

Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Study support, #LetsTalkNow and more

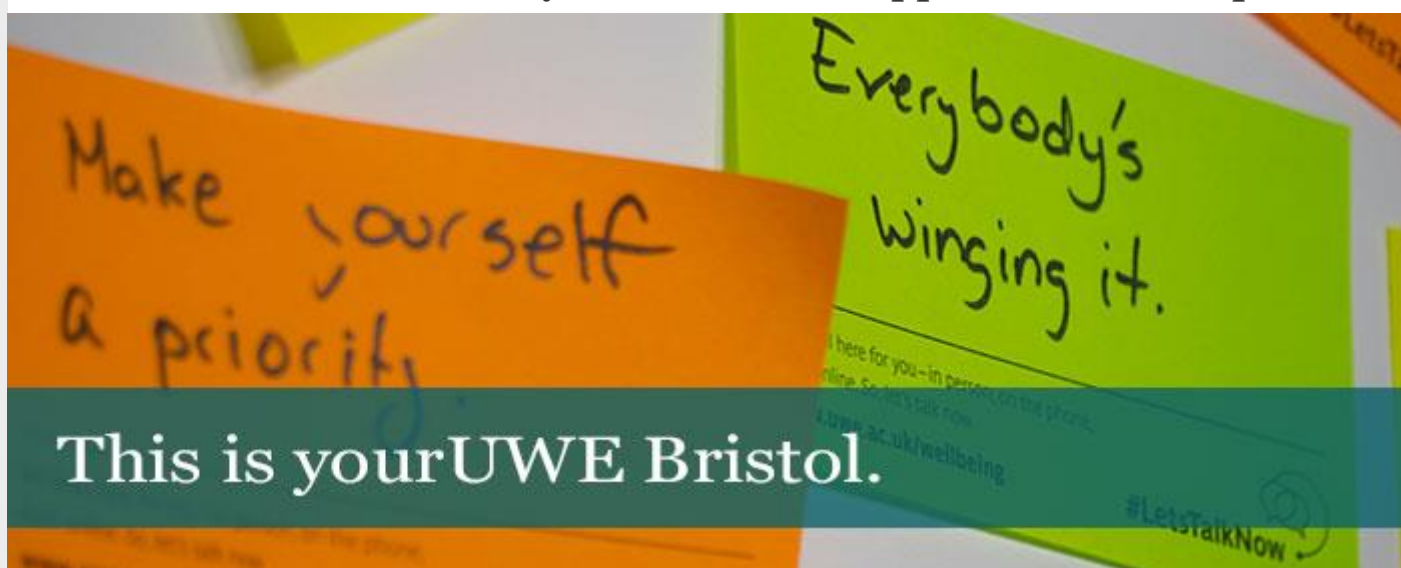
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[myUWE](#)

[Support](#)

[Infopoints](#)



It's that time of year again...

With not long to go before the first day of the exam season, this newsletter is full of useful information and support for those of you sitting an exam.

We know you're busy revising, but taking some time to get yourself prepared and to familiarise yourself with what's going to happen on the day will be one less thing to worry about. You really don't want to be running around looking for your student card or a pen on the morning of the exam!

We've also got plenty of other activities for you to get involved in between assessments, from participating in focus groups to enjoying a range of music at the Festival of Sound.

And before you go, don't forget to read about our Mental Wealth First strategy and listen to our student stories. It's all part of our commitment to putting mental health and wellbeing first for all our students and staff.

Exam information

Check our exam webpages for all you need to know about your exams - like what time to arrive, what to bring (and not to bring!) and what to expect on the day.

[Read our exam guidance](#)

Check your exam timetable

Your exam timetable is personalised to you. Don't rely on others to tell you when and where your exam is - even if they're on the same course. You might be in a different venue!

Double-check your timetable regularly in the lead up to your exam in case there are any changes.

[Check your exam timetable](#)

Remember your student card

You **MUST** display your student card on your desk at every exam. If you need a new one, order it online now and pick it up from an [Information Point](#).

[Order a replacement student card](#)

Support during the exam season

If you can't attend your exam

If you can't attend your exam due to difficult personal circumstances, please call an Information Point on 0117 32 85678 for advice. You may be able to use the [missed assessments process](#).

Support at the ECC

Drop-in to the Yssel room between 08:45 – 12:45 or 13:15 – 16:15 to speak to a [Student Support Adviser](#) if you miss an exam, fall ill in an exam or have any other questions.

Wellbeing support

It's normal to feel stressed about exams, but if you're finding things overwhelming, please talk to us. Come to a daily [wellbeing drop-in session](#) on Frenchay Campus, call us on 0117 32 86268 or [chat online](#) with a counsellor.

Coping with exam anxiety

Remember, if you're feeling nervous, you're not the only one! Watch our [short video](#) about one student's experience of coping with exam anxiety.

How to do better in written exams

We've put together a workbook with some of our top tips to do better in written exams. It includes what lecturers are looking for, revision strategies and what to do before and during the exam.

[Read the workbook](#)

Online study skills resources

It's not too late to master a study skill that you've been struggling with this year - try our online tutorials and videos.

[Use the online resources](#)

Study skills workshops at your campus

If you're looking for a bit of extra support, our Library team are still running study skills workshops at all campuses.

[Book your place at a workshop](#)

Gain experience for your CV

Now's the perfect time to start applying for work experience, a part-time job or a volunteering opportunity that will give you great experience for your CV.

Don't forget that our Careers team are here to help - you can attend a [drop-in session](#), book an appointment or explore the online [careers toolkit](#).

[Find an opportunity on InfoHub](#)

Help us shape the UWE Bristol Grand Challenge

Our Grand Challenge, launching this autumn, will give you the chance to work in teams to generate ideas to address and reduce homelessness in Bristol.

We want to hear your ideas so that we can build a challenge that works - so come along to one of our focus groups and have your say. Refreshments provided.

- Frenchay Campus: Friday 20 April, 10:00 - 12:00. [Sign up now](#).
- Bower Ashton Studios: Monday 23 April, 10:00 - 12:00. [Sign up now](#).
- Glenside Campus: Monday 23 April, 14:00 - 16:00. [Sign up now](#).

Nominate yourself or a friend for The Anchor Award

The Anchor Award is awarded annually to a UWE Bristol student who has made a significant impact to the lives of over 55s in the local community.

The winner receives a certificate of achievement and a £500 donation to the project they've provided voluntary service to.

[Nominate yourself or a friend by Monday 21 May](#)

Enjoy a day of live music at our Festival of Sound

Our Centre for Music will take over Colston Hall on Sunday 22 April for the Festival of Sound!

Pop in throughout the day to listen to free live performances, or join us for the main concert in the evening (£5 a ticket).

[Find out more about the Festival of Sound](#)

New Report and Support website - have your say

We're creating a new online reporting tool called Report and Support, where students and staff will be able to easily and safely report harassment, bullying, anti-social behaviour, hate crimes or any other incidents that they experience.

We want to make sure that Report and Support can be easily accessed by all. To make sure this is the case, we have considered the potential impact that the project could have on equality groups and listed the measures that we will take to ensure that everyone can use the website.

Please take a look at the consultation and let us know what you think by completing a few questions.

[Take part in the consultation](#)

Start-up scholarships

Looking to start your own business or social enterprise?

Apply for a Start-up Scholarship and you could be awarded £1000 plus tailored mentoring and support to help take your idea to the next level.

The scholarship is open to all students that will be based in (or near) Bristol over the summer. You'll need to spend a minimum of 14 hours a week working on your idea for eight weeks with flexible start and end dates to fit around your schedule.

[Apply by Monday 14 May \(login required\)](#)

Help us create a short animation about social norms

We're creating a short animation showing positive social norms around sexual harassment and consent.

We're looking for ten students to help us create the finished product by coming along to workshops with the animation production company. It'll be great experience for your CV, showing that you can work as part of a project team. You'll need to attend all three workshops:

- Wednesday 18 April: hear about our objectives and the synopsis of the animation, and let us know what you think.
- Wednesday 9 May: help us decide the look and feel of the animation, the running time, the storyboard and the script.
- Monday 11 June: view a rough-cut of the animation and let us know your thoughts.

[Sign up for the workshops](#)

In case you missed it...

We launched our Mental Wealth First strategy

We've pledged a commitment to make mental wealth - the health and wellbeing of our community - a strategic priority. This means that it will inform all of our strategies and operations, and play a core part in shaping the University's future.

Our Mental Wealth First strategy sets out how we'll support you with all areas of university life and looks at ways to make sure you have a positive experience.

We started by undertaking an audit of all of our current services and activities that are related to mental health and wellbeing. This revealed that we have more than 200 different activities already, including workshops, counselling support and drop-ins.

As part of our strategy we'll be looking at how we can build on these current activities and we'll

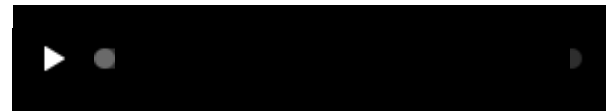
be exploring new ways to help you get the help you need, when you need it, in a way that suits you.

[Find out more](#)

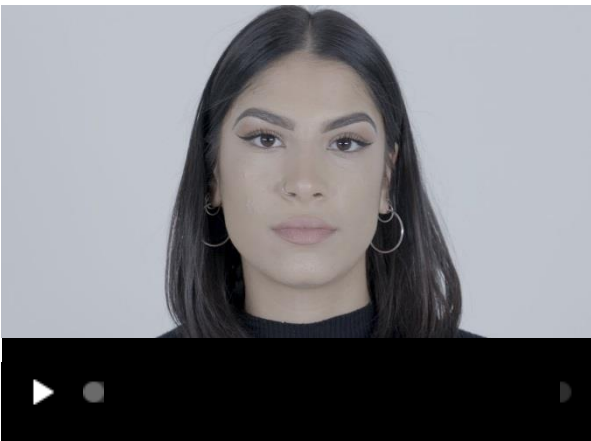


Students and staff come together to start a conversation about mental health.

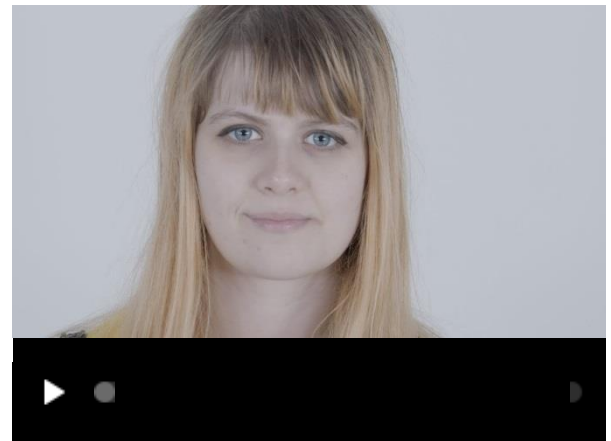
#LetsTalkNow



We asked students what they do to look after their mental health.



Raha, a second year psychology student, practises mindfulness and exercises to help ease her anxiety. Raha began experiencing panic attacks in her first year.



Third year illustration undergraduate Edie has a clear message for students dealing with mental illness: get the help that's right for you.

#LetsTalkNow

Have you seen the colourful post-it notes around campus? They're a simple reminder that we're all here for you - in person, on the phone, even online.

If you're feeling overwhelmed, stressed or you simply want to talk about anything that's on your mind, talk to us.

[Talk to us](#)



[News](#)

[What's on](#)

WELFARE AWARDS

Tomorrow will see The Students' Union host their first ever Welfare Awards! We'll be celebrating the amazing work that has been carried out by students and staff throughout the evening's ceremony.

From Volunteer of the Year to a Dedication Award, all nominations have now been received. Come along and support the nominees in The Students' Union (Frenchay Campus) tomorrow from 17:00. Tickets are free and include food and a mocktail, so sign up now.

[Sign up to say you're coming](#)

JAMIE JORDON

VP Education



ERIN MILLS

VP Sports and Health



TAKE PART IN OUR PLASTIC DETOX

Help us in our Plastic Detox between 11 - 22 April as we try and reduce the amount of single-use plastic we use here at UWE Bristol. From saying no to a plastic bag or buying a reusable water bottle (available from The Students' Union Shop) every little helps to protect our planet from plastic pollution.

Get involved and post on social media with #PlasticDetox to let us know what you're doing to help, or come along to one of the events hosted by the Green Team. From litter picks to crafternoons and a Lock In takeover – we've got loads going on.

[Check out the programme](#)

TAKE A BREAK WITH THE BIG COLOUR RUN

Preparing for the assessment period can be a stressful time, it's important to take a break from revision and assignments and take some time to look after yourself.

The Big Colour Run this weekend is the perfect way to clear your head! Gather your friends and join us for a fun day out at Coombe Dingle this Sunday 22 April. You can walk, jog, run or skip, it doesn't matter – just get involved and let's get rid of exam stress!

Sound like fun? Then what are you waiting for?

[Sign up now](#)

Quick links

- » [myUWE](#)
- » [Academic advice](#)
- » [Study support](#)
- » [Term dates](#)

Contact us

Information Points

Email: infopoint@uwe.ac.uk

Tel: +44 (0)117 32 85678

[More contact options](#)

Registered address | University of the West of England, Frenchay Campus,
Coldharbour Lane, Bristol BS16 1QY

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As a student, you will receive emails from the Student Communications Team.
We promise not to overwhelm you and we'll only send you things that are relevant.
You'll get a regular newsletter and some targeted communications.
If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

Dynamic content

Frenchay Campus

Find a study space or book a computer

Library too busy? There are lots of other study spaces and computer labs across campus, including rooms and computers that you can book in advance.

[Find a space or book a computer](#)

Level 1/2 Home

Complete an internship this summer

Gain valuable work experience this summer with one of our Undergraduate Internships.

As well as getting a chance to build your skills and confidence, you'll earn at least £300 a week. We're advertising a range of internships on InfoHub, or you can find your own.

[Check your eligibility and find out more](#)

Supporting your graduate job search

Whether you know what you want to do after you graduate or you're looking to improve your CV with a short-term role, check InfoHub for the latest graduate job and work experience opportunities.

And don't forget that our Careers team are here to help – you can attend a [drop-in session](#), book an appointment or explore the online [careers toolkit](#).

[Find an opportunity on InfoHub](#)

Final years - things to do before you leave

Register for graduation

If you're eligible to graduate in July, you should have received your invitation to your UWE Bristol email account last Monday.

Your invite will contain a link where you can [register for your ceremony](#) and buy your guest tickets. The earlier you book, the closer your guests will be to the front of the Cathedral!

Update your details for your certificate

Your award certificate and certificate of credit will be sent to your **home** address (not your term-time address) once you receive your results. Please make sure it's up to date on [myUWE](#) - if it's wrong, update it as soon as you can.

While you're there, please check your mobile number and personal email address too.

Follow our final year checklist

It's not easy to keep track of everything you need to do, especially in the middle of the revision season!

We've put together a [handy checklist](#) of everything you need to do as final year student to make your last few months with us as easy as possible.

Download your documents

You'll [lose access to university IT systems](#) 42 days after your course finishes - this includes myUWE, Blackboard, your H Drive and OneDrive. Your UWE Bristol email account will remain active for one year, but you'll need to log in directly through Office 365.

Set a reminder to download anything you may want once you've received your final results.



SURVEYS

Complete the Postgraduate Taught Experience Survey

The Postgraduate Taught Experience Survey is your opportunity to tell us about your course and share your experiences. Have your say and shape the future of your course and UWE Bristol.

[Take the Postgraduate Taught Experience Survey](#)

ACE

Start-up scholarships

Looking to start your own business or social enterprise? Or interested in freelancing?

Apply for a Start-up Scholarship and you could be awarded £1000 plus tailored mentoring and support to help take your idea to the next level.

The scholarship is open to all students that will be based in (or near) Bristol over the summer. You'll need to spend a minimum of 14 hours a week working on your idea for eight weeks with flexible start and end dates to fit around your schedule.

[Apply by Monday 14 May \(login required\)](#)

Arts, Creative Industries and Education Impact and Innovation Scholarships

Would you like to engage the public in your work or a topic that you're passionate about?

The Impact and Innovation Scholarship is a chance for you to make your mark this summer. We've teamed up with The Galleries Shopping Centre to bring you a fantastic opportunity to get your message out to the public. Ideas could include:

- Installation artwork
- An art, cultural or media exhibition around a particular theme
- An interactive educational experience for the general public
- A dramatic performance or film showcase
- Research into the public's views on a particular issue

As well as use of the Galleries space, you'll receive £1000 plus tailored mentoring and support to help bring your ideas to life.

[Apply by Monday 14 May \(login required\)](#)

Faculty of Environment and Technology Impact and Innovation Scholarship

Got a new technology, app or product you'd like to test with the public? Have you got an idea or issue you'd like to educate others about?

The Impact and Innovation Scholarship is a chance for you to make your mark this summer. We've teamed up with The Galleries Shopping Centre to bring you a fantastic opportunity to get your message out to the public. Ideas could include:

- Testing new technology with the public and gaining feedback on the design and usability
- Educating the public on a the use of new technology or a scientific issue
- A collaboration with a student in another faculty, for example exploring how technology can help solve health or social issues
- Research into the public's views on a particular issue related to your field

As well as use of the Galleries space, you'll receive £1000 plus tailored mentoring and support to help bring your ideas to life.

[Apply by Monday 14 May \(login required\)](#)

HAS

Health and Applied Sciences Impact and Innovation Scholarships

Would you like the opportunity to engage the public in a health, social or scientific issue?

The Impact and Innovation Scholarship is a chance for you to make your mark this summer. We've teamed up with The Galleries Shopping Centre to bring you a fantastic opportunity to get your message out to the public. Ideas could include:

- Engaging the public in a debate/discussion around a health or social issue
- Educating the public on a scientific issue e.g. an area of research that you're passionate about
- A collaboration with a student in another faculty, for example a health or social issue communicated through a visually appealing experience/exhibition with an arts student
- Research into the public's views on a particular issue
- Promotion of a health/environmental issue aimed at changing behaviour and/or raising awareness of the issue with the public

As well as use of the Galleries space, you'll receive £1000 plus tailored mentoring and support to help bring your ideas to life.

[Apply by Monday 14 May \(login required\)](#)

FBL

Faculty of Business and Law Impact and Innovation Scholarship

Would you like to engage the public in your research or a topic that you're passionate about?

The Impact and Innovation Scholarship is a chance for you to make your mark this summer. We've teamed up with The Galleries Shopping Centre to bring you a fantastic opportunity to get your message out to the public. Ideas could include:

- Raising awareness of a charitable cause or social issue
- Testing the concept of a social enterprise by gaining feedback from the public
- A collaboration with a student in another faculty, for example working with a Social Sciences student to explore a social issue around business

- Research into the public's views on a particular issue

As well as use of the Galleries space, you'll receive £1000 plus tailored mentoring and support to help bring your ideas to life.

[Apply by Monday 14 May \(login required\)](#)



How are *you* using Bristol Business School? Share your view for the chance to win a cash prize

We want your feedback on the new Bristol Business School and Bristol Law School building.

It's all part of a 12 month research project called [myUWEBBSview](#), which explores personal, emotional and sensory user experiences of the building through social media and photography.

Show us *your* view by posting a photo to Instagram with the hashtag #myUWEBBSview and in the caption tell us how you are using the building, what it means to you, or why you took the picture.

Cash prizes are available for the three most thoughtful and interesting contributions - £50 for first place, £40 for second place and £30 for third place. To be in with a chance of winning, post your view by 17:00 on Friday 25 May. Winners will be notified via their Instagram account.