

**Please note:** This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Assessment support, study skills, Unicycle and more

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myUWE

Support

Infopoints



The clocks have gone back, so that must mean it's truly autumn. But it's not all bad news - because our campuses look stunning this time of year! So get out your phones and snap away. We're always looking to regram your photos - just use #uwebristolife.

Judging by the length of this edition, it's a busy time for everybody - not only do you have coursework deadlines coming up, but it's also Halloween and Bonfire Night. If you do get a little down time, though, maybe enter our Christmas card competition. And if you're looking to escape the long winter nights next year, pop along to the Go Global Fair and see where you could go.

## If you have a problem with an assessment

Take a look at the [support processes](#) that could help you if you have a problem with an assessment.

If you're not sure which option is right for you, contact our [Information Point team](#) for advice before applying. Remember, the earlier we know about a problem the sooner we can help.

## Borrow library items for 365 days

You can now borrow library items for 365 days, with unlimited renewals – unless it's recalled by another student. If it's recalled, you have seven days to return it.

Find out more about borrowing from the Library

## Improve your study skills

### Referencing

You'll find guides on different [referencing](#) styles on the Library website, as well as advice on how to avoid plagiarism.

### Software, design and business skills

[Lynda.com](#) has thousands of free training videos to help you improve your business, marketing, software and design skills.

### English grammar online resources

If you struggle with English language or grammar we have a number of [online resources](#) that may help.

### Mindview mind mapping software

Organise ideas in a visual way with [Mindview](#) (available on university computers). Come to a [workshop](#) to find out how to use it.

See all study skills support

## Your online reading lists

We've introduced a new online reading list tool, which will help you to access your recommended reading quickly and easily. Some of your modules may already use the new system – others will follow soon.

Watch this [short video](#) to find out how to make the most of it.

# Recognising the signs and symptoms of meningitis

Early symptoms of meningitis are similar to a hangover, and can include a fever, headaches, muscle pain and vomiting.

The MenACWY vaccination can protect you against four different causes of meningitis and septicaemia. It's free for all first-time university students up to 25 years old (including international students). If you haven't had it, ask your GP.

[Find out more about vaccination and symptoms](#)

## Academic Survival Guide

Our Academic Survival Guide answers some of the most frequently asked questions about the academic regulations and procedures. It covers credits, deadlines, assessments, modules and other key aspects of your course.

[Read the guide](#)

## Improve your confidence

Our emotional resilience workshops are led by students to help you develop the confidence you need to succeed. You'll learn 7 key skills of emotional resilience and be ready to tackle any challenges that come your way.

This term we have workshops on Wednesday 15 November and Wednesday 6 December.

[Book your place \(login required\)](#)

## Last chance to nominate yourself for an award

Time is running out to nominate yourself for a Celebrating UWE Bristol Talent Award – you have until the end of **tomorrow** (Tuesday 31 October).

Don't miss this opportunity to shout about your achievements – if you win you'll receive a cash prize and have something great to put on your CV.

[Nominate yourself now](#)

## Want to start a new community project?

Grants of up to £3,000 are available to help you set up a new volunteering project in the local community. Apply by **Monday 6 November**.

[Apply for a grant](#)



## Go Global Fair

Make this the year that you Go Global by working, studying or volunteering abroad!

Come along to our Go Global Fair on **Tuesday 14 November** to discover the opportunities available, find out about funding and be inspired by other students who have gone global.

[Find out more about the Fair](#)

## Win a prize - just by cycling to uni



Cycling's great – it's cheap, quick and you don't have to worry about finding a car parking space.

To encourage you to give it a go, we've partnered with Unicycle. Join our University team, log your rides and you'll automatically be entered into monthly prize draws.

Haven't got a bike? Borrow one for two weeks from our Centre for Sport or try a [YoBike](#). We've [mapped out the best routes](#).

Join Unicycle now

## Mindfulness course

We run an eight-week course where you can learn how to practice mindfulness meditation to manage stress. Come along to a free orientation session in December or January to see whether it's right for you.

Find out more about the course

## Design our Christmas card!

Feeling creative? Enter our Christmas card competition and your design will be sent to our supporters across the world, as well as being used on our website and social media channels.

The winner will receive a £250 prize and the four runners-up will win £50 each.

You have until 23:00 on **Wednesday 8 November** to submit your entry.

Read the competition guidelines

## Upcoming talks

### **Otegha Uwagba: knowing your worth**

Otegha Uwagba is the founder of Women Who, a platform that connects and supports creative working women. She'll discuss how to advocate yourself in the workplace. Part of the [UWE Bristol Equity](#) series.

Wednesday 1 November - [book your place](#).

### **Fraser Corsan: fastest in the world**

Fraser Corsan is a record breaking wingsuit pilot – and he's also a UWE Bristol graduate! He's coming to Frenchay Campus to talk about his career and his world records.

Tuesday 7 November - [book your place](#).

### **Tony Hayward: the great energy revolution - fact or fiction?**

Tony Hayward, Chairman of Glencore, will discuss the challenges and opportunities that come with the transition away from fossil fuels to renewable forms of energy.

Wednesday 8 November - [book your place](#).



News

What's on



# #IAMBRISTOL

A City United  
Against  
Islamophobia

[thestudentsunion.co.uk/iambristol](http://thestudentsunion.co.uk/iambristol)

Supported by:



## ISLAMOPHOBIA AWARENESS MONTH



November will see the launch of #IAMBRISTOL, a city wide campaign to raise awareness of Islamophobia across Bristol.

Launched by The Students' Union, the campaign is the biggest student-led Islamophobia Awareness campaign in Bristol and in the UK. It's a collaborative project with Bristol SU, MEND and many more partners.

We'll be hosting a programme of events across Bristol throughout the month, starting with our 'Ask a Muslim' open panel on Monday 6 November at Frenchay Campus, Room 2B025.

[Find out more](#)

**BAHKAI WYNTER**

VP Societies and  
Communications



**SIÂN HAMPSON**

VP Community  
and Welfare



# RAG WEEK FIREWORKS DISPLAY

As part of RAG (Raising and Giving) Week, we will be putting on a dazzling display of fireworks on Thursday 2 November at The Students' Union on Frenchay Campus.

We're asking for a suggested donation of £1 which will go towards our Community Fund, supporting projects in the local community. You can also get a team together before the fireworks to see if you can win our quiz - come on down to the Students' Union bar at 19:00 to join in.

[See all RAG Week events](#)

# WELLBEING SURVEY - LAST CHANCE

There's just one week left to take part in our wellbeing survey and be in with the chance of winning £100 Amazon Vouchers.

With mental health being one of the core priorities for The Students' Union this year, we're asking you to take just 10 minutes to complete our survey. Your responses will underpin all the mental health work that we do this year, so help us make a positive change and let us know how we can improve.

[Complete the survey by 5 November](#)

## Quick links

- » [myUWE](#)
- » [Academic advice](#)
- » [Study support](#)
- » [Term dates](#)

## Contact us

Information Points

Email: [infopoint@uwe.ac.uk](mailto:infopoint@uwe.ac.uk)

Tel: +44 (0)117 32 85678

[More contact options](#)

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As a student, you will receive emails from the Student Communications Team.  
We promise not to overwhelm you and we'll only send you things that are relevant.  
You'll get a regular newsletter and some targeted communications.  
If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.



## Dynamic content

### Glenside:

#### **Maths and statistics**

If you're stuck with a maths or statistics problem come along to our [espressoMaths](#) stand, every Wednesday between 12:00 – 14:00 in Glenside Library.

## Cyber Security Arcade at Glenside

Come and have a go at our [Cyber Arcade](#) on **Thursday 16 November** at The Students' Union, Glenside.

The games have been designed by our Games Technology students to help raise awareness of some of the common types of cyber-crime – so come along, have a go and learn how to stay safe online.

### City Campus:

## Cyber Security Arcade at Bower Ashton

Come and have a go at our [Cyber Arcade](#) on **Thursday 9 November** at The Students' Union, Bower Ashton.

The games have been designed by our Games Technology students to help raise awareness of some of the common types of cyber-crime – so come along, have a go and learn how to stay safe online.

### Frenchay Arts and Cultural Industries:

#### **Writing skills one-to-one support**

[One-to-one support](#) is available on Tuesdays and Wednesdays in 2S309 (Frenchay Campus) if you would like help with your writing skills. To book an appointment, email [Laura.Beatty@uwe.ac.uk](mailto:Laura.Beatty@uwe.ac.uk).

### Undergraduate Level 3:

## Postgraduate and professional open events this weekend

Our postgraduate and professional courses will help you turn 'I want to be...' into 'Now I am...!'

Come along to one of our open events at Frenchay, Glenside or City Campus on **Saturday 4 November** to find out how postgraduate study could boost your career prospects.

Register for an open event

**International/EU/Study Abroad students:**

## Come along to our International Café

Meet other students from around the world, make new friends and sign up for day trips around the UK at our [International Café](#). Every Thursday from 12:30 - 13:30 in the Community Hub, Frenchay Campus. Lunch for £2.

**Home students:**

### **Otegha Uwagba: knowing your worth**

Otegha Uwagba is the founder of Women Who, a platform that connects and supports creative working women. She'll discuss how to advocate yourself in the workplace. Part of the [UWE Bristol Equity](#) series.

Wednesday 1 November - [book your place at the talk](#) or [pre-event workshops](#).

**Gloucester (pre-September 2016 cohorts):**

## Gloucester car parking refunds

The deadline to apply for a refund of car parking charges is Wednesday 1 November, 17:00, so make sure you hand in your completed forms as soon as possible to the [Information Point](#). You'll then be refunded week commencing 20 November.