



Please join us in Bristol, United Kingdom, for Appearance Matters 10, the 10th international multi-disciplinary conference hosted by the Centre for Appearance Research.

May 2024 headlines

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Winner of the Dr Emma Halliwell Early Career Researcher Scholarship

Thank you to all who applied for the Dr Emma Halliwell Early Career Researcher Scholarship. We are thrilled to announce that this has been awarded to **Hannah Jarman from Deakin University**, who will be presenting her research, "Drivers and Impacts of Social Media Use Among Adolescents: Informing Interventions", at AM10.

This scholarship is in memory of our dear friend and colleague, Emma Halliwell. Her inspirational work advanced the field of body image and her passion for encouraging students inspired many to pursue a career in psychology.

With 27 applications received in total, the competition was fierce, but Hannah's research stood out for its relevance and potential impact. We extend our congratulations to Hannah and commend all applicants for their hard work and dedication.

You can learn more about Hannah's work and connect with her at AM10 in June!

Reminder for the Welcome Drinks Reception

Don't forget to join us for the welcome drinks reception on **Tuesday 11 June 2024**, at the SS Great Britain. This event marks the beginning of the conference and offers a unique opportunity to explore the historic steamship designed by Isambard Kingdom Brunel. Dive into maritime history while enjoying Victorian innovation and exploration along Bristol's lively Harbourside.

The reception, sponsored by Dove, is open to all attendees.

AM10 panel event

In keeping with the Appearance Matters conference tradition, we are delighted to be hosting a special panel discussion event again this year! We have convened an impressive line-up of panellists who will address the question: **Beyond the Selfie: Can Social Media Influencers Shape the Appearance Diversity Landscape?**

While social media and the role of influencers have often been scrutinised for exacerbating body dissatisfaction, this panel will explore whether influencers can responsibly and effectively promote acceptance of appearance diversity and positive body image. Our expert panellists will touch on key topics such as body positivity, diverse representation, ethical considerations, and regulation.

The panel discussion will take place on **Wednesday 12 June, 17:00 – 18:30** at Bristol's iconic City Hall.

Sustainability at AM10

During the conference, we aim to minimise waste and encourage recycling. We would love for you to help us by bringing a few items with you to AM10:

- **A lanyard.** This year we will be using stiff cardboard name badges (95mm x 70mm) for delegates, instead of plastic wallets. Please remember to bring your own lanyard or a safety pin to wear this badge (we will provide sticky tape!).
- **A reusable water bottle.** You will be able to refill this at the conference venue, as well as at over 400 refill stations across the city. Bristol is the founding city and home of [Refill](#), a scheme that aims for you to never need to buy a bottle of water again in central Bristol. Just look out for the Refill sticker in shop windows.
- **A reusable travel mug.** Reusable travel mugs are commonly used in the UK and cafes will be pleased to put your drink order in a reusable mug. For example, nearby café [Boston Tea Party](#) does not issue single-use coffee cups and requires all customers to bring their own reusable cup, buy a reusable cup or use their 'loan cup scheme'.

In addition to these small things that you can do, we've planned the conference with sustainability in mind. For example, this will be the first Appearance Matters conference to use a conference app, rather than a paper programme (details to follow), and we will ask exhibitors to provide recyclable materials.

Together, we can make the conference a more sustainable and environmentally responsible event while enjoying all that Bristol has to offer.

Accessibility at AM10

Accessibility was at the forefront of our minds when selecting venues during the conference. Information regarding accessibility will be on the conference app. However, if there is a specific accessibility requirement you have not already let us know about, please do get in touch.

Bristol is a very walkable, albeit hilly, city, so getting around is easy! If you are travelling further, cycling and electric scooters are a great way to get around the city with many cycle paths and routes. There are also buses and a local train service connecting various Bristol neighbourhoods. You can pay using contactless forms of payment (e.g., credit card, ApplePay) on most buses and trains in Bristol.

Bristol is committed to promoting accessibility and ensuring that everyone can enjoy the city's vibrant atmosphere. Many of Bristol's buses are wheelchair accessible, equipped with ramps or lifts, and have designated spaces for passengers with mobility aids. The local train service stations typically offer step-free access and accessible facilities.

For those who require additional assistance, Bristol also provides accessible taxi services equipped with wheelchair ramps or hoists. These specially designed vehicles can be hailed or pre-booked, ensuring convenient travel for all passengers.

Visitors with specific accessibility needs can contact the local transport authorities in advance to arrange for any necessary accommodations or assistance. Bristol's commitment to inclusivity ensures that everyone can explore and enjoy the city's diverse offerings, regardless of their mobility or accessibility requirements.

Appearance Matters: The podcast



Our podcast explores the world of appearance; presenting new insights and advances in research, as well as perspectives from researchers, clinicians, charities and organisations, and individuals affected by appearance-related concerns.

Tune in to [last month's episode](#), as April was Autism Acceptance Month, Nadia speaks with Phaedra Longhurst, a PhD student with autism at Anglia Ruskin University.

[Listen now >](#)

Subscribe now on [Apple Podcasts](#), [SoundCloud](#), or [Spotify](#), and please leave a rating and review!

Help us spread the word!

We are excited to see you at Appearance Matters 10 and are keen to extend the invitation to new delegates. Please forward this email to colleagues who might be interested in learning about the latest progress in body image and appearance research in a stimulating and welcoming environment.

Keep in touch with CAR

If you want to keep in touch with the Centre for Appearance Research, you can follow us on our social media accounts, where we discuss all things related to body image and appearance – check out our [Instagram](#), [Facebook](#), [X \(Twitter\)](#) and [LinkedIn](#) pages.

For more information on the conference, please [visit the Appearance Matters Conference website](#).

We look forward to seeing you in June 2024 for Appearance Matters 10!

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We'd like to keep you updated about the Appearance Matters Conference, but you can [unsubscribe](#) at any time.

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