

Wellbeing Registration – Consent

Step one: please read and sign the Privacy Statement below:

UWE Bristol Student Support and Wellbeing Privacy Notice

Introduction

This notice applies to disability and wellbeing services given to students, applicants and other clients, by us, the University of the West of England. We will process your data in accordance with applicable data protection legislation. The data controller is the University of the West of England.

Your personal information

We will process your non-sensitive personal and sensitive personal data that you or others (for example your doctor, funding body) give us. This will include information about your physical and mental health. You are not required to give us your personal data, but if you limit the data you give us it will limit the service we can give you.

Using your personal information

We will only use your personal data for the purposes of:

- creating a record to store your data,
- carrying out your Study Needs Assessment,
- providing you with study skills support,
- providing a diagnostic assessment for a specific learning difficulty
- arranging Reasonable Adjustments for you, including giving you Disability advice,
- giving you counselling, mental health support or specialist mentoring
- helping you with your fitness to learn or practice
- responding to any complaints you make about our services,
- monitoring, evaluating, auditing and developing our services.

The legal grounds we use to process your data will include:

- your explicit consent,
- protecting you or others from serious risks of harm,
- meeting our legal obligations, or other grounds of substantial public interest
- pursuing our legitimate interests (eg upholding UWE Bristol regulations).

We do not use automated decision making within disability and wellbeing services. We will keep your data for up to six years after your last assessment with Access West of England and/or after six years after the end of the academic year in which you last used our disability and wellbeing services, after which it will be confidentially destroyed.

Sharing your personal information

We will only share relevant items of your information where it is necessary to fulfil the purposes listed above. We will also aim to do this with your consent and in discussion with you first.

Sharing will also follow professional ethical guidelines. Recipients of your personal data may include:

- academic and professional services staff (eg student support advisers, accommodation staff, wellbeing practitioners, mentors, study needs assessors, disability support staff)

- your UWE Bristol programme leader, for example if your programme requires placement or work experience activities, and you have a condition or other factor that impacts on your practice.
- your doctor and relevant NHS services
- in the event of an emergency, your emergency contact (if you have given us one)
- your funding body and DSA-QAG auditing staff

UWE takes the protection of your personal data very seriously and takes appropriate steps to ensure your personal data is stored in a secure environment to prevent any unauthorised access. We will not share your personal data with third parties (e.g. law enforcement agencies) without your consent unless legally required or permitted to do so. This will only happen in very limited circumstances where there is substantial risk to you or others,. We will not transfer your personal data outside the European Economic Area without your consent unless safeguards are in place.

Your rights and choices

In respect of your personal data held by us, you have the following qualified rights to:

- access it and receive it in a structured machine readable format
- rectify it if it is not accurate or complete
- erase it, for example by removing your consent
- restrict or objecting to its processing
- object to automated decision making and profiling, and
- complain to the Information Commissioner’s Office (ICO).

To exercise any of your rights please contact the Data Protection Officer.

How to contact us

- For data protection queries, please write to the Data Controller, UWE Bristol Frenchay Campus, Coldharbour Lane, Bristol, BS16 1QY, or dataprotection@uwe.ac.uk.
- For complaints, please contact [Complaints](#).

Text Messaging

[] Tick - I give consent for the Student Support & Wellbeing Services to contact me by text message.

This consent is not linked to other UWE texts. Note: if the mobile number provided is an international number you may incur charges at your standard network provider’s rate. UWE cannot guarantee data security when messages are sent to networks outside of the European Economic Area.

Name (print):.....Signature:.....

Student number:..... Date:.....

Your Details

* Questions with a red asterisk are mandatory.

Student ID * (8 digits).....

Title

Forename *

Surname/Family Name *

Gender * (please circle) Male / Female / Transgender / Other

Date of Birth *

Home Address *

.....

Home Postcode *

Term Address *

.....

Term Postcode *

Mobile

Email Address *

Course Title * :

Faculty * : ACE / HAS / FET / FBL

Level of Study * : Foundation / Diploma / Degree / Postgraduate / Not applicable

Year of Study * : 1 / 2 / 3 / 4 / 5 / 6 / 7 or over

Status * : UK / International / EU

Section 1 – About You

1. Please provide the name of your GP practice and name of your GP. If you have not registered with a GP, we recommend you do so as soon as possible. Please find your closest GP surgery and register. *

2. As part of providing our service, we sometimes send text messages to students e.g. for appointment reminders. *

- Yes I am happy to receive text messages
- No I am not happy to receive text messages

Section 2 – Your needs

The Wellbeing Service offers different types of support: counselling, mental health support and specialist mentoring. Answering the following questions may help us match which type of support may be right for you.

3. Over the last 2 weeks, how often have you been bothered by any of the following problems? *

		Not at all	Several days	More than half the days	Nearly every day
1	Little interest or pleasure in doing things	0	1	2	3
2	Feeling down, depressed, or hopeless	0	1	2	3
3	Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4	Feeling tired or having little energy	0	1	2	3
5	Poor appetite or overeating	0	1	2	3

		Not at all	Several days	More than half the days	Nearly every day
6	Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8	Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
		Not at all	Several days	More than half the days	Nearly every day
10	Feeling nervous, anxious or on edge	0	1	2	3
11	Not being able to stop or control worrying	0	1	2	3
12	Worrying too much about different things	0	1	2	3
13	Trouble relaxing	0	1	2	3
14	Being so restless that it is hard to sit still	0	1	2	3
15	Becoming easily annoyed or irritable	0	1	2	3
16	Feeling afraid as if something awful might happen	0	1	2	3

4. If any of the above have been difficult for you please indicate how much they have impacted on your day-to-day life. *

Not at all	Very little	Somewhat	Quite a bit	A great deal
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5. To what extent are you considering leaving University because of your difficulties? *

Not at all	Very little	Somewhat	Quite a bit	A great deal
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6. To what extent would you say your difficulties are affecting your study (e.g. attendance, assessment)? *

Not at all	Very little	Somewhat	Quite a bit	A great deal
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7. To what extent would you say your difficulties are affecting your overall experience at University (e.g. managing daily life, socialising)? *

Not at all	Very little	Somewhat	Quite a bit	A great deal
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Section 3 – Your Wellbeing Service appointment

8. What would you like to talk to a Wellbeing Practitioner about (please select all that apply to you) *

- Abuse
- Academic concerns (You may also wish to contact the UWE Student Support Advisers <http://www1.uwe.ac.uk/students/academicadvice/studentsupportadvisers.aspx>)
- Addictive behaviours
- Anxiety
- Coping strategies
- Eating
- Housing problems (You may also wish to contact the Student Union <https://www.thestudentsunion.co.uk/advice-centre/accommodation/> or UWE Accommodation Services <http://www1.uwe.ac.uk/students/accommodation.aspx>)
- Loss/Bereavement
- Low mood

Low self-esteem

Mental health condition (tick all that apply)

I have a diagnosed mental health condition.

I can provide Medical Evidence for the above. (You may be eligible for Specialist Mentoring Support, please see

[http://www1.uwe.ac.uk/students/healthandwellbeing/wellbeingservice/mentorin
g.aspx](http://www1.uwe.ac.uk/students/healthandwellbeing/wellbeingservice/mentorin
g.aspx))

I have recently needed crisis NHS support for my mental health.

NHS staff have advised that I make contact with Wellbeing support.

I would like practical support with how my mental health impacts on my ability to study.

Money worries (You may also wish to contact the UWE Money Advice & Finance Service <http://www1.uwe.ac.uk/students/feesandfunding.aspx>)

Physical health (The Wellbeing Service is here for your emotional and mental health needs. If you need to register with a local GP Surgery, there is one located on Frenchay campus.

<http://www1.uwe.ac.uk/students/healthandwellbeing/universityhealthcentre.aspx>)

Recent trauma

Relationship issues

Stress

Self and identity

Self-harm

Sexual issues

Sleep

Specific emotional issues

Transitions

Other/not sure

9. Please indicate which type of support might suit you best (tick all that apply):

Face to face

Telephone

Email (counselling only)

10. Please rank your campus preference in order (1-7):

Frenchay

Gloucester

Glenside

Telephone

Bower Ashton

Email counselling

Arncliffe

11. Do you have a strong preference regarding whether you would like to see a female or male practitioner?

No strong preference

Male practitioner

Female practitioner

12. We have some placement counsellors in the team who have completed at least one year of clinical practice. They often have more availability for appointments. Please let us know if you are happy to see a placement counsellor?

Yes I am happy to see a placement counsellor

No I am not happy to see a placement counsellor

13. Please write in the box below, if there are any set days or times in a typical week when you are unavailable for appointments. The more flexible you can be the faster we will be able to offer an appointment to you.

I am unavailable:

14. Please let us know if you have any special access requirements:

Feedback

We value your feedback. Please tell us if there is anything you feel has been particularly helpful or that you think we could do better.