

**Please note:** This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Exam advice, study skills, module changes and more

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[Support](#)

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Frosty hedgerows and Quantock Court



This is your UWE Bristol.

## Happy New Year!

2018 is finally here and we're excited to see what the new year will bring! There'll be plenty of opportunities for you to get involved in as part of your course or alongside your studies. Maybe you'll start a placement or head off to study abroad. Maybe you'll join a new society or start your own business. Or maybe you'll get top marks on that essay you worked so hard on. Whatever you want to achieve this year, we'll support you to make it happen.

There'll be some challenges too - for some of you the first challenge of the year will be your January exams, and we hope they go smoothly. If you do have a question or a problem contact an [Information Point](#) sooner rather than later - don't wait until the day of your exam! We'll be wishing you the best of luck.

# Are you ready for your exams?

## **Read our exam essentials guide**

Everything you need to know about your exams is in our [exam essentials guide](#) - like what to bring, what not to bring and what to do with your phone.

## **Check your exam timetable**

Take a moment to double-check your exam timetable on [myUWE](#). It's personalised to you – so don't rely on others, even if you are on the same course. They might be in a different room!

## **Remember your student card**

You must display your student card on your table at every exam. If you need a new one, [order it online](#) and collect from an Information Point.

## **Give yourself plenty of time**

Bristol traffic is notorious – so make sure you allow plenty of time to get here. Arriving early means you'll be able to find your seat, listen to announcements and adjust to your surroundings.

## Support during the exam season

### **If you can't attend your exam**

If you can't attend your exam due to personal circumstances, please call an Information Point on 0117 32 85678 for advice. You may be able to use the [missed assessments process](#).

### **Support at the ECC**

Drop-in to the Yssel room between 08:45 - 12:45 and 13:15 – 16:15 to speak to a [Student Support Adviser](#) if you miss an exam, fall ill in an exam or have any other questions about your assessments.

### **Coping with exam anxiety**

Remember, if you're feeling nervous, you're not the only one. Watch our [short video](#) about one student's experience of coping with exam anxiety.

### **Wellbeing support**

It's normal to feel stressed about exams, but if you're finding things overwhelming, ask for help. Come to a [daily wellbeing drop-in session](#) on Frenchay Campus, call us for a telephone drop-in or [chat online](#) with a counsellor.

## Online study skills support and resources

Don't forget that you have access to a huge range of online tutorials and resources that can help you succeed with

## Study skills workshops at your campus

If you're looking for a bit of extra support, come along to a study skills workshop.

your studies.

There are tips on how to make better notes, how to improve your essay writing and how to reference correctly, as well as handy tools that will help you manage your time and plan assignments.

See the range of online resources

Available on all campuses, our Library team will talk you through topics such as how to write critically, how to plan and structure your writing and how to avoid plagiarism. You'll leave feeling ready to tackle your next piece of work!

Book your place at a workshop

## Improve your confidence

We run emotional resilience workshops to help you develop the confidence you need to succeed. You'll learn skills that will help you manage any challenges that come your way.

Workshops take place at Frenchay, Bower Ashton and Glenside this term. Choose from sessions run by your fellow students or sessions run by local charity Off the Record.

Book your place now

## Want to change modules?

You can request to change optional modules from 12:00 today until 16:00 on Sunday 4 February. You can't change compulsory modules.

If you need advice on your module choices, book an appointment with a [Student Support Adviser](#).

Request to change modules

## Access to previous modules on Blackboard

We've listened to your feedback, and from tomorrow (Tuesday 9 January) you'll have access to all the modules you've previously taken alongside ones you're currently taking.

## Are you getting the support you're entitled to?

Entitled to specialist study skills support funded by Disabled Students' Allowances? Haven't booked a session yet?

Why not give it a try? Through one-to-one sessions, our Study Skills Tutors can help you to manage your time effectively, read more efficiently, use assistive technology, prepare for exams and presentations and more.

Contact us to book a session on 0117 32 83589 or pop into 2P39 on Frenchay Campus.

[Find out more about specialist study skills tuition](#)



## Six month membership at the Centre for Sport

Kick-start the new year at the Centre for Sport with a six month membership offer.

Available until Sunday 11 February, you can choose what suits you - from a full active card membership (£125), gym only (£105) or gym only off-peak (£72.90).

[Find out more](#)

## Can't find what you need in the Library?

If we don't have the book or journal that you need, we'll do our best to get it for you from the British Library or another source.

Request an inter-library loan

## Are you a budding entrepreneur?

We'll support you to prove your business concepts through our eight-week Entrepreneur Support Programme. You'll have access to one-to-one support and incubation space on Frenchay Campus where you can build your business ideas.

Apply by Friday 19 January

## Make 2018 the year you get a grip on your finances

Let's face it, January can be a tough month for many reasons - and it's not helped by money worries! If your Christmas spending got out of control and you're dreading checking your bank balance, we've got a bunch of tips to help you manage your money better this year.

Read how to get a grip on your finances

## And finally, a few reminders

### **How to find out if campus is closed**

We try to keep our campuses open in all conditions, but sometimes it's necessary to close them. We'll let you know if we're closed via an announcement on [our homepage](#) and the local radio - so if you wake up and see a lot of snow, check there first before travelling!

## Last chance to complete our travel survey

Tell us about your journey to campus by Saturday 20 January to be in with a chance of winning £50 cash.

[Complete the survey](#)

## Submit your abstract for the Student Conference

Undergraduate or postgraduate students from any course or year can get involved. Could you win the prize for best presentation or best poster?

[Submit a 300 word abstract by Friday 26 January](#)



[News](#)

[What's on](#)

## DO YOU WANT TO MAKE A DIFFERENCE AT UWE BRISTOL?

It's coming up to that time again! Each year you decide who leads The Students' Union. As a leader, you'll have the chance to influence life at UWE Bristol, campaign on the issues that matter and represent our students. It's a once in a lifetime experience, so what are you waiting for?

[Stand in the Leadership Race](#)

**BAHKAI WYNTER**

VP Societies and  
Communications



**SIÂN HAMPSON**

VP Community  
and Welfare



## NEED ACCOMMODATION FOR NEXT YEAR?

If you still need to find accommodation for next year, don't panic. Come along to our [Accommodation Fair](#) on Thursday 25 January from 12:00 – 15:00 in The Students' Union at Frenchay.

We'll have accommodation providers, utility companies and experts on hand ready and willing to answer all your housing queries, from contracts to tenants' rights, affordable housing and more. We've also put together some tips on what to remember before signing a contract.

[Read our tips](#)

## COPING WITH THE EXAM SEASON

Exam periods can be a stressful time for even the hardest working student. If you're experiencing personal difficulties and need our support or guidance, please contact our [Advice Centre](#) for help.

And remember - #UWESaysRelax! It's important to look after yourself and take regular breaks this assessment season.

We've pulled together some ideas on what you can do to relax, as well as some tips to get you through the exam itself.

[Read our tips](#)

### Quick links

- » [myUWE](#)
- » [Academic advice](#)
- » [Study support](#)
- » [Term dates](#)

### Contact us

Information Points

Email: [infopoint@uwe.ac.uk](mailto:infopoint@uwe.ac.uk)

Tel: +44 (0)117 32 85678

[More contact options](#)

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As a student, you will receive emails from the Student Communications Team.  
We promise not to overwhelm you and we'll only send you things that are relevant.  
You'll get a regular newsletter and some targeted communications.  
If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

## Dynamic content

### City Campus

## Car parking at Bower Ashton

The south car park has been out of bounds since September – please do not park there. Parking there is a major risk, as the contractors are bringing in large equipment.

Check our car parking guidance for details of where you can park, and please consider alternative travel options.

- Walking - the Ashton Avenue swing bridge has re-opened.
- Cycling - a brand new 120 capacity secure cycle park is available by the Kennel Lodge Road entrance.
- Bus - First Bus 71 runs every 15 minutes at peak times.
- Car sharing - register at [uwe.joinmyjourney.org](http://uwe.joinmyjourney.org) to find a car share.

If you would like support with your travel options or to book a 10 minute personal travel planning session, contact [travel.plan@uwe.ac.uk](mailto:travel.plan@uwe.ac.uk).

## Science programmes

## Science Futures Fair

Looking for career inspiration? Come along to our Science Futures Fair on **Wednesday 24 January** to discover the range of career paths open to you, as well as postgraduate study options.

You'll get to meet science companies, recruiters and volunteering agencies, and hear from some of our recent Alumni about what they've gone on to do after they completed their studies.

Find out more about the Fair



## **Selected courses/levels**

### **Apply to study abroad**

If you're tempted by studying abroad next year, get your applications in by Wednesday 31 January. Financial support is available, and you'll get a significant fee reduction too.

[See where you could go](#)

## **Gloucester**

# **YOGA AT ALEXANDRA WAREHOUSE**

Yoga sessions are starting again at Alexandra Warehouse! Come along on Tuesdays between 12:00 - 13:00. The first class of the term will be on Tuesday 16 January in AW205.