

Pre-departure checklist

The checklist below provides a list of your priority tasks before your arrival to your host country. Please ensure that you complete these tasks in good time to ensure smooth running of your time abroad.

See UWE's Guide to Studying and Working Abroad for a full list of useful websites, including personal finance, language apps, travel safety, accommodation, and homesickness and culture shock advice: <http://bit.ly/studyabroadguide>

6 months to go

- Check your passport expiration date to make sure it won't expire whilst you're away
- Book and attend visa interview with Embassy if required
- Visit your GP to arrange prescriptions and any necessary immunisations
- Inform student finance of your circumstances
- Research your host country/region/city/culture before arrival
- Accommodation – speak with your host institution/company/organisation to see what opportunities exist, do online research

3 months to go

- Banking - Explore the best options to access your money overseas and tell your bank you are going abroad
- Explore how you will access healthcare and dental services in your host country
- Arrange travel – book tickets, research routes and arrival at accommodation
- Get in touch with previous students for tips on accommodation and settling in at your new University
- Look into mobile phone services in your host country

1 month to go

- Check Crisis24 information for host city risk and travel advice www.crisis24horizon.com
- Complete Crisis24 E-Learning <https://crisis24horizon.com/app/e-learning>
- Ensure contact details on myUWE are up to date and register for upcoming academic year
- Print all copies of necessary paperwork – leaving copies at home with relatives for safety
- Make arrangements so that you can access cash on arrival should you need to use public transport to your accommodation
- Pack!