Heading Higher Passport Plus: Reflective Learning Log

Student Name:

College/Sixth Form:

Date Started:

**Welcome to Heading Higher Passport Plus (HHP Plus).** It’s great to have you on board. As long as you meet the requirements, this scheme will give you the chance to:

• Earn an extra 16 UCAS points towards a UWE Bristol honours degree, or 8 UCAS points for a foundation degree or foundation year.

• Access exclusive UWE Bristol networks and events so you can learn more about university.

• Build your confidence and learn more about higher education, helping you to you write a great personal statement when you apply to study.

• All you need to do is complete the activities and learning log in this workbook.

Please note: Minimum entry requirements and selection procedures still apply. Find out more at www.uwe.ac.uk/ugrequirements. As well as assessing academic qualifications and personal statement, some courses require an interview, portfolio, audition, work experience, math test, health check, or enhanced Data Barring Service (DBS) check.

**How HHP Plus Works**

To access these benefits, all you need to do is complete seven activities. Three of these are mandatory, and you can choose the other four. The activities are based around three themes: • Believe • Discover • Succeed

Showing your confidence across all of these themes will help you get into higher education. First off, there’s a self-assessment so you can work out where you’re at right now. Then you can choose activities, which will boost your confidence in areas where you could do with a little support.

**The mandatory HHP Plus Activities**

**Activity 1: Believe task:** Visit a higher education institution and talk to a current student. Think about what you want to know. Ask yourself ‘where’, ‘when’, ‘how’ and ‘who’.

**Activity 2: Discover task:** Record what you’ve learned in the best way for you: video, audio, written etc. You can use this reflective learning log to capture your ideas and keep track of your HHP Plus experiences.

**Activity 3: Succeed task:** Complete two higher education study skills challenges, for example: Academic reading, Effective note making, Why reference? What is plagiarism? How to work in a group, or Presentations with impact.

Completing this Reflective Learning Logbook meets HHP Plus Activity 2. Just keep a record as you go and you’ll have that one covered.

The links below take you to UWE Bristol online activities to help you complete all three HHP Plus mandatory modules:

<https://www.uwe.ac.uk/business/schools-and-colleges/online-resources-for-year-12-students>

<https://www.uwe.ac.uk/business/schools-and-colleges/online-resources-for-year-13-students>

**Optional activities:** You will also pick four optional ones and the self-assessment will help you find which ones are best for you. But talk your ideas over with your tutor just to make sure.

When thinking about university, there are all kinds of things you need to consider. As well as working out what subject you want to study, you’ll also want to think about finances, where you’ll live, and who you’ll be studying with, and what else the university has to offer you in addition to academic study.

So, what about you? What do you need to know, or do, to make the right choices about your future? The following quiz will help you work out where you’re confident as well as any areas you’d like to develop more.

**Answer yes (Y) or no (N) to the following questions.**

|  |  |
| --- | --- |
| **Believe** | **Y/N** |
| I know what I want from higher education. |  |
| I know what motivates me to apply for higher education; subject; job; independence. |  |
| I am confident taking a path that may be different to my family, friends, or community. |  |
| I know what I want out of the next 5-10 years. |  |
| I believe that university will help me achieve my long-term lifestyle goals. |  |
| I am confident that the direction I am taking will help me achieve my career goals. |  |

|  |  |
| --- | --- |
| **Discover** | **Y/N** |
| I find it easy to mix with other students. |  |
| I am confident about new social activities. |  |
| I am capable of looking after myself. |  |
| I know what accommodation will be best for me. |  |
| I’m confident I can manage on a budget. |  |
| I know what to do next to get university funding sorted. |  |
| I find it easy to recognise when I need to ask for help. |  |
| I’m ok about asking for help: e.g. Wellbeing and health, money, study pressures, accommodation issues, personal relationships with friends.  |  |
| I’m confident I can choose a course that’s right for me. |  |
| I’m confident I can choose a university that is a good fit for me and the way I learn best. |  |

|  |  |
| --- | --- |
| **Succeed (Skills for HE)** | **Y/N** |
| Working in groups |  |
| Discussing subjects |  |
| Having a point of view/ Having an opinion |  |
| Referencing |  |
| Coming up with ideas |  |
| Writing |  |
| Taking notes |  |
| Reading |  |
| Finding information |  |
| Solving problems |  |
| Deciding what’s important |  |
| Memorising information |  |
| Presenting topics |  |
| Reflecting on what I’ve learnt |  |
| Analysing information |  |
| I know which course I want to study and why. |  |
| I’m confident I’ll manage my learning at a university. |  |
| I know what I need to do next for my UCAS application. |  |
| I’m confident I have a persuasive Personal Statement. |  |

This checklist will help track your progress as you work through the scheme. Think carefully about each stage and discuss it with your HHP Plus Coordinator.

* I meet the eligibility criteria and can take part in HHP Plus.
* I have the potential to succeed at degree or foundation degree level.
* I am studying at an HHP Plus approved school/college.
* I know who my HHP Plus Coordinator is.
* I have found out about HHP Plus activities at my school/college.
* I have chosen a university course and checked that I meet the minimum entry requirements.
* I have completed three mandatory activities.
* I have planned and completed four optional activities.

Reflecting on an activity and recording what you’ve learned is important. It helps you build a fuller picture and make better decisions.

In the following pages you can record your HHP Plus activity learning log. In fact, this is one of your mandatory activities. The following pages can be used to record your ideas. You can share your evidence log with your Tutor/HHP Plus Coordinator to show you have met the conditions for registration as an HHP Plus applicant to UWE Bristol. Wherever you decide to apply to uni, the information you record here be useful when you come to write your personal statement for your UCAS application.

**Learning log: Mandatory Activity 1**

**Visit a higher education institution (Task 1, can be done virtually)**

This activity should help you:

• Develop confidence in your ability to do well and fit in at university.

• Find out what’s involved studying for a degree.

• Understand the difference between studying at school or college and at university.

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Learning log: Mandatory Activity 2**

**Talk to a current HE student (Task 2, can be done virtually)**

This activity should help you:

• Develop confidence in your ability to do well and fit in at university.

• Find out what’s involved studying for a degree.

• Understand the difference between studying at school or college and at university.

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Learning log: Activity 3**

**Complete two higher education study skill challenges** **(can be done using online resources)**

This activity will help you:

• Discover your strengths and work out what will help you become a better learner.

• Improve your learning skills, so you can start university as a more independent learner.

• Develop your skills in time management, note-taking, independent thinking, research, planning workloads and group work.

**Challenge 1**

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**HE Study Skills Challenge 2**

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Optional activities learning log:**

You must complete a minimum four optional activities to meet the requirements of HHP Plus.

**Activity 1: I chose to…**

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Activity 2: I chose to…**

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Activity 3: I chose to…**

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Activity 4: I chose to…**

By doing this activity I learnt...

I can use this information or experience to...

I will benefit or change as a result of this activity...

As a result of this experience, next I would like to explore...

**Useful websites to help complete UWE Bristol and Heading Higher Passport Plus:**

**HHP Plus:**[www.uwe.ac.uk/hhpp](http://www.uwe.ac.uk/hhpp)

**UWE Bristol Courses:** [www.uwe.ac.uk](http://www.uwe.ac.uk)

**Getting started with Why go to Uni?:**

<https://www.uwe.ac.uk/business/schools-and-colleges/online-resources-for-year-12-students>

**Talk to a current UWE Bristol student:**

<https://www.uwe.ac.uk/courses/ask-a-student>

**Compare higher education courses:**

<https://discoveruni.gov.uk/>

**UCAS and UCAS tariff:**

<https://www.ucas.com/>

**Higher education finance:**

<https://www.gov.uk/student-finance>

<https://www.moneysavingexpert.com/students/>

**Career/Job information:**

Careers quiz; <https://sacu-student.com/>

Careers information: [www.nationalcareersservice.direct.gov.uk](http://www.nationalcareersservice.direct.gov.uk)

Plan your future: <https://www.careerpilot.org.uk/>

Health-related work and training: <https://www.healthcareers.nhs.uk/career-planning>

Alternatives to higher education; <https://www.notgoingtouni.co.uk/>