

the atrium
café



Vegan



Halal



Vegetarian



Gluten Free

Breakfast Muffins

served until 11am

Bacon Muffin (504 kcal) 3.75

Crispy streaky bacon served in toasted English muffin
GLUTEN, SULPHITES

Sausage Muffin (646 kcal) 3.75

Locally sourced pork & leek sausage in toasted English muffin
GLUTEN

Veggie Sausage Muffin (477 kcal) 3.75

Lightly seasoned meat-free sausage made with onion, carrot & broccoli in toasted English muffin
GLUTEN

Toasted Muffin (348 kcal) 2.65

Skillet baked English muffin toasted with choice of condiment
GLUTEN

Poached Eggs on Toasted Muffin 4.50

Two free range poached eggs on toasted English muffin
GLUTEN, EGG

Add avocado (420 kcal) **£1.50**

Add bacon & hollandaise (618 kcal) **£2.00**

EGG, SULPHITES

Panini

from 11:30am

Cheddar Cheese & Tomato (609 kcal) 4.45

Mild cheddar cheese & tomato
GLUTEN, DAIRY

Ham & Mozzarella (566 kcal) 4.60

Gammon ham & mozzarella cheese
GLUTEN, DAIRY

Tex Mex Chicken (689 kcal) 4.60

Sliced chicken with cheddar cheese, free range mayonnaise & jalapenos
GLUTEN, DAIRY, EGG

Tuna Melt (728 kcal) 4.45

Dolphin friendly tuna, cheese & free range mayonnaise
GLUTEN, FISH, DAIRY, EGG

Arrabiata Meatball (588 kcal) 4.85

Spicy pork meatballs in rich tomato sauce with peppers and mozzarella
GLUTEN, DAIRY, SULPHITES

Salad Bowls

from 11:30am

Choose your base: Dressed Mixed Salad, Caesar or Tabbouleh

Caesar contain: DAIRY, GLUTEN, EGG. Tabbouleh contain: GLUTEN

Tuna Steak Tataki (Caesar 614 kcal, Mixed 442 kcal, Tabb 563 kcal) 8.50

Sesame seed coated tuna with soy & ginger marinade
FISH, SESAME

Breaded Chicken Breast (Caesar 509 kcal, Mixed 339 kcal, Tabb 398 kcal) 8.00

Garlic & parsley chicken strips
GLUTEN

Grilled Halloumi (Caesar 734 kcal, Mixed 562 kcal, Tabb 641 kcal) 8.00

Marinated with garlic, fresh herbs & lemon juice
DAIRY

Sides

Seasoned Skin On Fries (408 kcal) 2.60

Cheesy Fries (530 kcal) 3.85

Sweet Potato Fries (663 kcal) 2.75

Mixed Salad (87 kcal) 2.75

Onion Rings (700 kcal) 3.75

Main Meals

from 11:30am

The 'Atrium' Burger (1061 kcal) 8.50

6oz British beef burger, Monterey Jack cheese, lettuce, tomato, relish served in a toasted kaiser bun with seasoned skin on fries & onion rings
GLUTEN, DAIRY, SULPHITES

Add sweet cured bacon £1.25

Add fried egg £1.25

Sriracha Chicken Burger (788 kcal) 8.50

Char grilled chicken breast, Monterey Jack cheese, lettuce, tomato, mayo served in a toasted kaiser bun with seasoned skin on fries & onion rings
GLUTEN, DAIRY

Oumph! Crispy Ch'kin Burger (786 kcal) 7.50

Soya & pea protein burger with crispy coating, in a toasted kaiser bun with tomato, lettuce, mayo & seasoned skin on fries
SOYA, GLUTEN

Ramen Noodle Bowl (410 kcal) 8.50

Noodles, chicken strips, beansprouts, carrot, pak choi, spring onion, chilli & coriander in a light miso broth with soft poached egg
GLUTEN, EGG,

Vegan chicken option available without egg (456 kcal)

Chicken Parm (756 kcal) 8.50

Breaded chicken escalope topped with rich tomato sauce, mozzarella cheese & parmesan. Served with skin on fries and dressed leaves
GLUTEN, EGG, DAIRY

Maryland Crabcakes (648 kcal) 9.00

Wild caught crab, responsibly sourced whitefish, onion & peppers with corn rice salad and spiced mayonnaise
CRUSTACEANS, FISH, MUSTARD

Grilled Gammon Steak & Eggs (722 kcal) 7.25

170g Gammon steak, two free range fried eggs with seasoned skin on fries
EGG

Salt n Pepper Spice Bag 7.50

Choose from Chicken (730 kcal) or Vegan Chicken (695 kcal) with peppers, onions & skin on fries, served with chip shop style curry sauce
Chicken GLUTEN, Vegan Chicken GLUTEN, SOYA

Sausage & Mash (556 kcal) 7.00

Three pork & leek sausages, fluffy mash potatoes & garden peas served with a rich onion gravy

Vegan option available (405 kcal)

Baked Jackets

from 11:30am

all served with mixed leaves

Sour Cream, Chive & Bacon (349 kcal) 6.00

Creme fraiche with lemon & chive, sprinkled with crispy bacon bits
DAIRY, SOYA

Tuna Melt (366 kcal) 6.00

MSC tuna, cheese, red onion & creme fraiche
FISH, DAIRY

Cheese & Beans (465 kcal) 6.00

Vegan grated cheese with Heinz baked beans

If you have any dietary requirements or need allergen information on any of our dishes then please ask a member of staff. Kcals are approximate.

Our food is cooked to order, during high volume periods this can lead to delays, please be patient

Fresh thinking! We've made a real commitment to operating as sustainably as possible since we opened. Almost all of our food & ingredients are fresh, traceable, fair traded & locally sourced where possible. Our goal is to lower our carbon footprint significantly by providing food & drink made with love for our customers and planet.