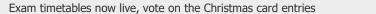
Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.





Autumn is blending into winter

The nights are drawing in and it's definitely getting colder - but it's not all bad! One of our BA (Hons) Creative and Professional Writing students reflects on the wildlife campus has to offer at this time of year.

The Christmas card shortlist is now live - cast your vote on your <u>favourite design on Facebook</u>.

Exam timetables are now live

If you're due to sit exams in January, your timetable is now live in myUWE. Check it and if something doesn't look right, get in touch with us.

You'll need to display your university ID card when sitting exams - if you've lost yours, why not order one now ready for January?

Blackboard Ally - alternative formats available

Alternative formats are now available instantly through Blackboard – if a resource isn't accessible to you, please raise it with your module leader.

Find out more

How do you view media reports about student mental health?

You're invited to take part in a research study looking at students' perceptions of media reports about student mental health.

The study forms part of the Vice Chancellor's programme to better understand and support student mental health across the University. We know that good mental health and wellbeing is crucial in enabling you to engage, perform and flourish in your studies and life - and that's why we've committed to making <u>mental wealth</u> a strategic priority.

The survey will take around 15 minutes to complete and needs to be done in one sitting. All information collected will be made anonymous and responses will not be identifiable.

Complete the survey

Use your feedback

Be sure to read through assessment feedback when working on your next assignment - you can see what you did well in and what you need to work on.

Assessment feedback

Academic Survival survey

We're looking to review and update the Academic Regulations in the coming years and would like to capture your feedback on our proposals.

Take the survey

It's hand-in time soon - go to print as soon as you can!

Remember to allow extra turnaround time for printing. The sooner you can submit your work to be printed and/or bound to Printworks, the better! The shop gets busy so don't get caught out.

More about Printworks

Have you been vaccinated against mumps?

There are cases of mumps in Bristol. Mumps is spread in the same way as colds and flu, so take precaution by washing your hands and covering your nose and mouth when you sneeze.

If you suspect you have mumps **call NHS 111** and stay away from others for at least five days after the swellings appear.

The most effective way to prevent the transmission of mumps is vaccination with the measles mumps rubella (MMR) vaccine. You are advised to check your MMR vaccination status. You need two doses to be protected but there are no risks to your health if you get an extra dose.

Contact your GP to check your vaccination status – if you're unsure, don't assume you've had them. You can get the vaccination at your local doctor's surgery or the <u>University Health</u> <u>Centre</u>.

Know the symptoms

Student Art Pass

Grab your <u>Student Art Pass</u> for the absolute bargain of a fiver!

The pass will enable you to enjoy a year of art and opportunities - you'll get free access to hundreds of museums across the UK and 50% off major exhibitions. Available until **Sunday 15 December**.

Upcoming events

Accommodation Fair - tomorrow

Tuesday 26 November, 12:00-15:00 Come and speak to accommodation providers and have your housing questions answered.

UK conservation in the next five years

Wednesday 27 November, 13:30-15:00 Hear Tony Juniper's priorities and ambitions for conservation in England and beyond.

ManKind

<u>Thursday 28 November, 13:00-16:00</u> Work out for an hour - then join in a workshop on mental health in sport.

Equity: panel discussion

<u>Thursday 5 December, 16:00-18:30</u> Panel discussion exploring the barriers to BAME communities accessing health care.

National Tree Week nature walk

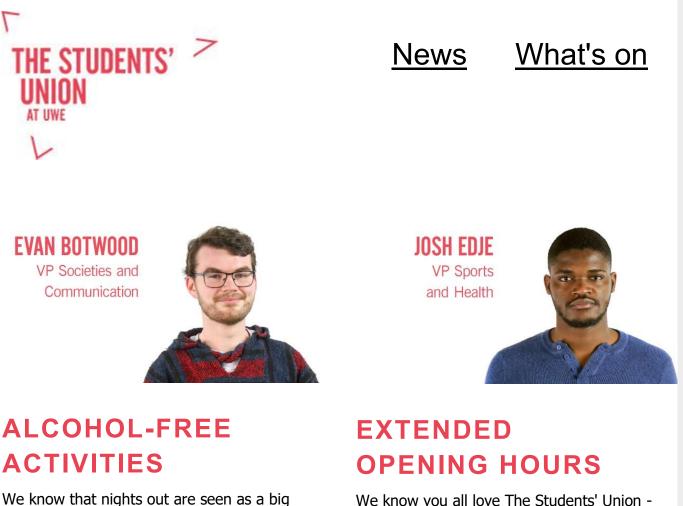
Christmas Concert

<u>Thursday 28 November, 12:00-14:00</u> Cake and a stroll with the Green Team happening at Frenchay, Glenside and Bower! Saturday 7 December, 19:30-21:00 A celebration of Christmas at the Cathedral. Tickets are free!

Advance notice: IT shutdown

The University's IT systems, including myUWE, will be out of action from Friday 13 December (16:30) until Monday 16 December (08:30) for <u>essential maintenance</u>.

Download and save anything you may need to access before then!



We know you all love The Students' Union table tennis, Netflix, computers, table football – let's face it, we've got a lot going for us, even if we say it ourselves! That's some of the reasons why we've extended our opening hours until 20:00 for the rest of the term.

From exploring the array of green spaces

part of the uni lifestyle, but when you live

in a city as diverse as Bristol, there are so

involve you nursing a hangover the next

many other things to do which won't

day!

to eating your way through the globe, Bristol has so much to offer.

Look no further than our extensive guide, which has over 20 fun alcohol-free activities!

Check our guide

We've also bagged a student printer that you can use with your credits.

So head on over, make the most of our extended opening hours and enjoy!

<u>Union 1</u>



Quick links myUWE Academic advice Study support Term dates Get in touch <u>Email: infopoint@uwe.ac.uk</u> Tel: +44 (0)117 32 85678 <u>More contact options</u>



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As a student you'll receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only <u>send</u> you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. <u>Contact us</u> if you have any questions.

Dynamic content

Glenside

Fancy a chat?

The University's Chaplain is on campus every Thursday to offer pastoral care to Glenside students. Julie is available to offer advice on spiritual, ethical or personal concerns and can advise on external organisations within the local community which could also be helpful.

Come and have a chat about whatever's on your mind, all in a confidential space.

No need to book - just drop into 1E04 between **14:00 - 17:00** on a Thursday.

Foundation courses

Want guidance from a student the next level up?

Want to learn from someone who's done and dusted level 0 (or maybe a couple more years) and knows the ropes? PAL is a great way to recap your learning and ask questions in a small group.

It's timetabled - you just have to show up!

More about PAL

EU / overseas

Have you tried a Global or Conversation café?

Each week the <u>Global Student Support Team</u> run either a <u>Global café or a Conversation café</u> - a great opportunity to meet new people from around the world in a relaxed and friendly setting, whilst practising and improving your language skills.