

**Please note:** This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Wellbeing support, JobShop, phishing warning

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myUWE

Support

Infopoints



This is yourUWE Bristol.

## Spring is on its way...

We've hope you've been able to get involved in [Feel Good February](#) - and if not, there's still time as there's just under a couple of weeks of activities left!

And it's Student Volunteering Week this week - check out [what opportunities are available](#) either as a one-off or an ongoing project.

Some of you will receive results next week - you can check which day results will be released on myUWE on our [results publication dates webpage](#). If you have any questions or concerns about your results, call an [Information Point](#) for help and advice.

Beware of phishing scams

There's currently a phishing campaign targeting students, appearing to offer part-time work and asking you to transfer money into other accounts. This is money laundering.

Be cautious of any emails, texts or calls that ask for personal information, even if they seem genuine. Scams are common, especially around the time you receive your loan.

What to look for and how to respond



## How may I help you?

Our [Information Point](#) staff are on hand, Monday to Friday, on all campuses, to answer any burning questions you have about university life. They've clocked up some stats on how many queries they've answer over the past year.

See the stats

## Specialist software

You can find out which computers have specialist software and builds online. You can also pre-book computers if you know you're coming on to campus to study and want to guarantee that your computer has the software you need.

Check what's available

## Want to get a grip on your finances?

Struggling to budget? Or haven't got round to really thinking about how best to spend your money? We run a series of three workshops to help you develop and improve your financial skills, knowledge and confidence. It's called the [Financial Capability Module](#) - but there's no assessments!

And if you don't have time for the workshops, check out our handy hints on [how to make the most of your money](#).

## Pitch your project for Africa Week

If you have a project or initiative with an African focus, we're inviting you to pitch and share it at the Africa Week educational forum in the form of a three minute presentation (so, one or two PowerPoint slides!). If you're interested, register your interest by Monday 5 March. Africa Week will be taking place from Monday 12 - Friday 16 March.

I'm interested

## Think you might have a Specific Learning Difficulty?

According to [NHS figures](#), it's estimated that up to one in every ten people in the UK has a Specific Learning Difficulty (SpLD), with dyslexia being the most common and best understood. We offer free screenings for SpLDs, which take up to an hour, and can arrange full diagnostic assessments.

Find out more

## It's OK not to be OK

If you're struggling and need to speak to someone, give our Wellbeing team a call on 0117 32 86268. They're super-friendly and ready to talk.

Or if you'd rather not speak on the phone, you can chat with someone online. [Kooth Student](#) provides free, safe and anonymous online counselling during evenings and weekends. You just need to register with your student email account.



Chat online to  
qualified  
counsellors



Read articles  
written by other  
students



Get online support  
from the Kooth  
community



Set personal goals  
and record how  
you feel

## Foreign and Commonwealth Office on campus

Interested in a career at the centre of world events, with travel and variety? If so, you'll want to pop along to the Foreign and Commonwealth Office university roadshow.

This Wednesday, 21 February from 13:00 in 2B025, Frenchay Campus.

Find out more

## In case you missed it...

### Do you have an idea for a new volunteering project?

Grants of up to £3,000 are available to help you [set up new volunteering projects](#) in the local community. It's a great opportunity to make a difference and enhance your CV.

Apply by next Wednesday, 28 February

**LOVE TO RIDE UNICYCLE**  
THE GENIUS OF TWO WHEELS



Starting on 1 March, eight universities will compete to see which can get the most students and staff to try riding a bike. There are prizes up for grabs including city breaks, bikes and vouchers.

[Sign up to the challenge](#)



[News](#)

[What's on](#)

## SPORT CONFERENCE ON CAMPUS

We're delighted that UWE Bristol has been chosen to host this year's BUCS (British Universities & Colleges Sport) Conference. Over 160 member institutions will come together in the Exhibition and Conference Centre, with all attendees having access to activities within The Students' Union and the Centre for Sport. It's going to be a fantastic opportunity to show off our facilities - and you!

[Find out more](#)

**JAMIE JORDON**  
VP Education



**BAHKAI WYNTER**  
VP Societies and  
Communications



## HELP FINDING A JOB

Our JobShop provides advice on applying for jobs and advertises a range of roles, both on campus and around Bristol. Pop in and speak to the team or keep up-to-date by following them on [Facebook](#).

[More about JobShop](#)

## LGBT+ HISTORY MONTH

We've hosting an Intersectionality Workshop at Hamilton House, Stokes Croft and the LGBT+ Society and SceneIT cinema are screening 'Call Me by Your Name' for Bisexual Visibility Day.

[List of events](#)

### Quick links

- » [myUWE](#)
- » [Academic advice](#)
- » [Study support](#)
- » [Term dates](#)

### Contact us

Information Points

Email: [infopoint@uwe.ac.uk](mailto:infopoint@uwe.ac.uk)

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[More contact options](#)

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As a student, you will receive emails from the Student Communications Team.  
We promise not to overwhelm you and we'll only send you things that are relevant.

You'll get a regular newsletter and some targeted communications.  
If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

## Help make Bristol a great place to live

We can all do our bit - our simple steps for community living are a good place to start. You can find information about all this and more on [lovewhereyoulivebristol.co.uk](http://lovewhereyoulivebristol.co.uk).

### **Get to know your neighbours**

Having a good relationship with them will make residential life much more enjoyable. And it won't be awkward when you have to go and collect a missed delivery!

### **Be part of your community**

Help make your area a great place to live by joining in with community events or volunteering. Even just picking up litter that you see on your walk home goes a long way.

### **Know your rights and responsibilities**

As a tenant you have a number of rights and responsibilities – helpful to know if there are any issues with your accommodation. The Students' Union Advice Centre can help if you need support.

### **Stay safe**

Remember the basics – look after each other, test your fire alarms and keep the doors locked. 1 in 5 burglars walk straight through an open door.

### **Keep the noise down**

Everyone's entitled to a good night's sleep – so think of your neighbours when you're coming home from a night out or playing loud music. Not everyone's a student!

### **Know your bins!**

You'll have lots of different containers for your rubbish and recycling. Make sure you put them out at the right time, bring them in so they're not blocking the pavement and recycle as much as you can.

## Feel Good February at Alexandra Warehouse

We're feeling good this month! Check out some of the activities taking place.

### **Mindfulness Colouring**

[Alexandra Warehouse Library, 07:00-17:00](#)

Take time out to chill and de-stress through the simplicity of colouring.

### **Yoga**

[Various locations - Tuesdays, 12:00-13:00](#)

Relax and unwind with this low-impact physical exercise.

### **Happiness Tree**

[Level 3, Alexandra Warehouse](#)

Add your thoughts and photos to promote positive mental health.

# Don't forget, we've got extended opening hours in the library for a trial period

You asked us to keep the library open longer so we've extended the opening hours to 20:00 each Wednesday until the Easter break for a trial period. If you need to gain access after 18:00 call us on 0117 32 85612 (as your Gloucester College cards won't work after 18:00).

## Frenchay campus

### Making parking on campus easier

We've experienced high demand in campus car parks since the Christmas break. Tuesdays and Thursdays are the busiest days with most spaces being snapped up by 10:00. To help support those with valid permits, we're making some changes over the next few weeks:

- Providing additional stewards at entrances to turn away drivers without valid permits.
- Directing drivers to other campus car parks when the main car parks are close to full.
- Issuing penalty notices to those without a valid permit or not parked in a valid bay.

If you'd like to leave your car at home and investigate other travel options, take a look at our [travel pages](#).

## International students

### Global students' events

#### **Lunar New Year Celebration**

Wednesday 21 February, 19:00 for 19:30  
Cathay Rendezvous, 30 King St, BS1 4DZ

#### **Bristol Street Art Experience**

Friday 23 March, 14:30  
City centre tour and 'spray your own stencil'

### Sleep and international students

Did you travel back to your home country during the last (December/January) holiday period?

If so, one of our final year international students would be interested to hear your experience of sleeping, your sleep habits and any sleep related problems you've experienced. She's created a survey that will take no longer than thirty minutes to complete.

[Complete the survey](#)

## Social Sciences Careers Fair

Drop in to meet potential future employers if you're studying any social sciences subjects including Philosophy, Politics and International Relations, Criminology, Sociology, Public and Environmental Health.

It's taking place this Wednesday, 21 February (13:00-15:00) in 1L1, Frenchay Campus.

[Find out who will be there](#)

### Level 3



The National Student Survey is your opportunity to tell us about your course and share your experiences at UWE Bristol.

[Complete the National Student Survey](#)

### Level 3

## Postgraduate drop-in events this week

Grab some lunch and have a chat with a careers adviser to see how further study could benefit you and your career.

Tuesday 20 February 11:00-14:00, Ezone (2D11) opposite Onezone, Frenchay Campus

Tuesday 20 February, 12:30-14:00, Traders, A Block, Bower Ashton Campus;

Thursday 22 February 11:00-14:00, Ezone (2D11) opposite Onezone, Frenchay Campus

We offer a tuition fee discount of 50% on selected postgraduate courses through our [Vice-Chancellor's 2020 Scholarship scheme](#). Check which courses are available and eligibility criteria online.

[Find out more about postgraduate study](#)

Law

## The Bar: independent advocacy operating in the Public Interest

Andrew Langdon QC, Chairman of Bar Council, will be on campus to give an overview of the origins of the Bar, where he will cover the development of the 'split profession' and provide an assessment of the current state of the Bar.

Wednesday 28 February, 18:00 onwards, Bristol Business School, Frenchay.

[Book your place](#)