

Heading Higher Passport Plus

Creating a path to university and beyond - Learner Guide and Workbook

Contents

- Welcome aboard 2
- How it works 3
- Your HHP Plus checklist 5
- Self-assessment 6
- HHP Plus quiz 7

Learning log

- Reflect and learn 9
- Mandatory activities 10
- Optional activities 14
- Notes 18

Learner Guide and Workbook

Learner name:

Welcome aboard

Welcome to Heading Higher Passport Plus (HHP Plus). It's great to have you on board.

As long as you meet the requirements, this scheme will give you the chance to:

- Earn an extra 16 UCAS points against a UWE Bristol honours degree, or 8 UCAS points for a foundation degree or foundation year.
- Access exclusive UWE Bristol networks and events so you can learn more about university.
- Build your confidence and learn about higher education, so you write a great personal statement when applying to study.
- All you need to do is complete the activities and learning log in this workbook.

Please note:

Minimum entry requirements and selection procedures still apply. Find out more at www.uwe.ac.uk/ugrequirements.

As well as assessing academic qualifications and personal statement, some courses require an interview, portfolio, audition, work experience, mathematics test, health check, or enhanced Data Barring Service (DBS) check.



How it works

To access these benefits, all you need to do is complete seven activities. Three of these are mandatory – you can choose the other four.

Activities are based around three themes:

- Believe
- Discover
- Succeed

Confidence across all of these themes will help you get into higher education.

First off, there's a self-assessment so you can work out where you're at right now.

Then you can choose activities, which will boost your confidence in areas where you could do with a little support.



Mandatory activities

These are mandatory. Module 2 involves learning from your experiences and noting it down as you go. So if you're doing this throughout the scheme, you've got this covered.

Activity 1: Believe

Task: Visit a higher education institution and talk to a current student.

What do you want to know?

Ask yourself 'where', 'when', 'how' and 'who'.

Activity 2: Discover

Task: Record what you've learned in the best way for you: video, audio, written etc.

You can use the learning log in this guide to capture ideas and keep track of your HHP Plus experiences.

Activity 3: Succeed

Task: Complete two higher education study skills challenges, for example:

Academic reading, Effective note making, Why reference? What is plagiarism?

How to work in a group, or Presentations with impact.

Optional activities

You will also pick four optional ones. The self-assessment will help you find which are best for you. But talk your ideas over with your tutor just to make sure.

Write your choices here:

1

2

3

4

Checklist

This checklist will help track your progress as you work through the scheme. Think carefully about each stage and discuss it with your HHP Plus Coordinator.

- I meet the eligibility criteria and can take part in HHP Plus.
- I have the potential to succeed at degree or foundation degree level.
- I am studying at an HHP Plus approved school/college.
- I know who my HHP Plus Coordinator is.
- I have found out about HHP Plus activities at my school/college.
- I have chosen a university course and checked that I meet the minimum entry requirements.
- I have completed three mandatory activities.
- I have completed four optional activities.



Self-assessment

When thinking about university, there are all kinds of things you need to consider. As well as working out what subject you want to study, it's likely you'll be interested in finances, where you'll live, and who you'll be studying with.

So what about you? What do you need to know or do so you can make the right choices about your future? The following quiz will help you work out where the information gaps are. Then you can find activities, which will help you fill these.



HHP Plus quiz

Answer yes (Y) or no (N) to the following questions.

Theme	Question	Y/N
Believe	I know what I want from higher education.	
	I know what motivates me to apply for higher education; subject; job; independence.	
	I am confident taking a path that may be different to my family, friends, or community.	
	I know what I want out of the next 5-10 years.	
	I believe that university will help me achieve my long-term lifestyle goals.	
	I am confident that the direction I am taking will help me achieve my career goals.	

Theme	Question	Y/N
Discover	I find it easy to mix with other students.	
	I am confident about new social activities.	
	I am capable of looking after myself.	
	I know what accommodation will be best for me.	
	I'm confident I can manage on a budget.	
	I know what to do next to get university funding sorted.	
	I find it easy to recognise when I need to ask for help.	
	I know who to ask when I need help.	
	I'm confident asking for help for the following:	
	Physical health problems	
	Finances	
	Dealing with study pressures	
	Accommodation issues	
	Relationships with friends and family	
	Emotional or mental health difficulties	
	I'm confident I can choose a course that's right for me.	
	I'm confident I can choose the right university for me.	
I'm confident with my Personal Statement.		
I know what I need to do next for my UCAS application.		

HHP Plus quiz

Theme	Question	Y/N
Succeed	I am confident with my skills:	
	Taking notes	
	Reading	
	Finding information	
	Writing	
	Coming up with ideas	
	Referencing	
	Discussing subjects	
	Working in groups	
	Solving problems	
	Analysing information	
	Memorising information	
	Presenting topics	
	Reflecting on what I've learnt	
	Deciding what's important	
	I know what course I want to study and why.	
I am confident studying at a university.		

Look at all of the questions where you've answered 'No'. Then think about which activities will help you answer these. Keep referring back to this list over the year. It will help you stay focused as you progress.



Reflect and learn

Reflecting on activity and recording what you've learned is important. It helps you build a fuller picture and make better decisions.

You need to create a learning log so you can reflect on your activities on the HHP Plus scheme – in fact, this is one of your mandatory activities.

The following pages can be used to record your ideas. Or you may prefer to 'capture' ideas electronically. Either is

fine, as long as you can share the findings with your HHP Plus Coordinator. This information will also be useful when you write your personal statement for your UCAS application.

Mandatory activities

Learning log: Activity 1

Visit a higher education institution (task 1)

This activity should help you:

- Develop confidence in your ability to do well and fit in at university.
- Find out what's involved studying for a degree.
- Understand the difference between studying at school or college and at university.

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Learning log: Activity 2

Talk to a current HE student (task 2)

This activity should help you:

- Develop confidence in your ability to do well and fit in at university.
- Find out what's involved studying for a degree.
- Understand the difference between studying at school or college and at university.

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Mandatory activities

Learning log: Activity 3

Complete two HE study skill challenges (task 1)

This activity should help you:

- Discover your strengths and work out what will help you become a better learner.
- Improve your learning skills, so you can start university as a more independent learner.
- Develop your skills in time management, note-taking, independent thinking, research, planning workloads and group work.

Challenge 1

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Learning log: Activity 4

Complete two HE study skill challenges (task 2)

This activity should help you:

- Discover your strengths and work out what will help you become a better learner.
- Improve your learning skills, so you can start university as a more independent learner.
- Develop your skills in time management, note-taking, independent thinking, research, planning workloads and group work.

Challenge 2

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Optional activities

Learning log: Activity 1

I chose

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Learning log: Activity 2

I chose

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activit

As a result of this, I would like to explore

Optional activities

Learning log: Activity 3

I chose

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Learning log: Activity 4

I chose

By doing this activity I learned

I can use this information or experience to

I will benefit or change as a result of this activity

As a result of this, I would like to explore

Useful websites

UWE Bristol and Heading Higher
Passport Plus:

www.uwe.ac.uk/hhpp
www.uwe.ac.uk

UCAS and UCAS Tariff:

www.ucas.com
tiny.cc/ucastariffcalculator

Compare HE courses:

unistats.direct.gov.uk

HE Finance:

www.gov.uk/studentfinance
tiny.cc/bursaryandscholarship

Study skills:

tiny.cc/skills4studyintro

Job information:

nationalcareersservice.direct.gov.uk/

Plan your future:

www.careerpilot.org.uk/

Graduate job information:

www.prospects.ac.uk

Health-related work and training:

www.healthcareers.nhs.uk

The student experience:

www.push.co.uk
www.studentsurvivor.org.uk

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