**EPPIC trauma training tool - reflective diary template**

This form is designed to help you record your experience of using the EPPIC training tool, and any learning or outcomes arising from it. We invite you to fill it in and add it to your training/CPD portfolio. This form is modelled on the Nursing and Midwifery Council reflective accounts form (see: [NMC forms and templates](https://www.nmc.org.uk/revalidation/resources/forms-and-templates/)) but modified to allow other clinicians to use it.

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| **What was the nature of the CPD activity you took part in?** |
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| **What did you learn from the CPD activity?** |
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| **How did you change or improve your practice as a result?** |
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| **How does this relate to your professional codes/standards or NHS core values e.g., working together for patients, patients come first, respect and dignity, commitment to quality of care, compassion, improving lives, everyone counts.** |
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Sharing this information with the EPPIC team will help us to evaluate, develop and record the impact of this tool. If you’re happy to contribute, please email a copy to EPPIC@uwe.ac.uk - we will use any information you supply anonymously.