

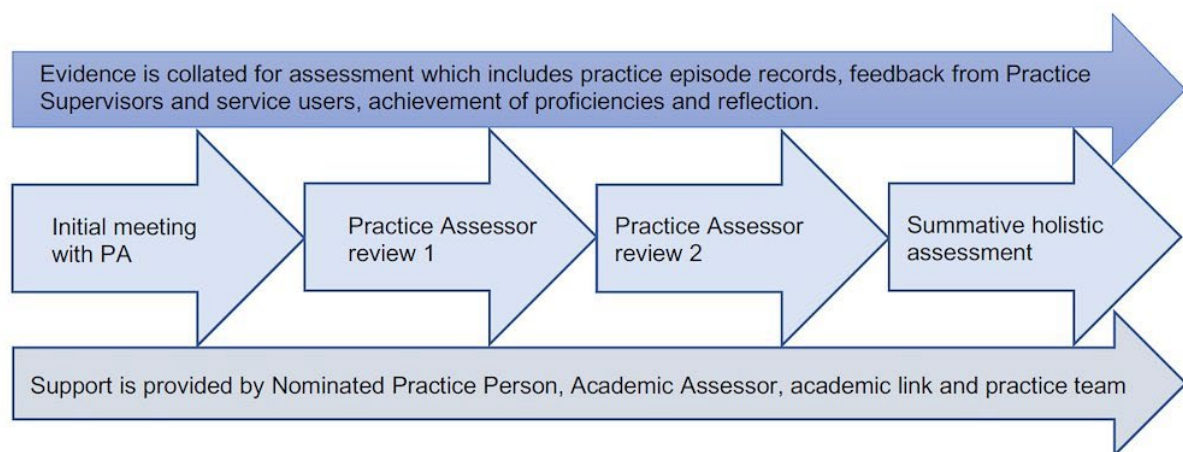
Using the Midwifery Ongoing Record of Achievement (MORA)

This MORA is designed to document your ongoing achievement and progress during your programme of study. The various sections of this document will enable you to build evidence of meeting the required criteria.

Students can download and print the MORA proficiencies from the PDF version for their own private use if they feel this is helpful. It is the copying/reproducing without permission and for commercial use that is in breach of copyright.

Practice Assessment Process

The assessment process follows the same pattern for each year of the programme.



As you spend time in the maternity environment, you will generate evidence which will help you to demonstrate that you have the midwifery skills to meet the required proficiencies. This evidence includes practice episode records, breastfeeding assessment records, feedback from those who supervise you and from those you provide care for and your own reflections. Each element is described in more detail in the following section.

It is important that you read the instructions for completing each section and seek support if you are not sure about the process of practice assessment.

The Nursing and Midwifery Council (NMC) Standards for pre-registration midwifery programmes require that student midwives undertake, as a minimum, the following:

- support and care for women during pregnancy, undertaking no less than 100 antenatal examinations
- support and care for no less than 40 women in labour and facilitate the birth.
- participate in the support and care of women in labour and having a breech birth
- support and care for no less than 100 women postnatally and 100 healthy newborn infants
- support and care for no less than 40 women who have additional care needs or develop

complications

- care for newborn infants requiring additional care or have complications
- care for women across the life course with additional sexual and reproductive health needs

Practice Episode Records

Each section of the MORA includes practice episode records in which you can document the care that you have provided to women or their babies to provide evidence that you have the skills that contribute to the achievement of proficiencies. Although you may be keen to begin recording practice episode records as soon as you can, it is advised that you space these throughout your student experience, as the way in which you approach undertaking the different types of care will change as your knowledge and skills expand over the course of the programme. As a guide, suggested completion is provided below.

Please note that this is a guide only, and intended to support your development.

Year 1

20x Antenatal examinations

5x Care for pregnant women and births personally facilitated

20x Postnatal examinations

20x Neonatal examinations

Year 2

35x Antenatal examinations

15x Care for pregnant women and births personally facilitated

35x Postnatal examinations

35x Neonatal examinations

Year 3

45x Antenatal examinations

20x Care for pregnant women and births personally facilitated

45x Postnatal examinations

45x Neonatal examinations

There are also other requirements which this document will enable you to evidence including:

- Participate in the support and care of women in labour and having a breech birth (may be simulated)

- Observation and care of the newborn requiring special care, including those born pre-term, post-term, underweight or ill
- Performance of episiotomy and initiation into suturing. The practice of suturing includes suturing of the wound following an episiotomy and a simple perineal laceration. This may be in a simulated situation if absolutely necessary.

Unicef UK Baby Friendly Initiative

Completion of the MORA will enable you to evidence that you have the knowledge and skills to be able to practice in accordance with the Baby Friendly standards. Within the neonatal care section there are breastfeeding assessment tools which should be completed when supporting women to breastfeed their babies. Please complete 10 assessments per year.

NMC Proficiencies

The practice episode records form part of the evidence to show that you have achieved the required skills within Domain 6 of the NMC Standards of proficiency for midwives. These have been presented in 5 sections to enable you to demonstrate achievement across the childbearing continuum for women and their newborn infants.

The sections of proficiencies are:

- Antenatal care
- Intrapartum care
- Postnatal care
- Neonatal care
- Promoting excellence

Achievement of Skills and Linked Proficiencies

The skills to meet the proficiencies can be assessed in a range of placements as part of a continuous assessment process and should not be viewed as separate elements but reflect the continuum of care provided in partnership with women and their families.

During the Return to Practice (RtP) programme you are expected to provide care for women, their babies and their families in partnership with midwives and other health and social care practitioners, with appropriate supervision and direction as your knowledge and skill increases. The expectations of your professional behaviour and academic knowledge and skill are specific to the programme and are documented in the assessment section.

Use of Evidence to Support the Achievement of Proficiencies

This MORA is designed to enable you to document evidence that you have achieved the required skills documented within Domain 6 of the NMC (2019) Standards of proficiency for midwives.

In the proficiencies sections there are columns headed 'Reference to evidence' 'Student completion'. Against each proficiency, you should insert the method by which you can demonstrate that you have achieved the required outcome. For example, you could reference the practice episode records (PER) here, or you might have evidenced achievement in another way such as through discussion, demonstration, reflection or simulation. You may also have had experience of participating or contributing to care which enables you to demonstrate skills and achievement of proficiency in a complementary placement area; if this is the case you could refer to these records by using the page number.

Antenatal proficiencies for midwives	Year 1 Able to participate under direct supervision and direction	Reference to evidence	Year 2 Able to contribute with decreasing supervision and direction	Reference to evidence	Year 3 Able to demonstrate proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
A4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care in partnership with women during the antenatal period to anticipate and prevent complications. Demonstrated by:						
A4.1 accurately recognising the signs and symptoms of pregnancy		Discussion				
A4.2 accurately assessing, recording and responding to maternal mental health and well-being		PER 12, 14, 20, 24, 30 Discussion				
A4.3 providing evidence based information which supports women and their partners/family to make individualised choices and decisions about screening and diagnostic tests		PER 12, 13, 15, 19				
A4.4 measuring and recording the woman's vital signs using manual and technological aids where appropriate, accurately recording findings and implementing appropriate responses and decisions		PER 12, 13, 14, 15, 16				
A4.5 undertaking venepuncture and appropriate blood sampling, interpreting the results of routine tests		PER 11, 14, 19, 21				
A4.6 accurately recording weight and height including calculation of Body Mass Index (BMI)		Demonstration				

In this example, the records of antenatal examinations enable you to provide evidence of achieving proficiencies A1.1, A1.2, A4.2, A4.4, A4.5, A4.7, A4.8 and proficiencies within A5 and A9.

Date	Gestation in weeks	Findings from maternal mental health assessment A4.2	Findings from maternal physical health assessment A4.4	Findings from abdominal examination A4.7	Findings from fetal wellbeing assessment A4.8	Public health information provided A5	Additional care needs identified A1.2, A9	Investigations undertaken A4.5	Outcome of place of birth discussion A1.1	Midwife signature
12 06/09/2020	16	History of anxiety and depression	BP 122/64 Urinalysis NAD	Laparoscopy scar R side	NA	Dietary information & screening pathway details	Referred to MMH Midwife	None	MLU	Jayne Higgins RM

Practice Supervisor Feedback

Practice supervisors are registered health and social care practitioners who you will work closely with and who will verify the evidence within the practice episode records and document when you have demonstrated the skills required to achieve a proficiency. Practice supervisors are required to regularly provide written feedback on your progress and professional behaviour. This feedback will inform your ongoing development and contribute evidence for the holistic assessment.

Feedback from Women and their Families

Within each section there are forms for those you provide care for to give you feedback. Practice supervisors must approach women or their families when they feel that this is most appropriate. This feedback is a requirement for assessment purposes.

Reflections

Before you meet with your practice assessor for a review, you need to review and reflect on your learning and achievement in practice. As part of the preparation for the review, you also need to self-assess your progress using the holistic descriptors.

Practice Assessor Reviews

Your practice assessor will meet with you to assess your progress at given points during the year. They will review your progress in completing the practice episode records and achievement of proficiencies and professional behaviour. Your conduct must always meet the expectations of professional behaviour; it is important that you understand the university processes if you fail to meet this requirement. A progression plan must be made if there are any concerns about your practice. Use the assessment planner to plan your reviews and summative holistic assessments in partnership with your Practice Assessor.

Summative Holistic Assessment

Your practice assessor will complete your final summative holistic assessment at the end of your final placement for the year. They will review your progress in completing the practice episode records and achievement of proficiencies. Please check your programme requirements for any guidance regarding the expectations of proficiency completion unless you are in your final year, in which case all of the required NMC proficiencies must be achieved. Your conduct must also meet the expectations for professional behaviour at every assessment.

Other Parts of the MORA

There are some other parts of the MORA which are not directly related to the assessment process but are designed to support your practice learning and provide evidence of meeting certain professional requirements.

About Me

This part of the MORA is provided so that you can document information which may help those who support your practice learning to understand any requirements that you have. You can also record any information about your transferable skills and past experiences. This section is not compulsory and it is entirely up to you to decide if you want to record any information about yourself.

End of Year Summary

The end of year summary will be completed by your academic assessor to summarise your achievements during the year. It will document the evidence that you have collated to enable you and those who support your learning to have a snapshot of your progress.

Specialist/Complementary Placement Records

You may attend complementary placements to enhance your learning, and work with a wider range of health and social care professionals.

Use these pages to record your learning experiences and collate feedback from those you work with.

Record of Meetings

These pages can be used by anyone who supports your practice learning and may include practice supervisors, practice assessors, academic link staff, academic assessors or the practice nominated person.

Record of Practice Hours

The NMC require midwifery programmes to meet the requirements for practice learning time, which means that student midwives must provide evidence of a minimum of 2,300 completed practice hours. You are required to confirm that each record contains true and accurate data, according to local policy.

