!

[Make your nomination](#)

EVAN BOTWOOD

VP Societies and
Communication



JOEY ANTE

VP Community
and Welfare



REFRESHERS' FAIR

Did you miss out on signing up to sports clubs or societies in September? Come along to our Refreshers' Fair on **Tuesday 28 January** for a second chance to get involved with everything on offer!

Joining a sports club or society is a great way to make the most of your time here at University - so why not meet new people and learn a skill at the same time? The Fair will also have stalls from The Students' Union, you might be able to bag yourselves a few freebies! Whether you're a first year or doing your PHD, it's for everyone!

[Refreshers' Fair](#)

ZERO WASTE SHOP

We're delighted to confirm that we now have a zero-waste section in our Frenchay Campus Shop. This new initiative gives you a chance to shop in a more sustainable way and reduce your single-use plastic intake.

All you need to do is buy a reusable container, or bring your own! You can then fill up on items such as cereal, pasta, rice and snacks. All products are ethically sourced from Suma Wholefoods and might even save you a few pounds. To get involved other sustainability initiatives, check out our Green Team!

[Green Team](#)

Quick links

[myUWE](#)

[Academic advice](#)

[Study support](#)

[Term dates](#)

Get in touch

infopoint@uwe.ac.uk

+44 (0)117 32 85678

[More contact options](#)



UWE Bristol, Frenchay Campus, Coldharbour Lane, Bristol, BS16 1QY

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As a student you'll receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only send you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

Dynamic Content

International Students

Chinese New Year volunteering opportunities

On Saturday 1 and Sunday 2 February, Bristol Museum and Art Gallery will be hosting [Chinese New Year - Year of the Rat](#), and they're looking for volunteers to help at the event!

From manning stalls, assisting visitors and helping with crafts, there's plenty to get involved in. Can you sing, dance or play an instrument? Let the team know and they might be able to add you to the schedule for the weekend!

To find out more and register your interest, email the [museum volunteering team](#). Or, [book a £5 ticket](#) and attend as a guest!

Host UK

[Host UK](#) is a charity connecting international students and British families across the country. They can offer you the opportunity to stay with families for a day, a weekend or even longer!

Meet up, get to know new people and spend time together for cultural exchange.

EU Settlement Scheme

The UK is planning to leave the EU on or before **Friday 31 January 2020** and the UK's EU Settlement Scheme is open to all EU, EEA and Swiss citizens and family members living in the UK.

You can apply to the UK's EU Settlement Scheme at any point before **Thursday 31 December** if you have been living in the UK prior to the date that the UK leaves the EU.

[Find out more and how to apply](#)

Glenside students

Maths and statistics support

If you need help with a particular mathematical or statistical problem, then just pop along to a session at Glenside Library and chat with a friendly staff member who will be able to provide you with free, user-friendly advice.

We have sessions available every week from **12:00-14:00**. There's no need to book, just drop-in!

[February session dates](#)

Post-Grad

(IN)EXclusion Colloquium

Join us on **Wednesday 5 February** from **14:00-16:00**, **Bower Ashton Campus** for (IN)EXclusion Colloquium, an event giving you the opportunity to share your research with others and receive feedback.

There will be student presentations, feedback sessions and time for discussion over tea and cake!

[I'd like to take part](#)

All students

A celebration of BAME representation in education

Join us on **Wednesday 22 January** from **18:00-20:00**, **Bristol Business School**, for a keynote speaker event exploring diversity in education.

Aisha Thomas will share her journey and passion for 'why representation matters' in education, and Dr Jason Arday will share his personal journey into academia and research.

[Register to attend](#)